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Donegal Discover Ireland Centre The Quay, Donegal Town, Co Donegal **T** +353 74 9721148 E donegal@failteireland.ie

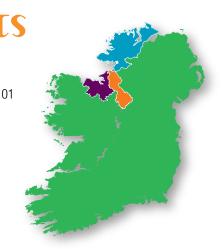
Sligo Tourist Information Office O'Connell Street, Sligo Town, Co Sligo **T** +353 71 9161201 E northwestinfo@failteireland.ie

Letterkenny Tourist Information Office

Neil T. Blanev Road, Letterkenny, Co Donegal **T** +353 74 9121160 E letterkenny@failteireland.ie

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Family Friendly: This symbol denotes attractions that are suitable for families.

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Wheelchair Friendly: This symbol denotes attractions that are wheelchair accessible.

Map References: Each attraction has a map reference to identify its position on the regional map e.g. Letterkenny will be found at D4.



Every care has been taken in the compilation of this guidebook to ensure accuracy at the time of publication. The publishers cannot accept responsibility for printed errors or omissions, or alterations occurring after the guidebook has been published.

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Welcome to the North West

Ireland's Vibrant North West.

The magnificent North West is a Region waiting to be explored. With its breathtaking scenery, rich traditions and elegant ruins, the Region offers endless opportunities to immerse you in nature, culture and history.

If you wish to partake in the outdoor activities on offer or if you simply want to take a relaxing break away from the hustle and bustle of everyday life, spend time in the three counties of Donegal, Leitrim and Sligo, and you'll experience the warmth of the welcome that awaits you.

The spectacularly beautiful countryside, the coast that has been etched

by the Atlantic Ocean, the rambling hills and mountains and the lovely lakes provide a wonderfully interesting location for the leisurely visitor.

Outdoor activities are in abundance for anglers, golfers and walkers. Try your hand at surfing, sailing or kite surfing or go horse riding on the beaches, mountains or moorlands.

The pub life in the region is legendary. Music and 'craic' have always been two words synonymous with the North West – not surprisingly then the region has proudly spawned some of the leading international musical acts today, namely Daniel O'Donnell, Enya, Clannad and Westlife.

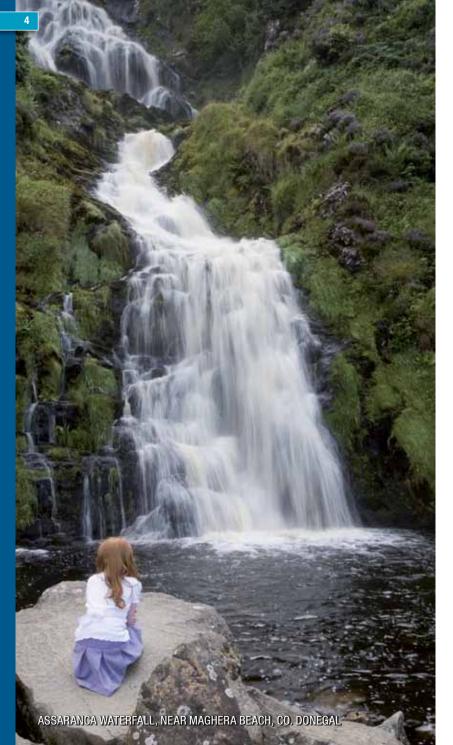
The North West offers lots of exciting festivals and events throughout the year something to suit every taste and age. From music to drama, sports to cultural and literary events, there's something for everyone.

Lots to do and plenty to see but don't just take our word for it: Come and see for yourself.

We're closer than you think!

ACTIVITIES

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Donegal

Wild and remote Malin Head on the Inishowen Peninsula in Donegal marks the most northerly point of the entire island of Ireland.

It sets the tone for the spirit of the county – independent, untamed and exciting, three quarters of its border formed by the Atlantic Ocean. Visitors can experience this for themselves walking the towering cliffs of **Sliabh Liag (Slieve League)** with the wonderfully named **One Man's Pass** at the summit.

Spectacular **Glenveagh National Park & Castle** is a true national treasure. The extensive 16,000 hectare park consists of mountain, rare raised bog land, lakes and woodland. It contains the largest herd of red deer in the country and the majestic Golden Eagle was reintroduced to Ireland in Glenveagh in 2001.

Donegal town itself is dominated by the 17th century **Donegal Castle**. Hand-woven **Donegal Tweed** is a unique cloth woven by hand on traditional wooden looms. Today, **Magee's Hand Weaving** in Donegal town is the largest stockist of Donegal Tweed in the world.

Donegal is a stronghold of the Irish language and has many **Gaeltacht** areas. Tradition and culture are still very strong here; music or dance sessions are common in pubs all over the county.

Golden beaches adorn the coastline, from some high points, six or seven beautiful strands can be seen stretching out along the shore. Near **Gweedore** the quartzite conical peak of **Errigal**, Donegal's highest mountain, stands proudly, a challenge for the hill walker and like much of this dramatic county a tempting subject for the photographer.



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Donegal towns and villages

Ardara E2 is one of Donegal's unique heritage towns. The establishment of cottage industries for the making of fine wool fabrics, tweeds and hand-knits for world distribution was an important element in the town's growth and the history of the town. Ardara is famous for its annual festivals which include "The Ardara Walking Festival" and "Cup of Tae Festival".

Ballyliffin C5 is a delightful village, with a fine long golden sandy beach at Pollan that stretches to over two miles in length. Ballyliffin is home to the Ballyliffin Golf Club, Ireland's most northerly club, and a gem of a destination for the visiting golfer.

Ballybofey E4 a twin town separated from Stranorlar by a beautiful stone bridge spanning the River Finn. There are pleasant walks along the river and also at nearby Drumboe Woods. The area is a haven for the visiting angler, as the River Finn is rich in freshwater fish.

Ballyshannon F3 is the oldest town in Ireland. The town's rich heritage is interpreted in its Historic Town Trail. It is the birthplace of Allingham the Poet and Rory Gallagher the rock guitarist. The internationally renowned Ballyshannon Folk Festival held towards the end of July and the Rory Gallagher festival in June are two of the town's major events.

Buncrana C5 principle town and resort on the lovely Inishowen Peninsula boasts a 5km sandy beach. Swan Park and the Buncrana coastal walk is a haven of peace for the leisure walker. Buncrana Golf Club, the oldest 9 hole links course in Ireland and the nearby North West Links offer a warm welcome for visiting golfers. The Lough Swilly Car Ferry operates from here to Rathmullan on the Fanad Peninsula during the high season.

Bundoran F3 has evolved into Ireland's premier seaside resort with a host of modern facilities for visitors and yet still remains true to its roots with its own special brand of hospitality and warmth. As a Fáilte Ireland Family Friendly designated area, families are guaranteed a special focus on their needs.

Donegal Town E3 is an attractive market town and seat of the O'Donnell's up until the 17th Century. The remains of the O'Donnell Clan stronghold "Donegal Castle" has been restored and is now a very popular visitor attraction. The town is also the home of Donegal tweed industry in Ireland and the Magee family. **Dunfanaghy C4** is situated on the shores of the shallow sandy inlet of Sheephaven Bay. Located on the outskirts of the village is the Workhouse which has an eco-exhibition exploring the dramatic story of the formation of the sand dunes and New Lake.

Dungloe D3 known locally as the Capital of the Rosses and plays host to the famous international Mary of Dungloe festival in July.

Downings C4 a traditional seaside resort with a fine curved beach looks out on Sheephaven Bay. A base for all types of water based activity including diving and windsurfing. Downings is renowned as one of the main sea angling centres in Donegal.

Killybegs E2 Ireland's premier commercial fishing port is a bustling town where local and foreign ships tower over the quayside. Take a stroll along the six heritage walks or drop in to see the simulator at the Killybegs Maritime & Heritage Centre.

Letterkenny D4 a vibrant town; particularly at night with the North West's largest number of popular pubs and clubs. An Grianan Theatre and the Regional Cultural Centre delight audiences throughout the year with their cultural programmes.

Malin Head B5 is not just Ireland's most northerly point, but an area of great scenic beauty and of historical, scientific and ecological importance.

Lifford E5 is the administrative capital of the county. The Seat of Power Visitor Centre with its historic mid 16th century Courthouse has been converted into an award winning heritage centre and restaurant. The North West's only greyhound track is also here. Cavanacor Historic House lies a few km from the town; it is the ancestral home of James Knox Polk, president of the U.S.A in the last century.

Ramelton D4 a Georgian historic town which sits at the mouth of the Lennon River where it enters Lough Swilly.

Rathmullan C5 a bustling seaside village with a long sandy beach on the shores of Lough Swilly and popular location for deep sea angling and coastal cruising. The Lough Swilly Car Ferry to Buncrana on the Inishowen Peninsula operates from here in the high season.

For more information on Donegal's towns and villages, visit our website **www.discoverireland.ie**

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Glenveagh National Park & Castle D4 ৬ গৈ

Churchill, Letterkenny, Co. Donegal. Tel: 074 9137090 Fax No: 074 9137072 Email: glenveaghbooking@environ.ie Website: www.glenveaghnationalpark.ie Glenveagh National Park lies in the heart

of the Derryveagh Mountains in the North West of Co. Donegal. It is a remote and hauntingly beautiful wilderness of rugged mountains and pristine lakes. The wild setting around Lough Veagh hosts the largest herd of red deer in Europe and since 2001 is home to Ireland's only Golden Eagles. The castle is surrounded by extensive, ornate and renowned gardens, with a rich variety of trees, shrubs and flowers from around the world. There is a beautifully located tearoom in the castle courtyard open all year round, where one can enjoy delicious home baking freshly made in the castle kitchen.

Open: March – October 10.00 – 18.00. October – March 9.00 – 17.00. **Admission:** Bus to Castle Adult €3 return, Concession €2 return. Castle tour, Adult €5, Group/Senior €3, Child/Student €2. Family €10. Admission to Glenveagh Castle is by guided tour only.



Donegal Castle

Donegal Town, Co Donegal. Tel: 074 9722405 Email: donegalcastle@opw.ie www.heritageireland.ie/en/North-West Built by the O'Donnell chieftain in the 15th century, beside the River Eske, the castle has extensive 17th century additions by

Sir Basil Brooke. The castle is furnished throughout and includes Persian rugs and French tapestries. Information panels chronicle the history of the castle owners from the O'Donnell chieftains to the Brooke family.

Open: all year round, Mid March to Mid September daily from 10.00 – 18.00. Mid September – Mid March Thursday – Monday 9.30 – 16.30. Last admission 45 minutes before closing.

Admission: Adult €4, Senior/Group €3, Child/Student €2, Family €10.

Doagh Famine Village C5 ৬ কা

Isle of Doagh, Inishowen, Co Donegal. Tel: 074 9378078 Email: info@doaghfaminevillage.com www.doaghfaminevillage.com

Doagh Famine Village tells the story of a family/community living on the edge of Donegal and surviving from Famine times

right up to the present day. It also explains the road to peace in Northern Ireland, Ireland in the 'Celtic Tiger' years and the current economic collapse..

Open: 17th March to end of October 10.00 - 17.00. **Admission:** \in 7 which includes guided tour, tea, coffee, bread and biscuits.



lonad Cois Locha D4 ৬ †‡†

Dunlewey, Co Donegal. Tel: 074 9531699 Email: Dunleweycentre@eircom.net www.dunleweycentre.com

Enjoy the story telling of Manus Ferry's the weavers constructed home. There is an adventure and indoor play area or

enjoy a boat trip around the lake. The new attraction 'An Culturlann' is designed as a multipurpose venue which can seat between 200 and 500 people for concerts, theatre or cinema. The building will enable lonad Cois Locha to stage music events for larger audiences and thus attract bigger and more famous artists with a larger fan following. Excellent conference facilities are available. Special celebrations for large numbers will be catered for.

Open: Easter to October Daily from 10.30 – 18.00. **Admission:** Cottage OR boat including play area – Adult €5.95, Child €3.95. Boat & cottage including play area. Adult €10, Child €7. Play area only €3.50.

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Lough Derg F4

St. Patrick's Purgatory, Lough Derg, Pettigo, Co Donegal. Tel: 071 98 61518 Email: info@loughderg.org www.loughderg.org Lough Derg is a unique island of peace. Pilorims have been travelling to this sacred

site for centuries on a spiritual quest or journey seeking something deeper, getting closer to their authentic selves, continuing a ritualistic tradition of their ancestors.

Open: Pilgrimages from May to September.

Admission: For a copy of your own season guide with full prices and event lists, please call 071 98 61518 or email; info@loughderg.org.



Waterworld F3 & रेंद्रेन

Bundoran, Co Donegal. Tel: 071 9841172. Email: info@waterworldbundoran.com www.waterworldbundoran.com

All Indoor "Family Friendly" Aqua Adventure Playground. Two leisure pools – Slide Pool with Tornado and Twister

Flume plus the super fast WHIZZER Slide and Scute Shute. Wave Pool with 5 wave patterns.

Open: Easter – September, open daily Easter week from Good Friday 12.00 – 18.00. Open weekends only May & September. Open 12.00 – 18.00 in June and 10.00 – 19.00 July & August. Last entry 1 hour before close. **Admission:** Entry to Waterworld - check website/facility for current prices.

Bundoran Seaweed Baths

Tel: 071 9841173 www.waterworldbundoran.com/seaweedbaths

Seaweed Baths, Stram Cabinets, Drench Showers Treatments, Pilates, GP Referral Classes and the "Wellness @ Waterworld" Programme.

Open: as per Waterworld times. **Admission:** Check website/facility for current prices. vent lists, t



Malin Head B5

Email: info@visitinishowen.com www.visitinishowen.com

Malin Head, Ireland's most northerly point known locally as Banba's Crown is an area of great scenic beauty and of historical, scientific and ecological importance. The circuit of the Head will

take you past the Radio Station, built in 1910, and round the coast to Banba's Crown, the northern tip of Ireland.

Here a tall derelict building known locally as "The Tower" was built in 1908 by the Admiralty, and later used as a Lloyds Signal Station. During the Second World War, the small huts were built and used by our defence forces to keep a lookout and protect our neutrality. It is also a perfect starting point for a ramble along the cliffs to Hell's Hole, a remarkable subterranean cavern 250 feet long and 8 feet wide, into which the tide rushes with great force. Nearby is a picturesque natural arch called the Devil's Bridge.

Sliabh Liag (Slieve League) E2

Discover the many delights of Sliabh Liag, Teelin and Donegal's iconic attraction as you walk through the countryside on the verge of the mighty Atlantic Ocean. Rare flora, fauna and wildlife inhabit this precious and untouched landscape. And the very names of local pathways such as 'One Man's Pass' and 'The Pilgrim Path' evoke special memories and images. The scenery is stunning. The Sliabh Liag cliffs themselves are the highest marine cliffs in Europe, with the sheer cliff face stretching straight down to the wild Atlantic waves below. From this vantage point, the sightseer can get a dramatic view of imposing mountains, picturesque bays and romantic islands nearby.

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ARTS, CRAFTS & CULTURE

Slieve League Cultural Centre E2 Carrick. Tel: 074 9739077. Email: paddy@sliabhleague.com, www.sliabhleague.com Facilities include a workshop, conference room, seminar room and tourist information centre, car and coach parking available.

An Crannóg C3 Derrybeg. Tel: 074 9532208, Email: cfgd@eircom.net Is an Irish Language Centre with classes for adults who wish to learn Irish.

John Ward B5 Headland New Media, Inishowen. Tel: 074 9370274 or 087 2922964. Email john@navigatour.ie, www.navigatour.ie Experience Donegal's Culture and Heritage through the revival of the Rambling House.

An Grianan Theatre D4 Letterkenny. Tel: 074 9120777. Email: angrianan@eircom.net, www.angrianan.com Is Donegal's premier performance arts facility.

Regional Cultural Centre D4 Letterkenny. Tel: 074 9129186. Email: rcc@donegalcoco.ie, www.regionalculturecentre.com A fabulous multidisciplinary arts facility developed by Donegal County Council.

The Balor Arts Theatre E4 Ballybofey. Tel: 074 9131840. Email: conor@balortheatre.com, www.balortheatre.com Provides all the latest in theatre and musical entertainment with Irish and International talent alike.

Abbey Arts Centre F3 Ballyshannon Tel 071 9851315. Email info@abbeycentre.ie www.abbeycentre.ie Providing a rich programme of theatre, music, comedy, dance, visual arts, education and film.

Triona Design E2 Ardara. Tel: 074 9541422. Email: info@trionadesign.com, www.trionadesign.com Is a family run shop specialising in Donegal Tweed.

Celtic Weave China F3 Ballyshannon. Tel: 071 9851844. Email: sales@celticweavechina.com, www.celticweavechina.com Is renowned for their china baskets and flowered ware.

Studio Donegal E2 Kilcar. Tel: 074 9738194. Email: info@studiodonegal.ie, www.studiodonegal.ie Home to Donegal Tweeds and Hand Knits.

Wild Wood Craft Studio E3 Donegal Town. Tel: 074 9722674. Email: memevokcrafts@eircom.net. One-of-a-kind presentation of South West Donegal's seashore, mountains and forests using local rocks and shells.

Donegal Craft Village E3 Donegal Town. Tel: 074 9722225 or 074 9725928. Email: niallbruton@hotmail.com or lyndseymcgonigle@yahoo.co.uk www.donegalcraftvillage.com

Donegal craft village is reputedly the best collective of contemporary art, craft and design in Ireland.

Magees of DonegalE3Donegal Town. Tel: 074 9722660.Email sales@mageeshop.com, www.mageeireland.comWorld famous for their hand-woven heritage, they stock a range of beautiful tailored
garments. Visitors to their store can watch a traditional hand weaver at work.

McAuliffe's Craft Shop C4 Dunfanaghy. Tel: 074 9136135. Email mcauliffes@eircom.net Holds a vast range of Irish fashions, knitwear, handcrafts, jewellery, books and music in stock.

Rossan Knit Wear Limited E2 Glencolmcille. Tel: 074 9730069. Hand loomed knitwear in both modern and traditional Irish designs. Cyndi Graham Hand Weaving E3 Dunkineely. Tel: 086 4019307. Hand-woven hats, scarves, waistcoats, cushions & throws.

GALLERIES

Frame Masters D4 Letterkenny Tel: 074 9129175. www.framemasters.net Ross Fine Art D4 Letterkenny Tel: 074 9168605. www.rossfineart.ie Glebe House and Gallery D4 Churchill, Letterkenny. Tel: 074 9137071. Email: glebegallery@opw.ie, www.heritageireland.ie

The Gallery C4 Dunfanaghy. Tel: 074 9136224. Email thegallerydunfanaghy@yahoo.ie

Straid Gallery E2 Glencolmcille. Tel: 074 9730126. Email: info@king-studio.com, www.king-studio.com

Stephen Bennett Studio Gallery E2 Ardara. Tel: 074 9541652. Email: stephen@stephenbennett.net, www.stephenbennett.net

Stephen Diggin C5 Aghilly, Buncrana. Tel: 074 9361925 or 086 2144965. Email info@thinkirishart.com, www.thinkirishart.com

Antiques & Art Gallery E2 Carrick. Tel: 074 9739885 or 087 7701447. Email donegalantique@donegallive.com, www.donegalantiques.com

An Clachan D3 An Chuirt Hotel, Gweedore. Tel: 074 9560091. Email: eolas@anclachan.ie, www.anclachan.ie

HERITAGE CENTRES & MUSEUMS

Seat of Power Visitor Centre E5 Lifford. Tel: 074 9141733. Email: info@liffordcourthouse.com, www.liffordoldcourthouse.com This historic mid 16th Century courthouse has been converted into an award winning heritage centre. Open All Year.

Inishowen Maritime Museum C6 Greencastle. Tel: 074 9381363. A recent addition to the Museum is a brand new state-of-the-art Planetarium. Email: greencastlemaritime@eircom.net, www.inishowenmaritime.com

Flight of the Earls Heritage Centre C5 Rathmullan. Tel: 074 9158131. www.flightoftheearls.com

The interpretative centre is dedicated to the historic flight of the earls 1607.

Donegal Railway Heritage Centre E3 Donegal Town. Tel: 074 9722655. Email: rrailway@gofree.indigo.ie, www.countydonegalrailway.com Find out just what it was like to travel on the narrow gauge railways of County Donegal.

St. Colmcille Heritage Centre D4 Churchill. Tel: 074 9137306. Email: martinjegan@eircom.net, www.colmcilleheritagecentre.ie Devoted to the life and times of St. Colmcille and has displays of illuminated manuscripts. Open: May to September.

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The Workhouse C4 Dunfanaghy. Tel: 074 9136540.

Email: workhousedunfanaghy@eircom.net, www.dunfanaghyworkhouse.ie Visit the Workhouse and see and hear 'wee Hannah' tell the true story of her up bringing on a farm in the 1930's, a grave illness and her time in the workhouse.

Ardara Heritage Centre E2 Tel: 087 2424590.

Email: glenardfish@eircom.net, www.ardara.ie Ardara Heritage Centre is based in the quoined, cut-stone former Market House with central segmental arch, front gable and clock. Opened in 1995, it outlines the history of tweed production in the Ardara area.

Cairn Visitor Centre C6 Greencastle. Tel: 074 9381104. Email: cairnthe@eircom.net. www.thecairncentre.com Tours on the days gone by, photographic exhibitions, stories, craft shop, and theatre.

Killybegs Maritime and Heritage Centre E2 Killybegs.

Tel: 074 9741944. Email: info@visitkillybegs.com, www.visitkillybegs.com Offers a fascinating audio visual insight into the history of the fishing and the famous hand-knotted carpets, also home to the longest loom in the world.

An tSean Bheairic C3 Falcarragh. Tel: 074 9180888. Email: antseanbheairic10@yahoo.ie, www.falcarraghvisitorscentre.com Language, culture, heritage, history and memories of our ancestor's lifestyle are depicted amidst artefacts and exhibits.

Newmills Corn and Flax Mills D4 Letterkenny. Tel: 074 9125115. Email: newmills@opw.ie, www.heritageireland.ie Features a restored mill, part of which is three to four hundred years old.

Fintown Railway D3 Fintown. Tel: 074 9546280. Email: info@antraen.com, www.antraen.com Donegal's only operational narrow gauge railway. The unique journey is a three-mile return trip along the shores of Lough Finn.

Doe Castle C4 Creeslough. Tel: 074 9138445. A four-storey tower, standing in a square turreted bawn built early in the 16th century on Sheep Haven Bay.

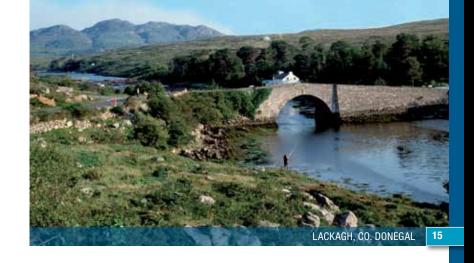
Donegal County Museum D4 Letterkenny. Tel: 074 9124613.

Email: museum@donegalcoco.ie

The museum houses both temporary and permanent exhibitions, which chart the history of Donegal from the Stone Age to the twentieth century.

Glencolmcille Folk Village E2 Glencolmcille. Tel: 074 9730017. Email: folkvillage@eircom.net, www.glenfolkvillage.com The museum is built in the form of a village where each house is a replica of the dwellings used by people in each of the three centuries, 18th, 19th and 20th.

County Donegal Historical Society Museum F3 Ballyshannon. Tel: 071 9852133. Email: anthonyrbegley@hotmail.com, www.donegalhistory.com The objective of the society is to preserve and record the history of the county.



Fort Dunree Military Museum C5 Buncrana. Tel: 074 9361817. Email: dunree@eircom.net, www.dunree.pro.ie A military museum which shows the unique history of the fort using the latest DVD and interactive technology.

St. Connells Museum E3 Glenties. Tel: 074 9551766 or 087 6303496. Email: glentiescommunitycarefas@gmail.com The museum includes the prison cells of the late 19th century courthouse and has many artefacts pertaining to the famine in South West Donegal.

DONEGAL TOURS

Donegal Bay Waterbus Donegal Harbour, Donegal Town. Tel: 074 9723666 or 087 2147236. Email: info@donegalbaywaterbus.com, www.donegalbaywaterbus.com Enjoy the beauty of Donegal Bay on this 165 seater tour boat.

Sliabh Liag Boat Trips on the Nuala Star Teelin. Tel: 074 9739365 or 087 6284688. Email: paddy.byrne@nualastarteelin.com www.sliabhleagueboattrips.com Sightseeing trips to Europe's highest sea cliffs. We also do Whale/Dolphin/Bird Watching, Sea Angling and Dive Charter.

Mangan Tours offer a range of day tours around Donegal. Tel: 074 9128410. Email: info@mangantours.ie, www.mangantours.ie

Boyce Coach Tours. Day tours around Donegal County. Check website for details. Tel: 074 9151043. Email: info@boycetravel.com, www.boycetravel.com

Bus Éireann Day Tours Day tours to Slieve League and Donegal Bay. Tel: 074 9121309. www.buseireann.ie

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ARRANMORE ISLAND. CO. DONEGAL

Islands and the Gaeltacht (Irish Speaking) areas of Donegal

Looking out over the Atlantic Ocean, tasting the salt on your tongue and the sea breeze brushing your face, there is nothing similar to a visit to the Islands of Donegal to reinvigorate you. This is predominately where the Irish language and culture is still vibrant.

Wild and beautiful the islands have captured the imagination for thousands of vears and provided stimulus for artists and writers. The perception that the islands of Donegal were remote has altered dramatically in recent years. Now they are easily accessible by boat. Plan your visit to the islands, some are very busy in high season (July and August especially). Very few of the islands have ATM banking facilities.

Please leave the islands as you find them. Respect the environment and dispose of litter in bins or take it away with you. When visiting the islands take care; a visit to the islands is a unique occurrence but remain vigilant as they are exposed to the elements. The island terrain is mainly rugged and the Atlantic Ocean can sometimes be wild.

Árainn Mór - Arranmore Island D2

Probably the most accessible of all the Gaeltacht islands, Árainn Mór has a resident population of approximately 600. From the island's rolling hills, observe views of the Rosses region (Na Rosa), the islands and the Donegal Mountains as a backdrop or visit two of the islands lovely beaches, at Aphort or Leabh Gharbh. A place to get away from it all and yet mainland Donegal is just a 15 minute boat journey.

Getting there: Daily Sailings from Burtonport (Ailt an Chorráin) Co. Donegal. Arranmore Car & Passenger Ferry: Tel: 074 9542233. www.arranmoreferry.com Arranmore Island Fast Ferry: Tel: 087 3171810. www.arranmorefastferry.com

Gabhla - Gola Island C3

The island, uninhabited since the 1960's, is approximately one mile from the mainland at Gaoth Dobhair (Gweedore). Evidence of past life remains in the form of stone houses, the homes of families, who have long since moved to the mainland. A number of houses have been restored by former residents and their families. The launching of a regular ferry service and the growing interest in ecology and cliff climbing is bringing back new life. Gabhla can be explored in a few hours over easy walking terrain. It is difficult to comprehend that you are just two miles removed from mainland Donegal.

Festivals: Féile Gola (June).

Getting there: From Magheragallan (Machaire Gathlán) Co. Donegal. Gola Island Ferry Service (Seod Gabhla): Tel:087 6607003. www.donegalislands.com

Inis Bó Finne - Inishbofin Island C3

Located two miles from Machaire Rabhartaigh (Magheroarty) on the North West coast and has been relatively untouched and unspoilt. A rocky coast with cliffs, sea arches, caves and sandy beaches can be explored. Inland fields are home to the global endangered Corncrake and many other bird species. Barnacle Geese fly in to winter here. It is renowned for its water sports with surfing, kayaking and rock fishing growing in reputation annually.

Festivals: Boat Festival (July).

Getting there: Ferries sail seasonally from Magheroarty.



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TONTISLAND, CO. DONEGAI

Toraigh - Tory Island C3

Standing staunchly against the storms of the Atlantic Ocean, Tory has been inhabited for 4,000 years. The resilient and independent residents of this Gaeltacht Island have their own music, songs, stories and dances and are expressions of a distinctive Irish Culture and tradition, preserved by remoteness. Historical sites include a round tower, a ruined church, the Tau Cross (one of only two found in Ireland). Tory has a unique wildlife and is internationally important for its birdlife particularly the globally threatened Corncrake and has nationally important colonies of cliff-nesting seabirds. Visitors can enjoy diving, fishing, rock climbing, whale or dolphin watching or walk a portion of the Donegal Way with beautiful scenery as a backdrop.

A signposted 4km looped walk starting at the Pier will take you along sandy tracks and minor roadways. This easy walk with exceptional scenery will take your breath away. When in Tory, why not partake or enjoy in the local scene, whether it be a céili (Irish dance) or an impromptu traditional Irish music session. Tory is also famous for its school of artists, who were encouraged by the late English painter Derek Hill, whose work has been exhibited all over the world.

Festivals: Féile Soilse Thoraí (July) celebrating Tory's musical and cultural traditions.

Getting there: Toraigh na dTonn sails from Magheroarty Co. Donegal from April to October. Tel: 074 9135920.

Turasmara Teo sails from Bunbeg and Magheroarty all year round. Tel: 074 9531340.

Inis Fraoich D2

Inishfree Island, approximately one square mile of sandy beaches and beautiful scenery, the island was home to thirty six families in a tightly-knit, caring community. Subsequently deserted, the island has been re-inhabited recently and Inis Fraoich's new residents are eager to help visitors benefit from the spiritual atmosphere that seems to pervade this unique place. Cultural courses are organised on the island at specific times and cover topics such as music, dancing, arts, crafts, poetry, nature and heritage.

Festivals: Inishfree Cultural Festival (August).

Getting there: Ferry Sailings on request from Burtonport (Ailt an Chorráin).

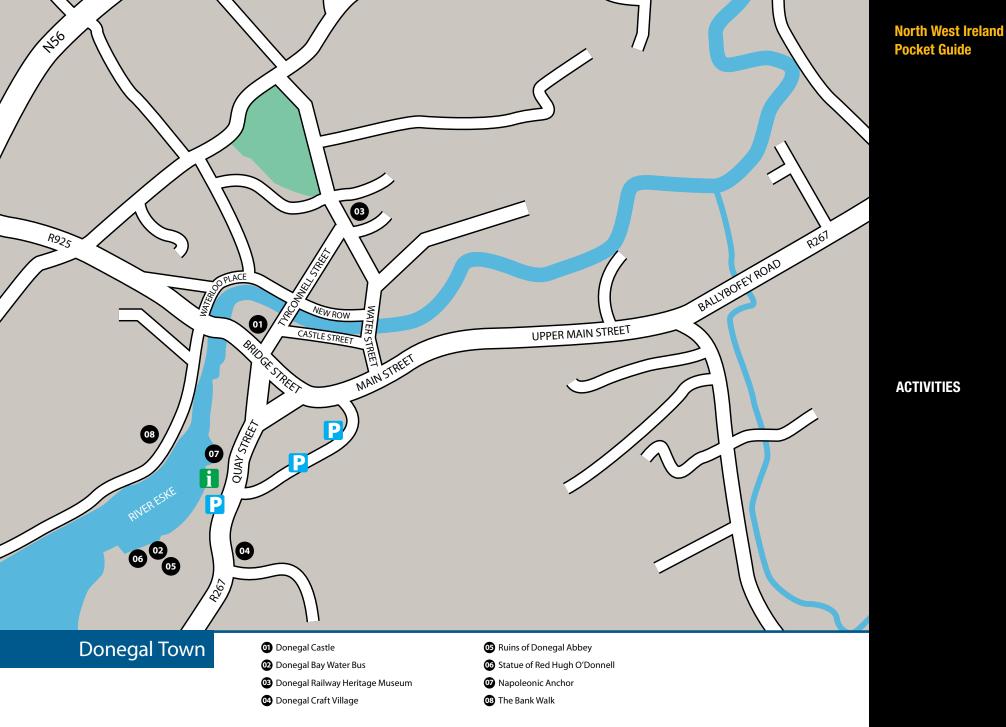
Inishfree Charters, Burtonport Pier, Co. Donegal. Tel: 087 9253534 or 086 2209508.

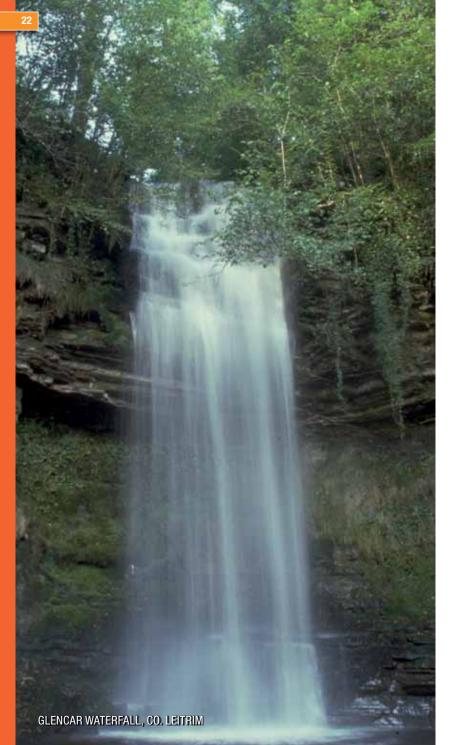
The Gaeltacht

The Gaeltacht is the area in Donegal where the Irish Language is spoken and where the traditions of Irish song, dance and folklore prevail.

Cill Chartha (Kilcar), Gleann Colm Cille, and Ard a' Ratha (Ardara) are home to craft workshops producing hand-woven Donegal Tweed. Moving north along the craggy coastline, and somewhat inland, one comes to Donegal's Gaeltacht Lár (central Gaeltacht), located between Gweebara Bay, Gleann Fhinne, and Glendowen. Head north and you enter the Rosses, Gaoth Dobhair and Cloich Cheann Fhaola, areas of haunting natural beauty. The most northerly point of the Donegal Gaeltacht is located via the Rosguill Peninsula with journey's end at Fanad Head. The heart of the Donegal Gaeltacht can be found near the mystic mountains of the Derryveagh range and the scenic Poisoned Glen.

For further information contact Discover Ireland Centre, The Quay, Donegal. Tel: 074 9721148 or visit **www.discoverireland.ie/islands**





Leitrim

Leitrim may have the shortest coastline in Ireland but this stretch of the ocean is a paradise for surfers wishing to hit the big waves located at Tullaghan.

The rivers Shannon and Erne are the two main river systems in Ireland and are linked by the recently restored Shannon Erne Waterway providing 750km of cruising waterway. Carrick-on-Shannon, the county town of Leitrim is the cruising capital of the river Shannon and the town boasts a beautiful modern marina.

Carrick's marinas are well worth a visit, particularly during the peak summer season where a large flotilla of cabin cruisers and river craft of all sizes are active on the river. The town is lively with a great selection of shops, pubs and restaurants. As the Shannon makes its way south through the county it passes through the lovely villages of Drumsna, Dromod and Rooskey which also have wonderful riverside bars and restaurants.

Discover the people...

Over 250 artists working in ceramics, glass, paper, wood, textiles, metal and jewellery. Leitrim offers its visitors the very best in design, contemporary craft and visual art. Travel through the gateway of Leitrim and uncover a unique and sustainable way of life.





Leitrim towns and villages

Ballinamore H4 It is a thriving rural centre for the surrounding parishes and is internationally renowned for its abundance of coarse angling waters with a total of 40 lakes in a 10km radius.

The town offers many activities including walking, horse-riding, golfing and boating. It boasts lively evening entertainment with some great pubs and good restaurants.

Carrick-on-Shannon ¹³ built on the River Shannon; this is both the county town of Leitrim and the cruising capital of the Shannon. Carrick, as it is known locally is a thriving centre. It boasts a beautiful modern marina. It is widely acknowledged as an anglers paradise, the town itself is steeped in history, in particular the Costello chapel which is believed to be the smallest chapel in Europe.

Dowra G3 is the first village on the River Shannon, which rises from the Cuilcagh Mountains just 6 miles from Dowra at the Shannon Pot. Dowra village is on the borders of Cavan and Leitrim where the province of Ulster meets the province of Connacht.

Dromahair G3 is a picturesque village located on the banks of the river Bonet at its entry point to Lough Gill. It has an interesting history and a walk around the village will bring you into contact with remnants of its historic past.

Dromod ¹⁴ built along the River Shannon, this is a Tidy Towns winner with a lovely harbour area which is very popular with cruiser traffic. The Bog Oak water feature in the centre of the village is entitled "The Weeping Tree' and was made by a local craftsman from a piece of bog oak which was found nearby.

Drumshanbo H4 this pretty village is beautifully situated in the shadow of Sliabh-an-larainn towering to the north and the Arigna Mountains in the west. It is a renowned angling resort.

The town is famous for its musical tradition. A feature of the town is its unique High Street fronted by a stone wall, with stone steps leading up to Ireland's shortest Main Street.

Fenagh H4 At Fenagh two church ruins stand on the site of an earlier monastery, founded by St. Caillin in the 6th century. There are a number of prehistoric remains located in or near the village. Nineteen Gaelic Kings are said to be buried in the graveyard.

Jamestown 13 This is one of the most historic spots in County Leitrim and was named after King James I of England. One of the gates of the former fortified town is still standing. Today, Jamestown is a pleasant mooring spot and is also popular with anglers due to the good fishing and excellent hospitality.

Kiltyclogher G3 in the centre of the village is a Memorial to Sean MacDiarmada, one of the leaders of the 1916 Rising. The Michael Shanley Traditional weekend takes place in mid-August and during this time there are sessions, concerts and classes as well as a door-dancing competition.

Manorhamilton G3 village is the friendly, peaceful and picturesque capital of North Leitrim, situated in the centre of the North Leitrim Glens region which is famous for its hill-walking.

Rossinver G3 situated at the Southern shore of Lough Melvin is an excellent centre for game fishing. There is a fishery at Eden Quay and boats and gillies are available locally. There are some spectacular walks in the area.

For more information on Leitrim towns and villages see **www.discoverireland.ie**

North West Ireland Pocket Guide



Ard Nahoo G3 & †‡†

Mullagh, Dromahair, Co. Leitrim. Tel: 071 913 4939 Email: info@ardnahoo.com www.ardnahoo.com

Ard Nahoo is an Eco Retreat, settled in the hills of North Leitrim. From our beautiful base we also offer a range of Yoga and

Detox Retreats, Natural Healthcare Treatments and Weekly Yoga Classes, as well as our 'Uisce Hour' – an outdoor wet space with infrared sauna and hot tub. Whatever you choose from a visit to Ard Nahoo, you will leave feeling completely relaxed and rejuvenated.



Cavan & Leitrim Railway

Station Road, Dromod, Co. Leitrim. Tel: 071 9638599 Email: dromod@eircom.net www.cavanandleitrim.com

Discover the magic and charm of an Irish Narrow Gauge Railway at the end of the 19th century. Today, half a mile of the

railway has been rebuilt. Your round trip takes twenty minutes, leaving you plenty of time to have a guided tour around our extensive transport museum.

Open: Saturday 10.00 – 17.00. Sunday 13.00 – 17.00. Monday 10.00 – 17.00. Season: 1st January – 23rd December. **Admission:** Adult €8. Child €5. Family €17. Senior Citizen €5. ADDEASE

Creevylea Abbey G3 1111

Dromahair, Co Leitrim. Tel: 071 962 0170

Creevylea Friary is located 16km south east of Sligo, on the edge of the town of Dromahair, the most convenient access

route is a footbridge across the River Bonet from the car park of the Abbey Manor Hotel. This was one of the last abbeys founded in Ireland before King Henry VIII dissolved all the monasteries throughout Ireland and England. In the ruins is a carving of Saint Francis preaching to the birds. The friary consists of the church, the cloister and domestic buildings.



St. George's Terrace, Carrick on Shannon, Co. Leitrim. Tel: 071 9650828 Email: info@thedock.ie www.thedock.ie

The Dock is a multi disciplinary arts centre housed in a beautiful 19th Century former Courthouse building, overlooking the majestic river Shannon. The Dock houses a 100+ seat performance space, three art galleries, The Jury Room café bar, artists' studios, an arts education room and it is home to The Leitrim Design House.

Open: 10.00 – 18.00 Monday to Saturday. Season: All year. Galleries open Tuesday – Saturday 10.00 – 18.00. **Admission:** Free admission to galleries. Varying admission to performances with concession prices for students, seniors, unemployed, children.



Glencar Waterfall G3 ऊ ांदेर

Glencar, Co Leitrim.

Glencar Waterfall is 50ft high and is situated in Glencar Lough, 11km west of Manorhamilton and served as an inspiration to William Butler Yeats. It is

very impressive after rain and can be viewed from a lovely wooded walk. There are more waterfalls visible from the road although none is quite as romantic as this one. Picnic facilities and information kiosk are onsite.



Leitrim Design House 13 & Thi

The Dock, Carrick-on-Shannon, Co. Leitrim. Tel: 071 9650550 Email: info@leitrimdesignhouse.ie www.leitrimdesignhouse.ie

The Leitrim Design House is housed in the Dock, a beautiful 19th century courthouse building, located in the heart of Carrick-

on-Shannon overlooking the River Shannon. This unique gallery represents over 200 artists working in ceramics, glass, wood, metal and jewellery. Considered one of the landmark tourist attractions in the region, the Leitrim Design House is a unique shopping experience offering a wonderful opportunity to support local creative industry.

 $\ensuremath{\textbf{Open:}}\xspace$ 10.00 – 18.00 Monday to Saturday. Season: All year. $\ensuremath{\textbf{Admission:}}\xspace$ None.



Moon River Pleasure Cruiser

Carrick on Shannon, Co. Leitrim. Tel: 071 9621777/086 2610010 Email: info@moonriver.ie www.moonriver.ie

Join us for a relaxing trip on the River Shannon on the luxurious Moon River Pleasure Cruiser. Enjoy our onboard

entertainment and light refreshments or sit on deck and lap up the beautiful surroundings. Either way our crew will ensure you experience a wonderful trip!

Season: Scheduled trips February to October. All year on request basis. **Admission:** Adult €15. Children under 14 years of age free, Seniors €13, Group rates (20+) €12pp.

The Organic Centre G3 & ተ‡ተ

Rossinver, Co. Leitrim. Tel: 071 9854338 Email: info@theorganiccentre.ie www.theorganiccentre.ie

The Organic Centre promotes organic gardening and sustainable living through learning gardens, educational courses,

tours and workshops and also community and school projects.

Open: 10.00 – 17.00. Season: from 12th March to 29th October 2011. **Admission:** for the gardens: \in 4, concession \in 2, children and members free.



Parkes Castle G3 †‡†

Lough Gill, Dromahair, Co. Leitrim. Tel: 071 916 4149 Email: parkescastle@opw.ie www.heritageireland.ie

The splendour of Parkes Castle is immediately evident as you drive around the lake. Once an important stronghold

of the local O'Rourke family, rulers of Breffni, Parkes Castle has been recently restored to its original seventeenth century style. A guided tour of the castle is given every hour. There is also an individual slide show entitled "Stone by stone" in four languages. In the castle there is a traditional blacksmith forge of 17th century style.

Open: 21st April – 28th Sept. 10.00 - 18.00. **Admission:** Adult: \in 3, OAPs & Groups \in 2.

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Sliabh an Iarainn Visitor Centre H4 1111

Drumshanbo, Co. Leitrim. Tel: 071 9640678

This centre informs the visitor about life, transport and industry between the Arigna and Sliabh an Iarainn mountain - the

railway, canal, lakes, iron and coal mining. The Centre has a display depicting miners at work and also has a reconstruction of a sweat house which was used in olden times as a cure for aches and pains. There is also a recreation of a Cavan & Leitrim Railway ticket and waiting room as well as many fine pictures of the railway. An audio-visual show lasting 12 minutes takes visitors through the sights and scenes of the area.

Open: April – October, Mon – Sat, 10.00 – 18.00. Sun, 14.00 – 18.00.



Rose of Innisfree Tour Bus G3 & †‡†

Five Mile Bourne, Dromahair, Co. Leitrim. Tel: 071 916 4266/087 259 8869 Email: info@roseofinnisfree.com www.roseofinnisfree.com

The Rose of Innisfree Tour Boat operates on one of the most beautiful and scenic lakes in Ireland, Lough Gill. This majestic all-weather craft departs from historic Parkes Castle on the shores of Lough Gill and takes in the famous "Isle of Innisfree". During the trip the skipper, George McGoldrick will recite tales of folklore, history and poetry associated with the area and Ireland's most famous son W.B.Yeats.

Open: Daily June – September. Limited sailings April – October. **Admission:** €15, group rates available on request.



Leitrim Genealogy Centre H4 & †‡†

Main Street, Ballinamore, Co. Leitrim. Tel: 071 9644012 Email: info@leitrimroots.com www.leitrimroots.com

Leitrim Genealogy Centre is the official genealogy service provider for Co. Leitrim. We provide a genealogical research

service for those people wishing to trace their Co. Leitrim ancestry. For full details of the service we provide please visit our website at: www.leitrimroots.com

Open: 9.00 to 13.00 and 14.00 – 17.00 Monday to Friday. Closed on public holidays.



Workhouse Attic Memorial

Carrick on Shannon, Co Leitrim. Tel: 071 9621757

Email: stgeorgevisitorcentre@eircom.net Access to the 3rd Floor Attic Memorial is by a staircase where introductory displays give the background into why

Workhouses became a feature of the 19th

century in Ireland and a symbol of the Great Famine. Also located in the grounds is the site of the famine graveyard.

Open: Wednesday – Friday, 10.30 – 16.30. Open Saturdays in summers.

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ARTS, CRAFTS & THEATRE

Solas Art Gallery H4 Main Street, Ballinmore. Tel: 071 964 4210. Email: info@solasart.ie, www.solasart.ie

It is an artist led exhibition space. The main aim of the Gallery is to promote the arts in the wider local community by bringing an awareness of art to the public and making exhibition space accessible to artists, both full time and part time. Open: 10.00 - 18.00 Monday-Saturday

The Corn Mill Theatre H4 Carrigallen. Tel: 049 433 9626. Email: bookings@cornmilltheatre.com, www.cornmilltheatre.com The tradition of drama in Carrigallen goes back to the second last century. The present group was founded in 1963 as 'The Community Players' and there has been no break in activity since that time. In 1998 the company won the Esso All-Ireland Drama Finals in Athlone with Billy Roche's plays 'Belfry', directed by Killian McGuinness.

The Glens Centre G3 New Line, Manorhamilton. Tel: 071 985 5833. Email: georgina@theglencentre.com, www.theglenscentre.com The Glens Centre is a gorgeously intimate venue housed in a converted Methodist church. The Centre hosts a wide ranging programme including the best of contemporary, world, trad, folk and jazz concerts as well as a feast of theatre, readings, children's events and world cinema.

The Leitrim Sculpture Centre G3 New Line, Manorhamilton. Tel: 071 985 5098. www.leitrimsculpturecentre.ie, Email: info@leitrimsculpturecentre.ie The Leitrim Sculpture Centre is a national resource organisation supporting professional artists, their work, and the development of innovation and understanding in contemporary arts.

Leitrim Crystal 13 Market Yard Centre, Carrick-on-Shannon. Tel: 071 962 2255. Email: shop@leitrimcrystal.ie, www.leitrimcrystal.ie

The proprietor of Leitrim Crystal is a master glass cutter and welcomes visitors to view crystal being designed, cut and engraved. A family run business with 28 years experience which prides itself on giving an old style personal and friendly service.

CASTLES & CHURCHES

Manorhamilton Castle G3 Cluainín, Manorhamilton, Co. Leitrim. Tel: 086 2502593. Email: manorhamiltoncastle@gmail.com www.manorhamiltoncastle.ie

The Castle around which the town grew has a dramatic and colourful history. The heritage centre on site reveals the fascinating history of the castle and the many religious denominations of the area. Open: Tours on request by email. Admission: Adults ≤ 4 Students and Children ≤ 2 .

St Georges Heritage & Visitor Centre 13 Carrick-on-Shannon. Tel: 071 962 1757.

The story of Leitrim, its landscape, its history and its people is introduced in a lyrical audiovisual. A central theme is "Twin Traditions", the mingling of Gaelic and Planter cultures. St George's has been a place of Church of Ireland worship for nearly 200 years. Fully restored for church services its airy interior is lit by the glowing colors of stained glass. It provides a superb venue for concerts and other cultural events.

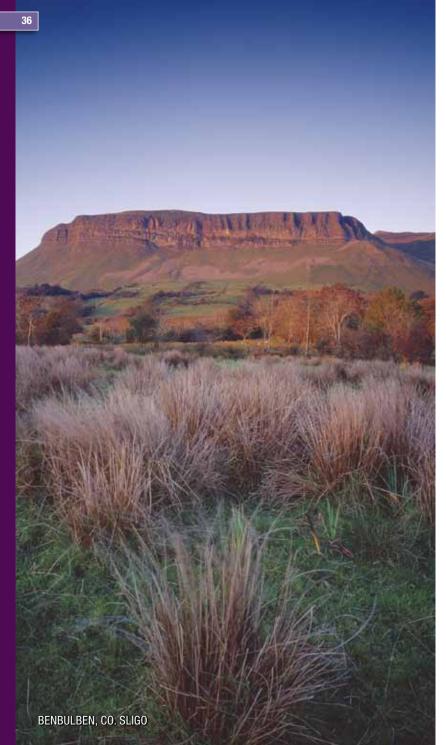
Costello Chapel 13 Bridge Street, Carrick-on-Shannon. Tel: 071 962 0170.

The Costello Memorial Chapel is the smallest chapel in Europe and the 2nd smallest chapel in the world. It was built in the 19th century by Edward Costello, a rich merchant, as a memorial and burial vault for his wife, Josephine who died two years previously. It is sixteen feet long, 12 feet wide and 30 feet high. Each side of the aisle holds a coffin lined with lead and covered with slabs of thick reinforced glass.

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All website & email links are live.



Sligo

Sligo stands out from neighbouring counties with a greener and more luxuriant appearance punctuated with distinctive limestone mountains such as Benbulben.

W.B. Yeats and his brother the artist Jack B. Yeats are strongly associated with the county and much of their work is set there.W.B. Yeats grave at Drumcliffe is a popular attraction. The well known epitaph penned by the poet himself reads *Cast a cold Eye On Life, on Death. Horseman, pass by.*

The Yeats Trail is an intriguing journey that draws you into the world of Nobel poet WB Yeats and his artist brother Jack Yeats. The Trail brings you on a unique experience through landscape, literature, history and culture. Consider this a "must do" on your visit!

Historically the county is quite significant, especially **Carrowmore** which is the largest megalithic cemetery in Ireland and one of the most important in Europe dating back to nearly 5,000 BC. **Lissadell House** has a romantic history, associated with both Yeats and the republican Countess Markieviecz. The house and estate are now in private ownership.

Another Sligo gem is **Eagles Flying**, Ireland's largest sanctuary for birds of prey and owls which also houses the **National Raptor Centre** and has regular bird shows for visitors. In Gurteen, south Sligo, the **Coleman Music Centre** welcomes visitors and regularly hosts events and music classes. **Sligo Folk Park** in **Riverstown**

promises a true experience of rural and Irish heritage that is based on a traditional cottage farm. A small replica cottage at the Folk Park called **'Mrs Buckley's Cottage'** has actually travelled all over the world for Irish celebrations.



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All website & email links are live.



Sligo towns and villages

Ballymote H2 is located 15 miles to the south of Sligo Town close to Keash Hill and boasts some of the best coarse fishing in the county.

Cliffony F2 in North Sligo overlooks Donegal Bay and Mullaghmore Harbour. Surrounded by sea and mountains, the area includes a series of pleasant discoveries such as the Gleniff Horseshoe and Creevykeel Court Tomb.

Collooney G2 located on a small hill 7 miles south of Sligo town. The rising of 1798, a milestone in Irish history is commemorated by the Teeling monument in the village.

Drumcliffe G2 nestled under the foot of Benbulben and famous as the final resting place of W B Yeats whose grave is in the churchyard under a simple headstone with the inscription: *"Cast a cold Eye On Life, on Death. Horseman, pass by."*

Easkey G1 lies on the river 'Lough Easkey' west of Sligo Town which is well known for its salmon and trout fishing and for its great surf. A mile south of Easkey is the unusual Split Rock – it is said that if someone dares to go through the split three times, the rock will close in on them!

Enniscrone G1 a charming resort on the shores of Killala Bay. The deep bay hosts a wonderful sandy beach, a 5km stretch with safe bathing. Take time out to relax at Kilcullens seaweed baths with hot seawater, seaweed and steam. The Moy estuary which forms part of the bay is a popular haunt for game anglers.

Grange G2 is the starting point for a spectacular drive through the Glennif Horseshoe. Huge limestone cliffs in the valley between the towering Truskmore and Kings Mountain and a cave associated with the legendary lovers Diarmuid and Grainne, are some of the features of the drive.

Gurteen H2 (Gorteen) located in South Sligo. Based on this unique history of traditional Irish music, Gurteen is host to the Coleman Irish Music Centre. Not too far away is Moygara Castle a 16th Century Castle overlooking Lough Gara that was once the principal home of the O'Gara clan.

Mullaghmore F2 is a small fishing village located between Cliffoney and Grange. A superb sandy beach stretching as far as the eye can see (3km), which is safe for swimming, windsurfing and water sports. It is renowned for being a base for licensed angling/passenger boats for charter, sea angling and trips to Inishmurray Island with sheltered anchorage for small and medium craft at the harbour.

Riverstown H2 a lovely village with Sligo Folk Park in the centre of it – a great haven for tourists, once a year the Folk Park hosts The Annual Vintage Day which is becoming more successful each year!

Rosses Point G2 is a seafaring village situated 8km from Sligo. A seaside resort with unique features, including an 18-hole championship golf course, two magnificent sandy beaches, a yacht club and fully equipped sea angling boats for hire.

Sligo Town G2 the largest town in the North-West The town is built on several gravel ridges giving it an interesting and cosy appearance and centers around its five bridges.

Strandhill G2 with its wild Atlantic waves is a very popular spot for surfers. It is said that it is one of the best places in Europe to surf. Please note that swimming is forbidden at Strandhill beach due to the very strong currents. No visit would be complete without relaxing in the seaweed baths at Voya situated on the sea front.

Tubbercurry H2 town is an important centre for traditional Irish music and dance and hosts the South Sligo Summer School. People all over the world come to play and learn. It is also an excellent angling centre for both coarse fishing and game angling.

For more information on Sligo's towns and villages, visit our website **www.discoverireland.ie**

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Ceoláras Coleman – Music/Visitor Centre H2 ৬ কি

Gurteen, Co. Sligo. Tel: 071 9182599 Email: info@colemanirishmusic.com www.colemanirishmusic.com

Ceoláras Coleman is a dedicated centre of Traditional Irish Music. The visitor

can enjoy the best of traditional music through audio-visual and touch screen facilities. The centre has a fully stocked retail outlet carrying a comprehensive range of CDs, music books, instruments, etc. Live music available on request.

Open: Mon – Sat 10.00 – 18.00. Season: All year. **Admission:** Adult €5, Family €10, Group rates available.



Eagles Flying/Irish Raptor Research Centre H2 & †‡†

Ballymote, Co. Sligo. Tel: 071 9189310 Email: eaglesflying@utvinternet.com www.eaglesflying.com The attraction for all the family – excitement, fun, photo opportunities and

much more at affordable prices.

Irelands' largest Bird of Prey Centre offers incomparable experiences. You have never been that close to an eagle. More than 100 Birds of Prey, some of them with a wingspan of 3 metres and many other animals are waiting for you. The interactive and highly entertaining bird shows start at 11.00 and 15.00 every day. Before and after the show you can watch birds in aviaries, cuddle animals in the Pet-Zoo or walk the park lands. In case of rain we can do the show in our purpose built Indoor Arena.

Open: 10.30 - 12.30 and 14.30 - 16.30. Season: 1st April – 7th November & 1st Dec – 30th Dec. (18.00 – 20.00), excl. 24th and 25th. **Admission:** Adult \in 9, Child \in 5.50, family and group rates available.



Yeats Society, Sligo G2 †‡†

The Yeats Society, Yeats Memorial Building, Douglas Hyde Bridge, Sligo. Tel: 071 91 42693 Email: info@yeats-sligo.com www.yeats-sligo.com

The Yeats Society operates all year round as a Literary Society, and as a Yeats

Exhibition Centre for tourists and visitors. Members and the public may avail of the Yeats Library, Art Gallery, Café and attend lectures, poetry readings, outings etc.

The 52nd Yeats International Summer School, 24th July – 5th August 2011. **Open:** 10.00 – 17.00, Mon – Fri. Season: All year. Closed for Bank Holidays and

for 3 weeks at Christmas. Admission: €2 per person, group leaders free.



Sligo County Museum G2 & †‡†

Stephen Street, Sligo. Tel: 071 9111679/071 9111850 Email: sligolib@sligococo.ie

The Museum is divided between a Yeats Collection and an accumulation of local artefacts and geological samples. Pride of place in the Museum is given over

to the display of the Nobel Prize medal and Citation awarded to William Butler Yeats, in 1923. There is also memorabilia associated with Countess Markievicz who fought in the Easter rising of 1916.

Open: May – Sep: Tue – Sat: 9.30 – 12.30, 14.00 – 16.45. Oct – Apr: Tue – Sat: 9.30 – 12.30. Season: All Year. **Admission:** Free.

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The Model (home of The Niland Collection) G2 & 수휴

The Mall, Sligo. Tel: 071 9141405 Email: info@themodel.ie www.themodel.ie

A world-class visitor centre it has a wonderful restaurant and cafe, bright

galleries, digital and performance space, a nationally significant art collection with works by Jack B Yeats and Paul Henry, artist studios, a performance space and a lovely bookshop.

Open: Wednesday – Saturday 11.00 – 17.30, Sunday 12.00 – 17.00. Closed Monday & Tuesday. Season: All year. **Admission:** Free entry to the galleries. Music Events are ticketed.



Sligo Folk Park H2 & †ंदेन

Millview House, Riverstown, Co Sligo. Tel: 071 9165001 or 086 2356688. Email: sligofolkpark@eircom.net www.sligofolkpark.com

Sligo Folk Park is the premier tourist attraction in the North West. Experience rural Irish heritage and culture from times gone by deep in the heart of Sligo.

Open: Mid April – September, Monday – Saturday 10.00 – 17.00; Sundays 12.00 – 17.00. October – Mid April, Monday – Friday 10.00 – 17.00. Group/Tour bookings available outside of these hours. Admission: Adults €6, Children €4, Family €18 (2A&2C), OAP €5, School tours €3pp. Coach Tour €5pp (includes guided tour for 1 hour).



W.B. Yeats Grave & Drumcliffe Church G2 & tht

Drumcliffe, Sligo. Tel: 071 9144956 or 071 9140273 Email: drumcliffeteahouse@eircom.net www.drumcliffe.ie

Drumcliffe, final resting place of W.B. Yeats and site of a 6th century Columbian

monastery. This beautiful site which nestles under Benbulben Mountain has an exciting range of activities for the visitor. Tea Rooms and Craft Centre.



Sligo Abbey G2 †‡†

Abbey Street, Sligo Town. Tel: 071 9146406 Email: sligoabbey@opw.ie www.heritageireland.ie

This Dominican Friary was founded in 1252/3. The site contains a great wealth of carvings including Gothic and

Renaissance tomb sculpture, well preserved cloister and the only sculptured 15th century high altar to survive in any Irish monastic church.

Open: 21st April – mid October: Daily 10.00 – 18.00. Mid October – November 2nd: Friday, Saturday, Sunday only 9.30 – 16.30. Last admission 45 minutes before closing. **Admission:** Adult: €3, Senior/Group: €2, Child/Student: €1, Family: €8.



Carrowmore Megalithic Cemetery

G2 & (Visitor Centre Only)

Carrowmore, Sligo. Tel: 071 916 1534 Email: www.heritageireland.ie

This is the largest cemetery of megalithic tombs in Ireland, with monuments ranging from 5500 to 6500 years old.

Archaeologists have recorded over 60 tombs of which 30 are visible. A restored cottage houses an exhibition relating to the site.

Visitors are advised to wear shoes suitable for walking on uneven terrain. **Open:** 10.00 – 18.00 (Last admission at 17.00). 21st April to 12th October. Admission: Adult: €3, Senior/Group: €2, Child/Student: €1, Family: €8.



Voya Seaweed Baths G2 ୯.

Strandhill, Sligo. Tel: 071 9168686. www.voyaseaweedbaths.com

VOYA'S Organic Spa treatments are perfect for an effective natural detoxifying process of skin. Voya will delight and relax the soul while enhancing the mind and body.

Admission: €25 (single Seaweed Bath) €35 two sharing, €50 double bath. Organic seaweed massages, wraps, facials etc all available from €40. Open: All year.







Islands and Heritage Attractions

Inishmurray F2 A small uninhabited island, Inishmurray is a nationally important bird sanctuary. The well preserved remains of monastic buildings and the islands village can be seen, including mysterious cursing stones, altars and beehive cells.

Coney Island G2 Accessible by land at low tide, it is believed locally that it's more famous namesake in New York was named after the Irish island by a Sligo sea captain. The mud flats provide water feeding grounds for the Brent goose, as well as wild duck and waders.

Dolly's Cottage G2 Strandhill, Co Sligo, Tel: 071 9167564. Dolly's Cottage is a 200-year-old traditional thatched cottage, the only one of its kind in the area, which is open to the public in the summer months.

Maeve's Cairn G2 Overlooking Carrowmore megalithic cemetery on the summit of Knocknarea Mountain is the huge flat-topped cairn called 'Miosgan Meadhbha' (Maeve's Cairn). Folklore suggests it was built for the mythical Maeve, the Iron Age Queen of Connaught. Walkers can access via a dirt track from base to summit.

Ballymote Castle H2

Richard de Burgo, the "Red Earl" of Ulster, built the remains of this Anglo-Norman castle in AD1300, and it was the strongest fortress in Connaught.

Sligo Folk Park H2 Tel: 071 9165001, www.sligofolkpark.com Sligo Folk Park promises a true experience of rural and Irish Heritage at the turn of the late 19th century. Riverstown, Co. Sligo.

Drumcliffe Round Tower And High Cross G2 Drumcliffe, Sligo. Monastic settlement dates from 574AD. The principle visible remains are of a round tower, a high cross and a fragment of a plain high cross.

Boat Trips

Rose of Innisfree – Departs from Parkes Castle, visits the area of outstanding natural beauty on Lough Gill. Tel: 087 2598869. www.roseofinnisfree.com Email: info@roseofinnisfree.com

Fishing Trips

Lomax Boats & Angling, Mullaghmore. Tel: 087 2727538. www.fishinginireland.info/charterboats/sligo.htm email: tlomax@eircom.net

Peter Power - "Prospector 1", Mullaghmore. Tel: 01 8430380, www.bavangling.freeservers.com Email: papower@iol.ie

Gerry Sheerin – "Ellen Louise", Mullaghmore. Tel: 086 8282782. www.fishinginireland.info/chaterboats/sligo.htm

Keith Clarke - "MV Fiona Tee", Mullaghmore. Tel: 071 9142738. www.fishinginireland.info/charterboats/sligo.htm

Donal Kennedy - "Leah", Killala Bay & Enniscrone. Tel: 096 36644. www.dkennedyangling.net Email: daka@eircom.net

Daryl Ewing, "Sea Star", Rosses Point. Tel: 086 8913618. www.sligoboatcharters.com Email: info@sligoboatcharters.com

Francis Maye, "M.V. Spirit", Rosses Point Tel: 086 0675833. www.spiritadventure.net Email: skipper@spiritadventure.net

Declan Kilgannon - "M.V.Assaroe", Mullaghmore. Tel: 087 6100111. www.offshore.ie

Gerard Cunniffe - "M.V. Roustabout", Mullaghmore. Tel: 087 7701596. www.fishinginireland.info/charterboats/sligo.htm71

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THEATRE & ARTS

Blue Raincoat Theatre Company G2 Tel: 071 9170431. www.blueraincoat.com A professional ensemble based at The Factory Performance Space.

Hawk's Well Theatre G2 Sligo. Tel: 071 9161518. www.hawkswell.com One of the oldest regional theatres in the country.

The Model G2 performance space is a state-of-the-art 244 seater theatre, which hosts gigs from BellX1 to Sligo New Music Festival and The Model's own comedy programme Craic in The Box. Email: info@themodel.ie, www.themodel.ie

Teach Bán Contemporary Artists Gallery G2 Drumcliffe, Co. Sligo. An Art gallery promoting visual artists of all ages. Tel: 0877549760. www.teachban-artgallery.com Open: 10.00 – 16.30 Season: March – October. Admission: Free

Hamilton Gallery G2 4 Castle Street, Sligo. Tel: 071 9143377. www.hamiltongallery.ie Contemporary Irish Art Gallery Open: Mon-Sat 10.00 – 17.00. Admission: Free.

MADE IN SLIGO CRAFT TRAIL

12 craft studios are open throughout the county to welcome you to enjoy at first hand the skills of the craftsperson and their trade. To meet the makers, hear their stories, share their inspiration and watch their skill is a craft experience not to be missed. It's completely free of charge. Craft trail maps are available in the tourist office or to download on www.madeinsligo.ie. The Craft Trail is signposted throughout the county. Be aware of the fingerpost signs directing you to the craft producers.

Breeogue Pottery G2 Knocknahur, Co. Sligo. A wide range of functional and decorative hand crafted ceramic pieces. Tel: 071 9168929. www.breeoguepottery. com email:breeoguepottery@eircom.net, GPS Coordinates: 54.2359N 8.5433W

M and **N** Design **G2** Beulah Terrace, Finisklin, Sligo. Specialises in creating beautiful once off solid wood pieces, just about anything our imagination or our customer can throw at us. Tel: 071 9161537 or 087 674 1469. Email:info@mandnfurnituredesign.com, www.mandnfurnituredesign.com GPS Coordinates: 54.277N 8.488W **Oriain Pottery I John Ryan H2** Lisananny, Ballymote, Co. Sligo. Makes both functional and decorative pieces that reflect the rural landscape where he is based. Tel: 071 9183838. Email: oriainpottery@hotmail.com www.oriainpottery.com, GPS Coordinates: 54.270N 8.471W

Rachel Quinn I CeramicsH2Cloonacurra, Ballinacarrow, Co. Sligo.Inspiration is gleaned from the commanding landscape and history which surroundsher home and studio. Tel: 071 9167767 or 087 210 9020.Email: rachaelquinnceramics@eircom.net, www.rachelquinnceramics.ieGPS Coordinates :54.270N 8.471W

Badu Design I Billy Moore H2 Bricklieve Mountain, Carrownacreevy, Kesh, Ballymote, Co. Sligo. Bronze casting along with Raku firing has provided a greater range which also incorporates garden sculptural form and Public Art Commissions. Tel: 071 9189250 or 086 067 7834. Email: marby@eircom.net, www.billymooreartist.com, GPS Coordinates :54.224N 8.630W

Lynda Gault Ceramics G2 Area 4 Studios, Lower Quay St., Sligo. Each piece is made entirely by hand from throwing & hand building to glazing & firing and also enjoys using some sculptural techniques. Tel: 071 9114155 or 086 809 4257. Email: info@lyndagaultceramics.ie www.lyndagaultceramics.ie, GPS Coordinates: 54.274N 8.478W

Meadow Miniatures H2 Bunninadden, Ballymote, Co. Sligo. Pressed Flower Jewellery collections inspired by the natural beauty of the wonderful and abundant landscape surrounding their studio in the foothills of the Ox Mountains. Tel: 071 9189215, Email: meadowminitures@eircom.net www.meadowminiatures.com, GPS Coordinates: 54.068N 8.603W

Tiffany Budd Jewellery H3 Ballinashee, Geevagh, Co. Sligo. Creates beautiful one off pieces in silver or gold, taking inspiration from architecture & everyday items as well as the larger environment in Sligo and beyond. Tel: 087 611 3777. Email: info@tiffanybudd.com, www.tiffanybudd.com GPS Coordinates: 54.1024N 8.2374W

Ciaran McHugh Photography G2 The Waterfront Gallery, Rosses Point, Sligo. Responsible for one of the most compelling ranges of contemporary landscapes photography of Sligo and the North West of Ireland. Tel: 086 851 0410. Email: mail@ciaranmchugh.com, www.ciaranmchugh.com GPS Coordinates: 54.306N 8.564W

Ana Faye G2 Unit 2 Sligo Enterprise Centre, Strandhill, Sligo. Ana's creations of handbags and accessories are outstandingly refined and elegant – using pure clean geometric lines juxtaposed with elegant curves. Tel: 087 685 3095. Email: info@anafaye.com, www.anafaye.com, GPS Coordinates: 54.277N 8.596W

Tom Callery Ceramics H2 Cloonamanagh, Ballymote, Co. Sligo. Working from sketches & photographs of river banks, bogs & landscapes, he incises these images onto soft clay forms & then uses an ancient Japanese glazing technique called "raku" which produces rich, iridescent colours & hues. Tel: 071 9197977 or 087 767 4992. Email: tomcalleryceramics@gmail.com, www.calleryceramics.com, GPS Coordinates: 54.1342N 8.5525W

Gilbert Henry Goldsmith G2 1 High Street, Sligo. Creates amazing pieces in gold, platinum, palladium & silver, Gilbert is well known for his passion for each design & the story it tells. Tel 071 9143013 or 087 216 2446. www.gilberthenry.com email:info@gilberthenry.com, GPS Coordinates: 54.270N 8.473W

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The Yeats Trail

William Butler Yeats, (1865 – 1939) Nobel Prize winner, poet, dramatist, critic and senator was born in Dublin. Yeats is regarded as one of the greatest English language poets of the 20th Century and co-founder with Lady Gregory and Edward Martyn of the Abbey Theatre. Yeats is buried in Drumcliffe Graveyard in Sligo.

"Come away, O human child, to the waters and the wild..." The Stolen Child, William Butler Yeats 1886

The Yeats Trail has been developed for those of you who love grand old houses, magnificent scenery, a fine flavour of Irish culture and great stories.

Locations not to be missed on the Yeats Trail

Visit Yeat's grave, at Drumcliffe Church - Sligo.

The final resting place of W.B.Yeats and site of a 6th century Columbian monastery. This beautiful site which nestles under Benbulben Mountain has an exciting range of activities for the visitor. Just 7km North of Sligo on the N15. Tel: 071 91 44956. Fax: 071 9148971. Email: drumcliffeteahouse@eircom.net

Yeats Memorial Building, Hyde Bridge, Sligo.

The Yeats Society occupies a delightful heritage building in the centre of Sligo Town. It presents a fascinating photographic exhibition of the life and times of W.B. Yeats and his family. Tel: 071 9142603. Email: info@yeats-sligo.com www.yeats-sligo.com, Entry fee: €2.

Kiltartan Gregory Museum - Galway.

Award-winning museum housing the works of lady Gregory, local history, artifacts, photos, manuscripts and an early 20th Century classroom. Tel: 091 632346/631069.

Thoor Ballylee, Gort, Co. Galway.

W.B. Yeats bought this ancient Norman tower and adjoining cottages in 1916. Watch the audio visual presentation on the life and times of W. B. Yeats, or enjoy a beautiful riverside walk to the ancient mill and mill wheel. This site is temporarily closed due to flood damage.

Coole Park, Gort, Co. Galway. Coole Park & Visitor Centre, now a nature reserve, was the home of Lady Augusta Gregory, dramatist and co-founder with Edward Martyn and W.B. Yeats of the Abbey Theatre. Tel: 091 631804. Fax: 631653. Email: info@coolepark.ie www.coolepark.ie

The Model, The Mall, Sligo.

This beautiful building is home to the impressive Niland Art Collection, featuring John and Jack B. Yeats, Estella Solomons, Paul Henry and Louis Le Broquy, among others. The centre also has a vibrant performing arts programme, which includes an eclectic mix of jazz and contemporary music, classical and traditional. Tel: 071 9141405. Email: info@themodel.ie, www.themodel.ie

Sligo County Museum, Stephen St., Sligo.

Sligo County Museum's Yeats' collection includes a selection of photographs, prints, artefacts and memorabilia. Tel: 0719146798. Email: sligolib@sligococo.ie

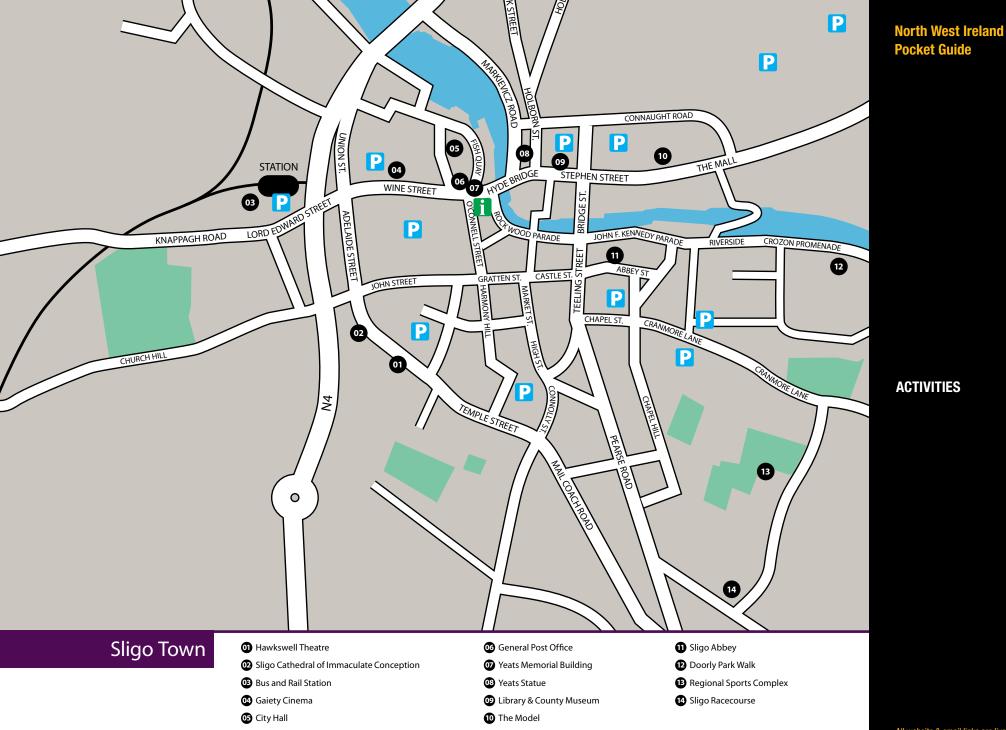
The Dublin Writers Museum, 18 Parnell Square, Dublin 1.

Yeats, Swift and Sheridan, Shaw and Wilde, Joyce and Beckett are among those presented through their books, letters, portraits and personal items.

Situated in a magnificent 18th century mansion in the north city centre, the collection features the lives and works of Dublin's literary celebrities over the past three hundred years. Tel: 01 8722077. Fax: 01 8722231.

For further information on the Yeats Trail please contact Sligo Tourist Office. Tel: 071 9161201

North West Ireland Pocket Guide



All website & email links are live.

North West Ireland Pocket Guide

Touring Routes

We have chosen some great driving routes which will introduce you to many of the region's most famous sights and attractions and also to lesser known gems.

Please note that the length and recommended time of drives are approximate, depending on number of sites visited along routes and time spent there. Routes can be travelled in any direction and from any starting point, map illustrations are intended as a guide only, and routes should be used in conjunction with reference to a good road map of Ireland.

DONEGAL BAY DRIVE

Route 1: Bundoran » Pettigo » Donegal » Killybegs » Malin Beg » Ardara » Donegal

Distance: 198km/123miles (approx)

Leaving **Bundoran** seaside resort, travel north on the N15 to **Ballyshannon**, then take the R231 to **Creevy Pier** and **Rossnowlagh** set in 4km crescent of golden sand. Pressing on, you rejoin the



N15 north and at Laghey take the R232 to Pettigo then the R233 to Lough Derg, which attracts over 30,000 annually to its pilgrimage site. Return to the N15 to Donegal Town, a bustling town. Take the N56 to Mountcharles, Inver, Dunkineely and into Killybegs, a fishing town with Ireland's largest fleet of trawlers. Then take the R263 Kilcar & Carrick, a picturesque area with its mountains, valleys, beaches and bays. Enjoy scenic views of Sliabh Liag, which are said to be the highest marine cliffs in Europe. The next villages of Malin Beg and Malin More have wild scenery, dramatic cliffs and sandy beaches leading on to Glencolumbkille renowned for its wealth of traditional culture, music and prehistoric settlements. Then take the R330 through the Glengesh Pass to Ardara

ARDARA TO THE BLUESTACKS

Route 2: Ardara » Rosbeg » Portnoo » Glenties » Ballybofey » Barnesmore Gap » Donegal Distance: 93km/58miles (approx)

Departing **Ardara**, a Heritage town and a centre for the manufacture of hand woven tweed, on the R261 north, divert left to **Rosbeg** a lovely resort village and angling centre

with fine sandy beaches. Continue on through the twin towns of Narin/Portnoo rejoining the R261 north. The next stop is Kilclooney with its megalithic sites notably the Kilclooney Dolmen. The Dolmen Eco Tourism Centre, the first green energy centre is located here. Then the N56 south to Glenties, the prolific winner of the National Tidy Towns competition, set against a backdrop of beautiful mountain scenery is your next stop. The R250 will take you to Fintown and the only operational narrow gauge railway in Donegal. Then the R252 to the twin towns Ballybofey/ Stranorlar linked by an arched bridge. Take the N15 south to Barnesmore Gap the impressive gateway between north and south Donegal, past Lough Eske surrounded by the Bluestack Mountains and on to Donegal Town.

THE ROSSES & GWEEDORE

Route 3: Dungloe » Kincasslagh » Crolly » Meenlaragh » Churchill » Dungloe

Distance: 176km/110miles (approx)

Dungloe capital of the Rosses and home to the Mary from Dungloe Festival is your starting point. The R259 will take you on a crescent drive visiting **Burtonport**, a fishing port where you can



embark for the island of **Arranmore**. You may visit **Cruit Island** a wildfowl sanctuary. **Kincasslagh** home to the famous singer Daniel O'Donnell and to **Annagry/Crolly** is situated in the heart of the Irish speaking Rosses and home to Clannad and Altan. The N56 north will bring you to **Gweedore**, then take the R257 north to **Bunbeg and Derrybeg**. Catch the ferry to **Tory Island** from **Meenlaragh** or continue onto **Gortahork** and on to **Falcarragh**. Head back on the R256 and onto **Glenveagh National Park** containing some of the finest castle gardens in Ireland. The R251 will take you onto **Churchill**. Return to **Dungloe** via the R254, then the R252 and the N56 north.

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FANAD PENINSULA TO SHEEPHAVEN BAY

Route 4: Letterkenny » Falcarragh » Dunfanaghy » Milford » Fanad Head » Rathmullan » Letterkenny

Distance: 188km/115miles (approx)

Leave **Letterkenny**, the largest town in Donegal and gateway to Fanad peninsula on the R245 for **Ramelton** a heritage town.



Continue on to **Rathmullan** a popular seaside resort and famous for the historical Flight of Earls. Take the R268 to **Portsalon** home to Ballymastocker Bay and its beautiful beach. Take the R247 to **Fanad Head** and its scenic drive. Then you may take the Harry Blaney Bridge from Leat Beg to Carrigart, or retrace your steps taking the R246 and the R245 to **Milford** which lies at the foot of Mulroy Bay. Continue on the R245 to **Carrigart, Downings, Rosapenna** and **Rosguill** which offers some of the most spectacular views of the Atlantic Ocean. Rejoin the N56 north to **Creeslough** with Doe Castle and Ards Forest Park in the nearby vicinity. Continue on to **Marble Hill, Portnablagh** and **Dunfanaghy** and follow the Horn head drive for the dramatic views of the powerful Atlantic. Then drive onto **Falcarragh** and through the **Muckish Gap** to **Kilmacrennan**, returning to **Letterkenny** via the N56.

RAPHOE, GRIANAN AILEACH & INCH ISLAND

Route 5: Letterkenny » Raphoe » Lifford » Newtown Cunningham » Inch Island » Letterkenny

Distance: 122km/78miles (approx)

Starting in **Letterkenny**, take the N13/R239 to **Convoy**, divert south to the villages of **Killygordon** and **Castlefinn** and then take N15



north to **Lifford** which for centuries has been gateway to Donegal's archaeological hinterland. The R264 north will take you to **Raphoe** set in rich farming country with its triangular 'Diamond' is a typical 17th century Plantation town. Continue on the R264 joining the N14 and the N13 north to **Burt** and Grianan Aileach Stone fort which dates back to 1,700BC. It is closely associated with Niall of the Nine Hostages. Burt Castle is one of the best known castles situated near the main Derry to Letterkenny road. Passing through **Bridgend** which is the starting point of the Inishowen 100 scenic drive, take the R238 to **Burnfoot** and onto the nature reserve on **Inch Island**, an excellent place for bird watching.

INIS EOGHAIN 100

Route 6: Buncrana » Dunaff » Cardonagh » Malin Head » Culdaff » Greencastle » Muff » Fahan » Buncrana

Distance: 147km/91miles (approx)

Beginning in the town of **Buncrana** with its 5km of sandy beach and Fort Dunree Military Museum, take the R238 to **Clonmany** and then onto **Ballyliffin** a golfer's paradise

and home to Doagh Visitor Centre. **Carndonagh** is the main agricultural centre serving farmers for miles around. Travel via the R242 to Malin with its 10 arched stone bridge and then to **Malin Head**, the most northerly point in Ireland. Retracing your steps to **Malin** take the R243 to **Culdaff**, rich in historical sites and then to **Kinnagoe Bay**, then rejoin the main R241 road south at **Stroove**. The strand here leads to a cave through a natural arch. Continue on through **Greencastle**, a commercial fishing port and ferry crossing to Magilligan and home to Inis Eoghain Maritime Museum and Planetarium. The drive continues through the beautiful small towns and villages of **Moville, Redcastle, Muff** and **Fahan** and then back to **Buncrana**.





ACTIVITIES

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SHANNON ERNE TOUR

Route 7: Carrick-on-Shannon » Ballinamore » Carrigallen » Dromod » Jamestown » Carrick-On-Shannon

Distance: 92km/58miles (approx)

Beginning in **Carrick-on-Shannon**, take the R280 north follow the signs for **Leitrim Village** which is the gateway to the Shannon-Erne



waterway. Continue on the R209 for Keshcarrigan. **Ballinamore** is the next village of your tour and here is where you will find the Leitrim Genealogical Centre, Museum and Library. Leaving Ballinamore on the R204 connecting to the R201 to **Carrigallen**. **St Patrick's Holy Well** is worth a visit in this area. Continuing on the R201 to **Mohill** and **Lough Rynn** estate which contains 100 acres of rare woodland and exotic, walled ornamental gardens. Then the R202 to **Dromod** a lively town on the banks of the River Shannon, where Steam train excursions are available. Then join the N4 north and divert to **Drumsna Village**, situated on a hill overlooking the Shannon. Then on to **Jamestown** a pleasant mooring spot and return to Carrick-on-Shannon via the N4.

LOUGH ALLEN TOUR

Route 8: Drumshanbo » Ballinaglera » Dowra » Drumkeerin » Drumshanbo Distance: 46km/28miles (approx)

Start this tour in **Drumshanbo**. The **Sliabh Na Iarainn Visitor Centre** provides an audio visual history of Leitrim, an area renowned for traditional music. Try the excellent facilities at the **Acres Lake Amenity Area**.



Take the R207 for **Ballinaglera** where you will find the **Lough Allen Adventure Centre**, which offers a wide range of activities. Next stop is **Dowra**, a walker's paradise as The Miners, The Leitrim and The Cavan Way all meander through the area. From Dowra take the R200 to **Drumkeerin Village** which boasts a fine Heritage Centre. Leaving **Drumkeerin** take the R280 to **Tarmon** where you will come across the Abbey, which was founded by the O'Rourke family. This ancient building stands in ruins amidst graves and tombstones on Lough Allen's shore. Lavagh forest is nearby. Continue on the R280 back to **Drumshanbo**.

LOUGH GILL

Route 9: Sligo » Slish Wood » Dromahair » Sligo

Distance: 35km/22miles (approx)

From **Sligo** town take the R287 for **Dromahair**, stopping at the **'Holywell'** where mass was celebrated during Penal times. Then you will soon reach **'Dooney Rock'** mentioned in Yeats poem the Fiddler of Dooney. This circuit trail

leads to a stunning vista at the summit. Next stop is **Slish Wood** where you will find a pleasant forest, lakeshore and hillside walks. Further on the circuit of Lough **Gill meander down lanes to view the Lake Isle of Innisfree**. Passing through **Dromahair** Village and take the R288 to **Parkes Castle**, a 17th century fortified manor house. From here you may take a cruise aboard the **Rose of Innisfree**. Head back towards **Sligo** on the R286 around the northern end of Lough Gill with views over Clogagh Lough. Enroute to **Sligo**, visit **Hazelwood** with its forest park and trail, which will be signposted.

NORTH SLIGO

Route 10: Rosses Point » Sligo » Drumcliffe » Mullaghmore » Creevykeel Court Tombs » Gleniff Horseshoe » Glencar » Sligo Distance: 93km/58miles (approx)

Leaving **Rosses Point**, a picturesque village with beaches, golf course and sailing club, on the R291, back towards **Sligo** head



north on the N15 to the village of **Rathcormac** where a magnificent bronze memorial of Countess Markievicz stands. Next is **Drumcliffe**, the final resting place of W.B Yeats. On to **Cliffony** take the R279 to **Mullaghmore** with its wonderful headland and Classiebawn Castle on the horizon and Inishmurray Island in the distance. Return to the N15 north to visit **Creevykeel Court Tombs** and take the scenic drive around the **Gleniff Horseshoe** back towards **Sligo**.

At **Castletown** village take the signpost for **Glencar Waterfall** which inspired Yeats in his poem "Stolen Child". Follow the road around the lake emerging at the N16 and take a right turn back to **Sligo** above **Glencar Lake**.

WEST SLIGO

Route 11: Sligo » Strandhill » Ballysadare » Beltra » Easkey » Enniscrone » Sligo

Distance: 110km/69miles (approx)

Leave **Sligo** taking the R292 to **Strandhill** Seaside Village, where the great Atlantic provides spectacular surfing. Knocknarea Mountain dominates the peninsula, the legendary burial place of Queen Maeve.



Continue on the R292 until you reach **Ballysadare**. Take the N59 on to **Beltra** where you will see the **Ox Mountains** on your left. Before entering **Skreen** turn towards **Knockalongy**, to take the scenic drive along over the mountains known as **Ladies Brae** and it offers panoramic views of the Sligo Coastline. Back on the N59 you may take a right out to **Aughris Head** which offers a wild and rugged cliff walk. Continuing on, take the R297 to **Easkey**, famous for its salmon and trout and then on to **Enniscrone** a little seaside holiday town famous for its sunsets. The stunning beach known as the Hollow stretches for 5km. Return to **Sligo** via the R297 and the N59.

SOUTH SLIGO

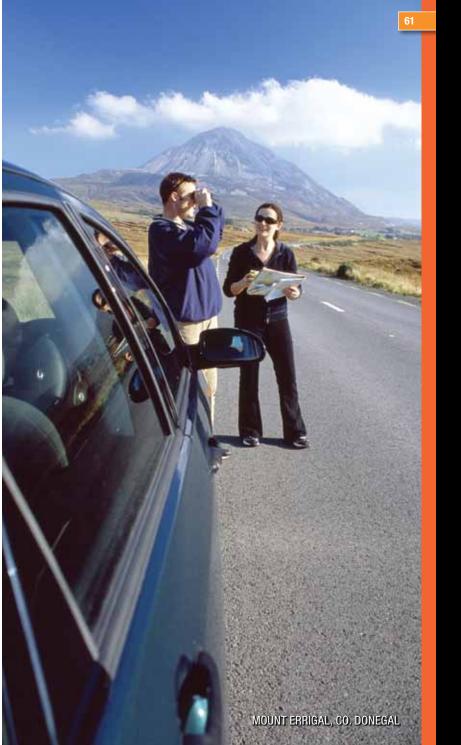
Route 12: Sligo » Castlebaldwin » Keash » Gorteen » Ballymote » Sligo

Distance: 81km/50miles (approx)

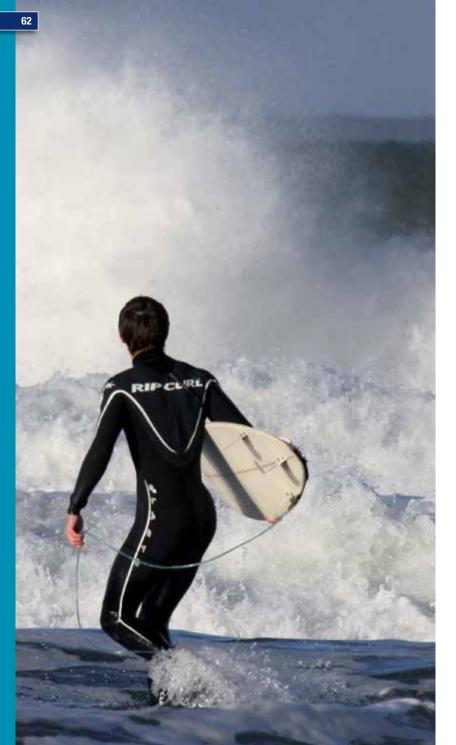
From **Sligo** take the N4 south, divert to **Riverstown** and visit **Sligo Folk Park**. Return to the N4 to **Castlebaldwin**. By taking the small back roads we come to **Keash** where you can view the



'The Caves of Keash'. From Keash take the R295 to Gorteen, otherwise known as 'Coleman Country' where you can visit the Coleman Music Centre dedicated to ensuring that the tradition of Irish music remains a living one. Take the R293 which will bring you to a traditional market town known as **Ballymote** and nearby you can visit **Eagles Flying**, the Irish Raptor Research Centre where you can see many birds of prey and watch wonderful flying demonstrations. Return to **Sligo** on the N17.



North West Ireland Pocket Guide



Adventure & Water Sports

From breathtaking abseils to tranquil walks spanning the length of Sligo and Donegal's mountains, lakes and coastline, there are a range of adventure activities to suit outdoor junkies of all levels. So why not abandon your comfort zone and take a walk on the wild side! Check out some of the very best locations in Ireland.

The North West is the perfect spot for a fun and spine-tingling adventure holiday, with a plethora of water activities to enjoy, ranging from surfing to windsurfing and gravity defying kite boarding! Beaches like Enniscrone, Easkey, Strandhill and Bundoran have become internationally renowned and there are several surf schools dotted around the area. Some even cater for girls only! However, all levels of experience are catered for, so it's the perfect place for the whole family or a group of friends to experience a fun and challenging adventure break.

Fully equipped licensed boats are available for deep sea fishing around the coast with an experienced skipper to guide you. Or captain your own boat, take to the waves, sail along the Atlantic coast, feel the wind in your hair and taste the salt on your skin. Exhilarating! For those who enjoy being less active there are also pleasure cruises available along the waters off the coast where you can sit back, relax and absorb yourself in the most unspoilt views in Ireland.

North West Ireland Pocket Guide



ADVENTURE & WATER SPORTS IN IRELAND'S NORTH WEST

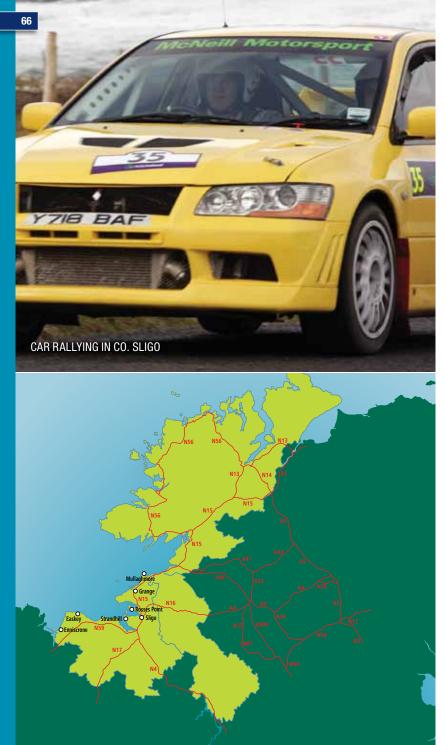
	Name	Description	Address	Telephone & Web
DONEGAL	Letterkenny Karting Centre	Go-Karting	Letterkenny	074 9129077 www.letterkennykarts.com
	The Old Foundry Paintball Games Ltd	Paintball	Letterkenny	074 9128086 www.letterkennypaintball.ie
	Castlefin X-Treme Karting	Go-Karting, Tank Driving	Castlefin	086 8888041 www.tankdrivingireland.com
	Donegal Adventure Centre	Surfing, Kayaking, Archery, Skateboarding, Abseiling, Body Boarding	Bundoran	071 9842418 www.donegaladventurecentre.net
	Gartan Outdoor Pursuits Centre	Surfing, Kayaking, Archery, Canoeing, Power Boating, Rock Climbing, Wave Skiing, Windsurfing	Churchill	074 9137032 www.gartan.com
	The Lakeside Centre	Surfing, Sailing, Kayaking, Archery, Canoeing, Windsurfing, Orienteering	Ballyshannon	087 7920302 www.discoverireland.ie
	Inishowen Quad Safari	Quad Biking Treks	Buncrana	087 6646346 www.inishowenquadsafari.ie
	Mulroy Clay Pigeon Club	Clay Pigeon Shooting	Milford	074 9153230 www.discoverireland.ie
	Mevagh Dive Centre	Diving	Carrigart	074 9154708 www.mevaghdiving.com
	Inishfree Charters	Diving	Burtonport	074 9551533 www.inish.ie
	Rossnowlagh Surf Club	Surfing/Surf School	Rossnowlagh	071 9852517 www.discoverireland.ie
	Dive Tory	Diving	Tory Island	074 9135920 www.toryferry.com
	Just Kayak	Kayaking, Canoeing	Moville	074 9385903 www.justkayak.ie
	Ballyshannon Leisure Centre	Swimming Pool, Gym	Ballyshannon	071 9852818 www.discoverireland.ie
	Inishowen Surf School	Surfing/Surf School	Inishowen	087 7773323 www.inishowensurfschool.com
	Aura Leisure Complex	Swimming Pool, Gym, Aerobics Studio	Letterkenny	074 9106422 www.auraleisure.ie
	Bundoran Surf Company	Surfing/Surf School	Bundoran	071 9841968 www.bundoransurfco.com
	Buncrana Leisure Centre	Swimming Pool, Gym	Buncrana	074 9361000 www.discoverireland.ie
	Jaws Water Sports	Surfing, Sea Kayaking, Kite Surfing	Dunfanaghy	086 1735109 www.discoverireland.ie
	Finn McCool Surf School	Surfing/Surf School	Rossnowlagh	071 9859020 www.donegalsurfing.com
	Adventure One Surf School	Surfing/Surf School	Fanad	074 9150262 www.adventureone.net
	Turf n Surf	Surfing/Surf School	Bundoran	071 9841091 www.turfnsurf.ie
	Narosa Life	Surfing/Surf School	Dunfanaghy	086 8831090 www.narosalife.com
	Surf World	Surfing/Surf School	Bundoran	071 9841223 www.surfworld.ie
LEITRIM	Lough Allen Adventure Centre	Windsurfing, Kayaking, Hill Walking, Survival Skills	Ballinaglera	071 9643292 www.loughallenadventure.com
	Battlebridge Paintball	4 Purpose Built Gaming Areas	Carrick-on- Shannon	086 1664959 www.battlebridgepaintball.ie
	Aura Leitrim Leisure Centre	Swimming, Gym	Carrick-on- Shannon	071 9671771 www.auraleisure.ie/leitrim
	Carrick-on-Shannon Rowing Club	Rowing	Carrick-on- Shannon	www.carrickrowingclub.com

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ACTIVITIES

All website & email links are live.



ADVENTURE & WATER SPORTS IN IRELAND'S NORTH WEST						
Name	Description	Address	Telephone & Web			
Lough Bo Shooting Centre	Clay Pigeon Shooting	Riverstown	071 9165141 www.loughbo.ie			
Mullaghmore Sailing Club	Dingy Sailing & Mooring Available	Mullaghmore	071 9144392 www.mullaghmoresailingclub.org			
Paddle Monkey	Kayaking	Dromahair	071 9134977 www.paddlemonkey.info			
LSD Kiteboarding	Kite Surfing & Power Kite Lessons	Rosses Point	086 8051390 www.lsdkiteboarding.com			
M.V. Spirit	Off Shore Surfing	Sligo	086 0675833 www.spiritadventure.net			
Sligo Rowing Club	Rowing	Sligo	087 6189156 www.sligorowingclub.ie			
Sligo Yacht Club	Sailing	Rosses Point	071 9177168 www.sligoyachtclub.org			
Gerry Sheerin	Diving & Boat Charter	Grange	071 9166472 www.fishinginireland.info			
Offshore Water Sports	Diving & Power Boating	Mullaghmore	087 6100111 www.offshore.ie			
North West Surf School	Surfing/Surf School	Enniscrone	087 9595556 www.atlanticsurfschool.com			
County Sligo Surf Club	Surfing/Surf School	Strandhill	071 9151729 www.discoverireland.ie			
Seventh Wave Surf School	Surfing/Surf School	Enniscrone	087 9716389 www.seventhwavesurfschool.com			
Strandhill Surf School	Surfing/Surf School	Strandhill	071 9168483 www.strandhillsurfschool.com			
Perfect Day Surf School	Surfing/Surf School	Strandhill	087 2029399 www.perfectdaysurfing.com			
West Sligo Surf Club	Surfing/Surf School	Easkey	087 2333789			
West Coast Surf School	Surfing/Surf School	Strandhill	086 3067053 www.westcoastsurfschool.ie			
Point Break Surf School	Surfing/Surf School	Strandhill	087 2392934 www.pointbreaksurfschool.com			
Waterpoint	Swimming, Gym, Astro Turf Pitch	Enniscrone	096 36999 www.waterpoint.ie			
Sligo Regional Sports Centre	Swimming, Gym, Badmington, Basketball, Indoor Soccer	Sligo	071 9160539 www.discoverireland.ie			
Turf n Surf	Surfing/Surf School	Strandhill	071 9841091 www.turfnsurf.ie			

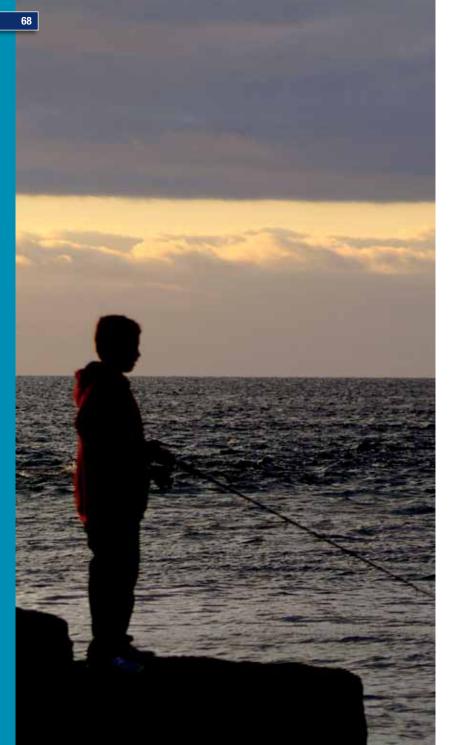
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ACTIVITIES

All website & email links are live.



Angling

The North West is home to major salmon and sea trout fisheries with countless smaller wild game fisheries. Fully equipped modern charter boats dotted around our vast coastline guarantee an exhilarating sea angling experience. Different coarse angling waters for each day of the year makes the North West an ideal destination.

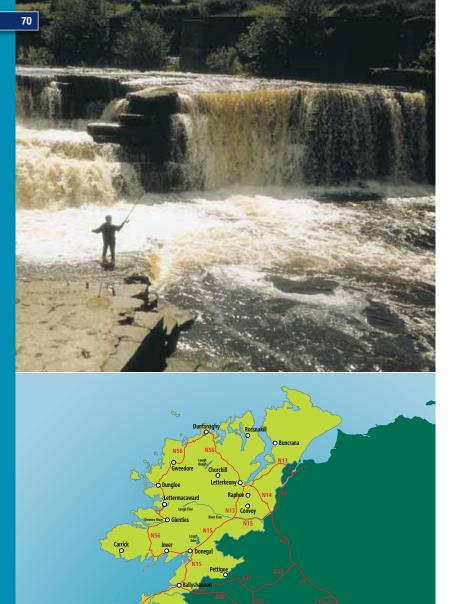
The many lakes and rivers in County Leitrim support a huge population of wild fish. Coarse anglers will find good stocks of bream, roach, rudd, hybrids, tench, pike, eels and perch.

If your idea of game angling heaven is solitude, wild fish, scenery and unspoilt fishing then look no further. The region possesses a number of high quality salmon and trout fisheries including The Drowes, The Owenea and The Bonet. The Region consistently produces the first Irish salmon of the season.

Charter boats offer deep sea angling or even some coastal cruising. Blue fin tuna have been caught in Donegal Bay.

Inland Fisheries Ireland; **www.fishinginireland.info** North Western Regional Fisheries Board; **www.northwestfisheries.ie** Shannon Regional Fisheries Board; **www.shannon-fishery-board.ie** Loughs Agency; **www.loughs-agency.org**

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Name	Description	Address	Telephone & Web
River Duff	Salmon Fishing	South Donegal	086 8135429/086 8162144 www.fishinginireland.info
Drowes River	Salmon & Brown Trout	South Donegal	071 9841055 www.drowessalmonfishery.com
Lough Melvin	Salmon & Brown Trout	South Donegal	071 9841055 www.drowessalmonfishery.com
River & Lough Eske	Salmon & Sea Trout (Catch & Release 2010)	Donegal Town, Co Donegal	074 9740781/ 074 9551141 www.fishinginireland.info
River Eany	Salmon & Trout Fishing	Inver, Co Donegal	074 9736559/074 9551141 www.fishinginireland.info
Glen River	Salmon & Sea Trout	Carrick, Co Donegal	074 9551141 www.fishinginireland.info
Owenea River/ Owentocker	Salmon, Sea Trout & Brown Trout	Glenties, Co Donegal	074 9551141 www.fishinginireland.info
Gweebarra River	Salmon & Sea Trout.	Lettermacaward, Co Donegal	074 9551141 www.fishinginireland.info
The Rosses Fishery	Salmon, Sea Trout & Brown Trout	Dungloe, Co Donegal	074 9521163, www.rossesanglers.com
Crana River & Fullerton Reservoir	Brown Trout	Buncrana	Buncrana Anglers Assoc 086 3091966 www.fishinginireland.info
River Crolly	Salmon & Sea Trout	Gweedore, Co Donegal	074 9551141 www.fishinginireland.info
River Clady	Salmon & Sea Trout (Catch & Release 2010)	Gweedore, Co Donegal	074 9551141 www.fishinginireland.info
The Dunfanaghy Fishery	Brown Trout	Dunfanaghy	Arnolds Hotel 074 9136208 www.fishinginireland.info
The River Deele	Salmon, Sea Trout & Brown Trout	Convoy/Raphoe, Co Donegal	048 71342100 www.loughs-agency.org
River Finn	Salmon & Sea Trout.	Central Donegal	048 71342100 www.loughs-agency.org
The Pettigo Lakes	Brown Trout	Pettigo, Co Donegal	www.fishinginireland.info
Assaroe Lakes	Salmon & Brown Trout	Ballyshannon, Co Donegal	www.fishinginireland.info
Lough Beagh	Sea Trout & Brown Trout	Glenveagh National Park, Co Donegal	074 9551141 www.fishinginireland.info
Meadow Trout Fishery	Rainbow Trout. Licences, Rod Hire, etc.	Rossnakill, Co Donegal	086 3192949 www.discoverireland.ie

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ACTIVITIES





	GAME ANGLIN		-	
	Name	Description	Address	Telephone & Web
FITRIN	Lough Melvin	Salmon & Brown Trout	Rossinver, Co Leitrim	Rossinver Fisheries. 071 9841451, www.fishinginireland.info
	The Drowes River	Salmon & Brown Trout	Kinlough/ Tullaghan	071 9841055 www.drowessalmonfishery.com
	The Duff River	Salmon	Glenade Valley to Tullaghan, Co Leitrim	www.fishinginireland.info
	Drumharlow Lake	Brown Trout	Carrick-on- Shannon, Co Leitrim	www.discoverireland.ie
	Bonet River	Salmon, Sea Trout, Brown Trout	Manorhamilton, Co Leitrim	www.northwestfisheries.ie
	Lough Allen	Brown Trout	Drumshanbo, Co Leitrim	www.shannon-fishery-board.ie
	Arigna River	Brown Trout	Arigna, Co Leitrim	www.shannon-fishery-board.ie
	River Shannon	Brown Trout	Jamestown Weir, Co Leitrim	www.shannon-fishery-board.ie
	Corbally Lough	Brown Trout	Carrick-on- Shannon, Co Leitrim	www.discoverireland.ie
	Lough Canbo	Brown Trout	Carrick-on- Shannon, Co Leitrim	www.discoverireland.ie
2000	Lough Arrow	Brown Trout	Ballymote, Co Sligo	ballymoteangling@gmail.com www.ballymoteangling.com
	Feenagh Lake	Brown Trout	Ballymote, Co Sligo	ballymoteangling@gmail.com www.ballymoteangling.com
	Ballisodare River	Salmon & Sea Trout	Ballisodare, Co Sligo	www.northwestfisheries.ie
	Easkey River	Salmon & Sea Trout	Easkey, Co Sligo	086 8032350 www.anglingwestireland.com
	Glencar Lake and Drumcliffe River	Salmon & Sea Trout	Drumcliffe, Co Sligo	sligoanglers@hotmail.com 087 9077795 www.northwestfisheries.ie
	Lough Talt	Brown Trout	Tubbercurry, Co Sligo	www.northwestfisheries.ie
	Lough Gill	Salmon, Sea Trout, Brown Trout	Co Sligo	www.northwestfisheries.ie
	Lough Bo	Brown Trout	Near Castlebaldwin, Co Sligo	www.northwestfisheries.ie
	Lough na Leibe	Rainbow Trout Fishery	Ballymote, Co Sligo	ballymoteangling@gmail.com www.ballymoteangling.com
	The Unshin River	Brown Trout	Collooney/ Castlebaldwin, Co Sligo	www.northwestfisheries.ie

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ACTIVITIES



COARSE & PIK	E ANGLING IN IRELA	ND'S NORTH	WEST
Name	Description	Address	Telephone & Web
Ballinamore Coarse Angling Centre	Bream, Roach, Hybrids, Rudd, Perch, Pike	Ballinamore, Co Leitrim	www.fishinginireland.info
Carrigallen Coarse Angling Centre	Bream, Roach, Rudd, Tench, Perch, Pike, Eels	Carrigallen, Co Leitrim	www.fishinginireland.info
Upper Lough MacNean	Bream, Roach, Hybrids, Perch, Pike, Eels	Glenfarne, Co Leitrim	www.fishinginireland.info
Keshcarrigan Coarse Angling Centre	Bream, Roach, Hybrids, Perch, Pike, Eels	Keshcarrigan, Co Leitrim	www.fishinginireland.info
Carrick-on- Shannon Coarse Angling Centre	Bream, Roach, Rudd, Hybrids, Tench, Perch, Pike & Eels	Carrick-on- Shannon, Co Leitrim	www.shannon-fishery-board.ie
Drumshanbo Coarse Angling Centre (including Dowra & Drumkeeran)	Bream, Roach, Rudd, Hybrids, Tench, Perch, Pike & Eels	Drumshanbo, Co Leitrim	www.shannon-fishery-board.ie
Mohill & Dromod Coarse Angling Centre	Bream, Roach, Rudd, Hybrids, Tench, Perch, Pike & Eels	Mohill, Co Leitrim	www.shannon-fishery-board.ie
Assaroe Lake	Bream, Roach, Hybrids.	Ballyshannon, Co Donegal	www.fishinginireland.info
Pettigo Lakes	Bream, Roach, Perch, Pike.	Pettigo, Co Donegal	www.fishinginireland.info
Owenmore River	Bream, Rudd, Hybrids, Perch, Pike	Ballymote, Co Sligo	www.ballymoteangling.com, ballymoteangling@gmail.com.
Ballinascarrow Lake	Bream, Rudd, Hybrids, Carp	Ballymote, Co Sligo	www.ballymoteangling.com, ballymoteangling@gmail.com.
Ardrea Lake	Bream, Rudd, Hybrids, Tench, Perch, Pike	Ballymote, Co Sligo	www.ballymoteangling.com, ballymoteangling@gmail.com.
Cloonacleigha Lake	Pike	Ballymote, Co Sligo	www.ballymoteangling.com, ballymoteangling@gmail.com.
Templehouse Lake	Bream, Rudd, Pike	Ballymote, Co Sligo	www.ballymoteangling.com, ballymoteangling@gmail.com.
	Name Ballinamore Coarse Angling Centre Carrigallen Coarse Angling Centre Upper Lough MacNean Keshcarrigan Coarse Angling Centre Carrick-on- Shannon Coarse Angling Centre Drumshanbo Coarse Angling Centre Centre (including Dowra & Drumkeeran) Mohill & Dromod Coarse Angling Centre Assaroe Lake Pettigo Lakes Owenmore River Ballinascarrow Lake Ardrea Lake Cloonacleigha Lake	NameDescriptionBallinamore CoarseBream, Roach, Hybrids, Rudd, Perch, PikeCarrigallen CoarseBream, Roach, Rudd, Tench, Perch, Pike, EelsUpper Lough MacNeanBream, Roach, Rudd, Tench, Perch, Pike, EelsUpper Lough MacNeanBream, Roach, Hybrids, Perch, Pike, EelsCarrick-on- Shannon Coarse Angling CentreBream, Roach, Rudd, Hybrids, Tench, Perch, Pike, EelsCarrick-on- Shannon Coarse Angling CentreBream, Roach, Rudd, Hybrids, Tench, Perch, Pike & EelsDrumshanbo Coarse Angling Dowra & Drumkeeran)Bream, Roach, Rudd, Hybrids, Tench, Perch, Pike & EelsMohill & Dromod Coarse Angling Dowra & Drumkeeran)Bream, Roach, Rudd, Hybrids, Tench, Perch, Pike & EelsRestarce Angling Dowra & Drumkeeran)Bream, Roach, Rudd, Hybrids, Tench, Perch, Pike & EelsAssaroe LakeBream, Roach, Rudd, Hybrids.Pettigo LakesBream, Roach, Perch, Pike.Owenmore River LakeBream, Rudd, Hybrids, Carp LakeArdrea LakeBream, Rudd, Hybrids, Tench, Perch, PikeCloonacleigha LakePike	Ballinamore Coarse Angling CentreBream, Roach, Hybrids, Rudd, Perch, PikeBallinamore, Co LeitrimCarrigallen Coarse Angling CentreBream, Roach, Rudd, Tench, Perch, Pike, EelsCarrigallen, Co LeitrimUpper Lough MacNeanBream, Roach, Hybrids, Perch, Pike, EelsGlenfarne, Co LeitrimKeshcarrigan Coarse Angling CentreBream, Roach, Hybrids, Perch, Pike, EelsGlenfarne, Co LeitrimKeshcarrigan Coarse Angling CentreBream, Roach, Hybrids, Perch, Pike, EelsCarrick-on- Shannon, Co LeitrimCarrick-on- Shannon Coarse Angling CentreBream, Roach, Rudd, Hybrids, Tench, Perch, Pike, EelsCarrick-on- Shannon, Co LeitrimDrumshanbo Coarse Angling Centre (including Dowra & Drumskeeran)Bream, Roach, Rudd, Hybrids, Tench, Perch, Pike & EelsDrumshanbo, Co LeitrimMohill & Dromod Coarse Angling CentreBream, Roach, Rudd, Hybrids, Tench, Perch, PikeMohill, Co LeitrimMohill & Dromod Coarse Angling CentreBream, Roach, Rudd, Hybrids, Tench, Perch, PikeMohill, Co LeitrimAssaroe LakeBream, Roach, Perch, Pike.Ballyshannon, Co DonegalPettigo LakesBream, Rudd, Hybrids, Perch, PikeBallymote, Co SilgoBallinascarrow LakeBream, Rudd, Hybrids, Tench, Perch, PikeBallymote, Co SilgoAdrea LakeBream, Rudd, Hybrids, Tench, Perch, PikeBallymote, Co SilgoCloonacleigha LakePikeBallymote, Co SilgoTemplehouse LakeBream, Rudd, PikeBallymote,

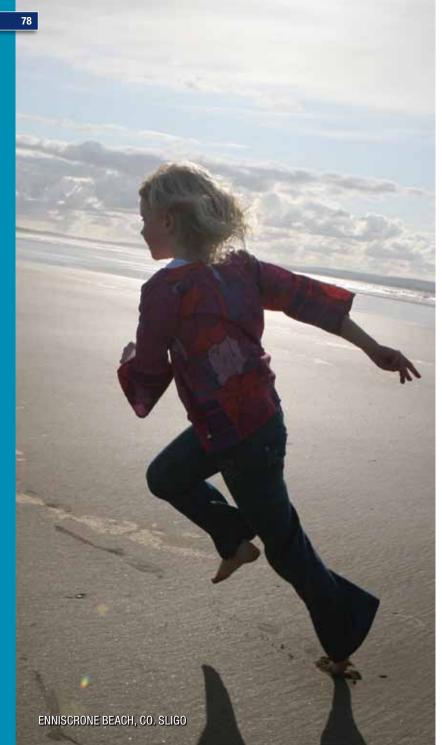
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ACTIVITIES



	News	Description	A dalue e e	Telephone 0 Mich
	Name	Description	Address	Telephone & Web
2	Declan Kilgannon - MV Assaroe Star	Sea Angling	Mullaghmore, Co Sligo	087 6100111 www.offshore.ie
	Blue Fin Tuna Charters	Sea Angling & General Inshore Angling	Mullaghmore, Co Sligo	071 9166106 www.irishanglingcharters.ie
	Gerry Sheerin - MV Ellen Louise	Reef & General Inshore Fishing	Grange, Co Sligo	086 8282782 www.fishinginireland.info
	Enniscrone/Killala Angling Charter	Reef, Shark Wreck & General Sea Fishing	Enniscrone, Co Sligo	096 36644 www.dkennedyangling.net
	Keith Clarke - MV Fiona Tee	General Sea Fishing	Knockrea, Co Sligo	071 9142738 www.fishinginireland.info
	Ewings Sea Angling & Boat Charters	Deep Sea & Reef Angling & Shark Fishing	Rosses Point, Co Sligo	086 8913618 www.sligoboatcharters.com
	Lomax Boats & Angling	General Sea Angling	Mullaghmore, Co Sligo	087 2727538 www.fishinginireland.info
	Peter Power Deep Sea Angling - MV Prospector 1	General Inshore Angling	Cliffoney, Co Sligo	01 8430380 www.bayangling.freeservers.com
	Gerard Cunniffe - MV Roustabout	General Sea Angling	Mullaghmore, Co Sligo	087 7701596 www.fishinginireland.info
	Brian McGilloway - MV Dunai Mara	Reef, shark and general inshore fishing.	Killybegs, Co Donegal	086 404 4040 www.duanaimaracharters.com
EGAL	Bonito Charters	Reefs, Pollock	Downings, Co Donegal	074 9155261/087 6547232 www.bonitocharters.com
	Patrick O'Doherty - MV Bundoran Star	Reef, Shark & General inshore fishing	Bundoran, Co Donegal	087 4198382 www.bundoranstar.ie
	Michael O'Brien - MV Carmel Olivia	Mixed Fishing	Magheroarty, Co Donegal	087 6279789 www.discoverireland.ie
	Richard Timoney - MV Smoothhound	Wreck, Reef & Shark Fishing	Mullinasole, Co Donegal	086 8937225 www.donegalseafishing.com
	Rosguill Boat Charters	Wreck & Shark Fishing	Downings, Co Donegal	074 9155080 www.rosguill.com/charterboat
	Michael McGettigan - MV Huntress Blue	General, Shark & Reef Fishing	Bruckless, Co Donegal	087 2871423 www.fishinginireland.info
	Inishfree Charters	Reef, Shark & General Fishing	Burtonport	074 9551533 www.inish.ie
	Inishowen Boating Company	Deep Sea Angling, Shark & Wreck	Malin, Co Donegal	086 2209508, www. irishanglingcharters.ie
	Killybegs Angling Charters	Sea Angling	Killybegs, Co Donegal	087 2200982 www.killybegsangling.com
	Paddy Byrne - MV Nuala Star	Sea Angling	Teelin, Co Donegal	074 9739365 www.nualastarteelin.com
	Rathmullan Charters	Wreck, Pollock, Tope, etc.	Rathmullan, Co Donegal	087 0507464 www.rathmullancharters.com.
	Saoire Mara Charters	Deep Sea Angling	Kincasslagh, Co Donegal	087 9870266 www.saoiremara.com
	Sammie Scott	Blue Shark, Blue Fin Tuna	Downings, Co Donegal	087 2828167 www.fishingdonegal.com
	Tor Mor Charter Boat	Reefs & Wrecks	Portnoo, Co Donegal	087 2458514 www.fishinginireland.info
	West Donegal Sea Angling Charters	Reef, Wreck & Shark Fishing	Annagry, Co Donegal	074 9548403 www.donegalseaangling.com

North West Ireland Pocket Guide



Family Fun

If you're an advocate of the saying that 'the best things in life are free', you and your family will have a great holiday in the North West.

You could picnic in the whispering grasses of the sand dunes, take dips in the lively sea or walk cliffs overlooking the stunning Atlantic. Or plan your trip to coincide with something from North West's impressive and eclectic calendar of free events. Choose from sand sculpting competitions, street carnivals where jugglers and stilt-walkers strut their stuff, or music sessions where big brass bands perform by the sea.

Or what about the whole family getting together and taking a surf lesson, playing pitch and putt, going horse riding or checking out the range of activities at local adventure centres?

Visit some of the wonderful animal based attractions including pet farms, Ireland's largest Bird of Prey centre or a donkey sanctuary.

On rainy days, you'll also be well catered for with indoor water activities, children's play centers, ten pin bowling and cinemas.



Bundoran in Co. Donegal runs an official Family Friendly programme where all needs are catered for. Look out for the Family Friendly logo throughout your stay in Bundoran – wherever it is displayed, you can be assured of a warm welcome and friendly service for your family.

For further information on Playgrounds in your area, please contact your local Discover Ireland Centre or Tourist Office. See details on the back page of this guide.

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FAMILY FUN IN IRELAND'S NORTH WEST

	Name	Description	Address	Telephone, Email & Web		
DONEGAL	Bumble Bees	Children's indoor play centre	Donegal Town	074 9725454 bumblebeesdonegal@hotmail.com www.bumblebees.ie		
₽	Craic@jacks	Indoor activity play centre for children	Ballybofey	074 9175222 www.craicajacks.com		
	Dizzy's Den	Children's Indoor Play Area	Bundoran	071 9833668, info@dizzysden.ie, www.dizzysden.ie		
	Arena 7	Ten Pin Bowling. Wayne's World children activity centre & Restaurant	Letterkenny	074 9128853 info@arena7.ie www.arena7.ie		
	Jungle King	Indoor activity centre open for children up to the age of 12	Letterkenny	074 9177731 info@jungleking.ie www.jungleking.ie		
	Wains World	Indoor activity centre for children	Buncrana	074 9322450, info@wainsworld.ie, www.wainsworld.ie		
	Kidz Kingdom	Indoor play centre	Downings	074 9154522		
	Marinas	Indoor Soft Play Area	An Chuirt Hotel, Gweedore	074 9532900 www.gweedorecourthotel.com		
	Leisureland	One of Ireland's leading indoor heated fun parks, catering for children of all ages.	Redcastle, Inishowen	074 9385426 www.leisurelandredcastle.ie		
	Ballyshannon Leisure Centre	Public Leisure Centre	Ballyshannon	071 9852818 linnamha@eircom.net		
	Waterworld	Aqua adventure playground ideal for children of all ages including 2 leisure pools, a wave pool, and a slide pool that kids will love.	Bundoran	071 9841172, info@ waterworldbundoran.com www.waterworldbundoran.com		
	Aura Leisure Centre	Family Leisure Centre	Letterkenny	074 9106422 www.auraleisurecentres.ie		
	Buncrana Leisure Centre	Public Leisure Centre	Buncrana	074 9361000, buncranaleisurecentre@eircom.net		
	Bundoran Adventure Park	Fun for all the family, with theme rides	Bundoran	086 1722958, info@ bundoranadventurepark.com www.bundoranadventurepark.com		
	Ionad Cois Locha	Adventure & indoor play area with a boat trip around the lake.	Dunlewey	074 9531699 dunleweycentre@eircom.net www.dunleweycentre.com		
	Glow Bowling	Indoor bowling alley	Bundoran	071 9842111 www.bundoranglowbowl.ie		
	Lurgybrack Open Farm	A special place where all the family can spend the day seeing the animals and having fun.	Letterkenny	074 9122683 lurgybrackopenfarm@town.ie www.lurgybrackopenfarm.town.ie		
	Glenveagh National Park	Family fun throughout the year.	Letterkenny	074 9137090 www.glenveaghnationalpark.ie		
	Donegal Railway Heritage Centre	Garden railway & working models.	Donegal Town	074 9722655 donegalrailway@gmail.com www.countydonegalrailway.com		
	Century Cinema	8 screen cinema	Letterkenny	074 9125050 www.centurycinemas.ie		
	Lifford Strabane Cinema	7 screen cinema	Lifford	074 9141963 www.liffordstrabane.com		
	Bundoran Cineplex	6 screen cinema	Bundoran	071 9829999 www.bundorancineplex.com		
	Sandfield Pitch & Putt	18 hole pitch & putt	Ardara	074 9541344		
	Pin Tavern Pitch & Putt	18 hole pitch & putt	Letterkenny	074 9123086		
	An Clúb Beag	Indoor activity centre for toddlers & children	Dungloe	074 9522649		
	Tropical World at Alcorns	New family friendly & Educational Centre in Letterkenny	Letterkenny	074 9121541/074 9121655 www.tropicalworld.ie		

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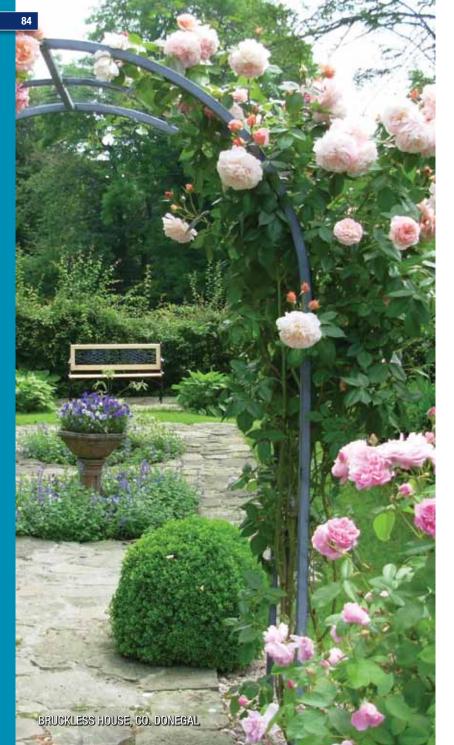
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Na	ame	Description	Address	Telephone, Email & Web
	dz Kingdom	Ten pin bowling &	Carrick-On-	071 9621605
		children's play area	Shannon	www.mulveys.ie
Lo	ugh Key Forest &	Adventure Play Kingdom	Boyle	071 9673122, info@loughkey.ie,
	tivity Park	, , , , , , , , , , , , , , , , , , ,		www.loughkey.ie
Αι	ura Leitrim	Family Leisure Centre	Carrick-On-	071 9671771
Le	eisure	,	Shannon	auraleitrimleisure@eircom.net
				www.auraleisurecentres.com
Fe	enagh Heritage	Includes soft play area	Fenagh	071 9645590
Се	entre & Monk's		-	fenaghvisitorcentre@gmail.com
Pla	ay Den			www.fenagh.com
Са	arrick Cineplex	4 screen cinema	Carrick-On-	071 9672000
			Shannon	info@carrickcineplex.ie
				www.carrickcineplex.ie
	enview Folk	A private collection of	Ballinamore	071 9644157
M	useum	more than 7,000 antique,		glenviewmuseum@gmail.com
		historical and novel items		www.glenview-house.com
		ranging from pre-famine to		
11-	Deve Ocertus	the recent past. Indoor Adventure Centre	Oleverach	071 9135115
Ηá	appy Days Centre	Indoor Adventure Centre	Cleveragh, Sligo	www.happydayssligo.ie
Eu	inny Bones	Indoor Adventure Centre	Collooney	071 9133281, info@funnybones.ie
ΓU	ITTY DUTIES		Collooney	www.funnybones.ie
Di	ula Bula	Paint your own pottery	JFK Parade.	071 9147528. fun@rulabula.ie
nu	lia Dula	studio	Sligo	www.rulabula.ie
W	ater Point	Indoor Swimming Pool	Enniscrone	096 36999, info@waterpoint.ie
•••			LIIIISCIOIIC	www.waterpoint.ie
Fa	gles Flying	Irish Raptor Centre, Free	Ballymote	071 9189310
	igioo i iying	flying demonstrations and	Duilymoto	eaglesflying@uvinternet.com
		Pet Zoo		www.eaglesflying.com
Do	onkey Sanctuary	A rest for donkeys and	Castlebaldwin	071 9666196, sai.donkeys@gmai
		ponies		www.donkeys.ie
Gi	llighan's World	A real Irish Fairyland,	Achonry	071 9130286, ladymel@eircom.ne
	-	closed Mondays from June		www.gillighansworld.ie
W	oodville Farm	Open pet farm. By	Strandhill	071 9162741
		appointment only		
Ca	alry Pet Farm	Pet farm & crèche	Colga, Calry	071 9140413,
				www.playandlearncrecheandpetfar
200	ertie's Pitch	Pitch & Putt	Bundoran Road	071 9146383,
&	Putt			bertiespitchandputt@eircom.net,
				www.bertiespnp.co.nr
	niscrone Pitch	Pitch & Putt	Enniscrone	096 36788,
	Putt			westerngolfltd@eircom.net
	bbertelly Pitch	Pitch & Putt	Tubbercurry	071 9185916
-	Putt			
	oorly Park	Playground	Riverside, Sligo	
Ha	azelwood Trail	Nature Trail and picnic benches	Sligo	
М	itchell Curley	Playground and track	Ballydoogan	
	ark	r laggiouria and traon	Banyaoogan	
	allisodare	Playground	Ballisodare	
	avground	, gi ouna	_ amoudito	
	allymote Castle &	Playground	Ballymote	
	ayground	.,		
	reen Playground	Playground	Skreen	
	allinacarrow	Playground	Ballinacarrow	
	avground			

North West Ireland Pocket Guide

ACTIVITIES



Gardens

The mild temperate climate and warming influence of the Gulf Stream combine to create ideal conditions for a very wide variety of plants and gardens in the North West. Recently many gardens have opened their doors to visitors, some are restored gardens and some newly crafted masterpieces.

There is a broad range of private and public gardens for the garden lover to enjoy. Many of these gardens offer guided tours which help to get a better and more informed insight into the plants and varieties being viewed.

The **Donegal Garden Trail** provides the garden enthusiast with a range of 23 gardens in Donegal representing both traditional and innovatory approaches. World Famous Gardens include Glenveagh National Park. Go to **www.donegalgardentrail.com** for more information.

The National Organic Centre in Rossinver, Leitrim offers gardens with a difference. They include a heritage garden, sunflower maze, herb garden and willow sculpture area.

The Secret Gardens of Sligo provide the prospect for a superb day out where one can explore, seek inspiration or enjoy the serenity of life. For opening times of these gardens please visit: www.secretgardensofsligo.com

If you can visit only a few gardens, you will find a wealth of committed garden owners, botanical surprises everywhere and enormous displays of individuality in planting schemes. No visit to the Northwest is complete without a visit to one of these fantastic gardens.

Please note that many gardens are strictly by appointment. It is essential to contact the Proprietor/Manager before making your visit.

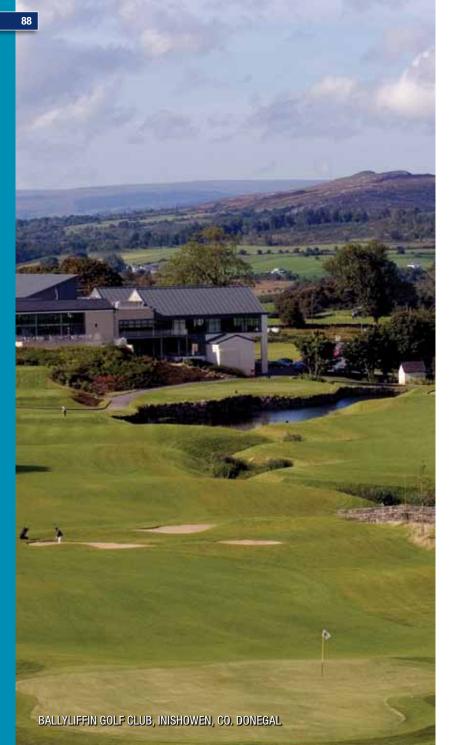
Please check out our website **www.discoverireland.ie** for Garden Festivals and Gardening Schools that take place across the region.

North West Ireland Pocket Guide



	GARDENS IN IRELAND'S NOR	TH WEST	
	Name	Address	Telephone & Web
LEITRIN	St George's Heritage & Visitor Centre - Garden of Rememberance	Carrick-on-Shannon	071 9621757 www.discoverireland.ie
Ζ	The Organic Centre Garden	Rossinver	071 9854338 www.theorganiccentre.ie
DONEGA	Ballyloughan House Garden	Bruckless	074 9731507 www.donegalgardentrail.com
GAL	Dunmore Garden	Carrigans	074 9140120 www.donegalgardentrail.com
	St Columb's Garden at Glebe House	Churchill	074 9137071 www.donegalgardentrail.com
	Glenveagh National Park & Gardens	Letterkenny	074 9137090 www.glenveaghnationalpark.ie
	Cluain na d'Tor Nursery Gardens	Falcarragh	074 9135640 www.donegalgardentrail.com
	Fr McDyer Terrace	Glencolmcille	074 9730989 www.donegalgardentrail.com
	Lower Cranny Garden	Inver	087 9895099 www.donegalgardentrail.com
	Greenfort	Kerrykeel	087 6476599 www.donegalgardentrail.com
	Cille Garden	Kilcar	074 9738107 www.donegalgardentrail.com
	Black Rock Garden	Lifford	074 9141216 www.donegalgardentrail.com
	Glenalla House	Milford	086 6064409 www.donegalgardentrail.com
	Salthill Gardens	Mountcharles	074 9735387 www.donegalgardentrail.com
	Sea View Garden	Mountcharles	074 9735350 www.donegalgardentrail.com
	Summy Garden	Portnoo	074 9545242 www.donegalgardentrail.com
	Browns Farm Garden	Portnoo	074 9545391 www.donegalgardentrail.com
	Carrablagh House	Portsalon	074 9159113 www.donegalgardentrail.com
	Oakfield Park	Raphoe	074 9173068 www.oakfieldpark.com
	Beltany View Garden	Raphoe	074 9144974 www.donegalgardentrail.com
	Ros Ban Garden	Raphoe	074 9145336 www.donegalgardentrail.com
	Rathgory	Rosnakill	074 9159275 www.donegalgardentrail.com
	Bruckless House	Bruckless	074 9737071 www.bruckless.com
	Magherabeg Abbey Gardens	Donegal Town	074 9721009 www.donegalgardentrail.com
	Dungavida Garden	Falcarragh	087 6416205 www.donegalgardentrail.com

ACTIVITIES



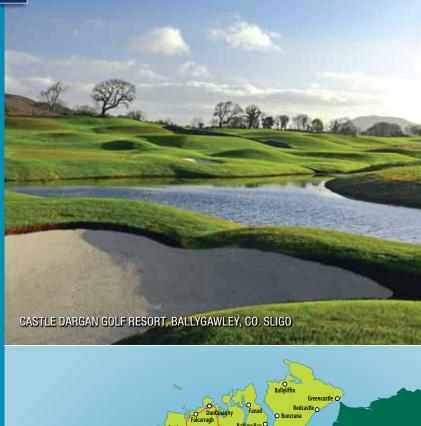
Golf

Great Links and Wonderful Parklands: Nature just needed a nudge to shape the great Atlantic links courses. Centuries old estates, stately trees and loving care produced the parklands.

With one 36 hole, seventeen 18 hole and seven 9 hole courses to choose from, no matter where you stay in the Counties Donegal, Leitrim and Sligo, you are never more than a short drive from a fine golf course. The magnificent links courses along the Atlantic seaboard exploit the spectacular coastal scenery and beaches to the full and provide some of the most challenging and exhilarating golf in the world. Some of the parklands play over fairways adorned with ancient mature trees, others encompass natural water features and all enjoy unspoiled views of the great North West.

Scenic splendour and splendid golf wrapped up in golfing experience to light and excite the most demanding eye, we don't stand on ceremony. Enjoy the easy atmosphere and the warmth of welcome. No queues, no hassle, an unspoilt environment. Have great fun from the 1st to 19th hole. Play a course or a series of courses. Each club featured here genuinely welcomes visiting golfers. You will receive a warm reception, meet friendly, helpful people and enjoy the fun and banter on the 19th. Most of the courses provide caddy and catering facilities. Come and enjoy great golf and great company.

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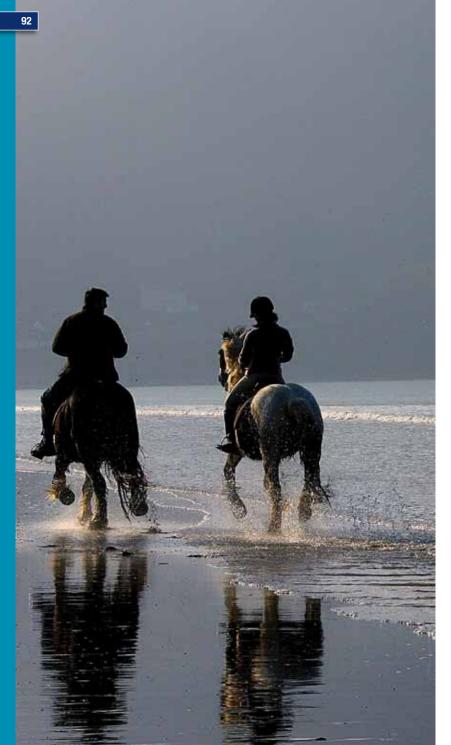


	Name	Location	Holes	Telephone	Email & Web Site
	Ballyliffin Golf Club	Ballyliffin, Inishowen	36	074 9376119	Email: info@ballyliffingolfclub.com www.ballyliffingolfclub.com
	Bundoran Golf Club	Bundoran	18	071 9841302	Email: info@bundorangolfclub.com www.bundorangolfclub.com
	Ballybofey & Stranorlar Golf Club	Stranorlar	18	074 9131093	Email: info@ ballybofeyandstranorlargolfclub.com www.ballybofeyandstranorlargolfclub. com
	Donegal Golf Club	Murvagh, Laghey	18	074 9734054	Email: info@donegalgolfclub.ie www.donegalgolfclub.ie
	Dunfanaghy Golf Club	Dunfanaghy, Co. Donegal	18	074 9136335	Email: dunfanaghygolf@eircom.net www.dunfanaghygolfclub.com
	Greencastle Golf Club	Greencastle	18	074 9381013	Email: info@greencastlegc.com www.greencastlegc.com
	Letterkenny Golf Club	Barnhill, Letterkenny	18	074 9121150	Email: info@letterkennygolfclub.com www.letterkennygolfclub.com
	Narin & Portnoo Golf Links	Narin & Portnoo	18	074 9545107	Email: narinportnoo@eircom.net www.narinportnoogolfclub.ie
	North West Golf Club	Lisfannon, Buncrana	18	074 9361715	Email: secretary@northwestgolfclub. com www.northwestgolfclub.com
	Portsalon Golf Club	Portsalon, Fanad	18	074 9159459	Email: info@portsalongolfclub.com www.portsalongolfclub.com
	Rosapenna Hotel & Golf Resort	Rosapenna Downings	18	074 9155000	Email: golf@rosapenna.ie www.rosapenna.ie
	Buncrana Golf Club	Ballycarry, Buncrana	18	074 9362279/ 0749320749	Email: info@buncranagolfclub.com www.buncranagolfclub.com
	Cloughaneely Golf Club	Falcarragh	9	074 9165416	Email: info@falcarraghgolfclub.ie www.falcarraghgolfclub.ie
	Cruit Island Golf Club	Cruit Island, Kincasslagh	9	074 9543296	www.cruitislandgolfclub.com
	Gweedore Golf Club	Bunbeg	9	074 9531140	www.gweedoregolfclub.com
	Otway Golf Club	Saltpans, Rathmullan	9	074 9158319	Email: otway-golf-club@iolfree.ie
	Redcastle Hotel & Golf Club	Redcastle	9	074 9385555	Email: info@redcastlehotel.com www.redcastlehotel.com
FITRIM	Carrick-on- Shannon Golf Club	Carrick-on-Shannon	18	071 9667015	Email: ckgc3@eircom.net www.carrickgolfclub.ie
	Ballinamore Golf Club	Ballinamore	9	071 9644346	
ß	Co.Sligo Golf Club	Rosses Point	18 & 9	071 9177134/ 071 9177186	Email: teresa@countysligogolfclub.ie www.countysligogolfclub.ie
	Enniscrone Golf Club	Enniscrone	18 & 9	096 36297	Email: enniscronegolf@eircom.net www.enniscronegolf.com
	Castle Dargan Hotel & Golf Resort	Ballygawley	18	071 9118080	Email: golf@castledargan.com www.castledargan.com
	Strandhill Golf Club	Strandhill	18	071 9168725	Email: bookings@strandhillgolfclub.con www.strandhillgolfclub.com
	Ballymote Golf Club	Ballymote	18	071 9189059	www.ballymotegolfclub.ie
	Tubbercurry Golf Club	Tubbercurry	9	071 9185849/ 087 7436947	Email: societies@tubbercurry.com www.tubbercurrygolfclub.com

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Equestrian

From craggy islands and rolling hills to stunning coastlines, the landscape of Ireland's North West is breathtaking. How better to experience this natural beauty than on horseback?

The Counties Donegal, Leitrim and Sligo are becoming more and more popular as an outdoor activity hotspot and horse riding in the region is long established as a must-do for the adventure enthusiast and beginner alike.

There are lots of horse riding options available from beach treks and leisurely hacks, to cross-country jumping and post-to-post trails. And with great value accommodation available at many equestrian centres why not make a weekend out of it and get back to nature with your equine friends.

For more information on horse riding in Ireland's North West visit **www.discoverireland.ie/equestrian** or **www.ehi.ie**

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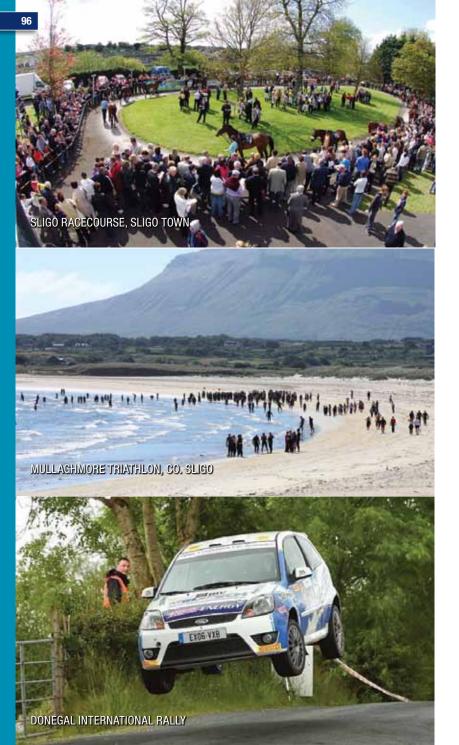




	FAOFA APPROVED EQUESTRIAN IN IRELAND'S NORTH WEST				
	Name		Address	Telephone	Email
FAOFA APPROVED	Deanes Equestrian Centre		Darney, Bruckless, Co Donegal	074 9737160/ 087 2997421	deanesequestrian@eircom.net
ROVED	Donegal Equestrian Holidays		Bay View Avenue, Bundoran, Co Donegal	071 9841977/ 087 2471436	info@donegalequestrianholidays. com
	Dunfanaghy Stables		c/o Arnolds Hotel, Dunfanaghy, Co Donegal. Home Address: Castledoe, Creeslough	074 9100980/ 086 8280552	dunfanaghystables@hotmail.com
	Ireland on Horseback		Carrowmore, Sligo, Co Sligo	087 2304828	info@irelandonhorseback.com
	Island View Riding Stables		Moneygold, Grange, Co Sligo	071 9166156/ 086 1956615	islandviewridingstables@gmail.com

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	EQUESTRIAN IN	IRELAND'S NOR	TH WEST	
	Name	Address	Telephone	Email
DONEGA	Ashtree Stables	Coole, Cranford, Letterkenny	074 9153312/ 0862202052	ashtreeridingstables@eircom.net
EGAL	Carrigart Riding Stables	Wood Quarter, Cranford	074 9153583/ 087 2276926	
	Cooley Equestrian Centre	Moville, Co Donegal	074 9385685/ 086 0633487	gilliandohertyr@gmail.com
	Greenacres Equestrian Centre	Greenacres Lodge, Convoy	074 9147541/ 086 8947929	greenacresequestrian@live.ie
	Lenamore Stables	Muff, Lifford, Co Donegal	074 9384022/ 086-3433461	lenamorestables@eircom.net
	Malin Stables	Malin, Inishowen	086 3839644 Laura 086 2851571 Ronan	ronan@ronanmclaughlin.com
LEITRIM	Drumcoura Equestrian Centre	Drumcoura Lake Resort, Derrygoan, Ballinamore	071 9645708 087 6485830	rweisz@eircom.net
-	Moorlands Equestrian Centre	Curraghill, Drumshanbo, Co Leitrim	071 9641500/ 086 8101467	info@moorlands.ie
	Hayden Equestrian Centre	Bornacoola, Carrick on Shannon	071 9638049 087 8161590	iarlahayden@eircom.net
SLIGO	Lough Gara Riding Stables	Derrybeg, Lisserlough, Boyle	071 9664834 086 3942220	loughgarastables@hotmail.com
	Markree Riding Stables	Markree Castle, Collooney	071 9130727 087 2234138	info@markreestables.com
	Horse Holiday Farm	Mount Temple, Grange, Co Sligo	071 9166152/ 087 2570564	hhf@eircom.net
	Woodlands Equestrian Centre	Loughill, Lavagh, Tubbercurry, Ballymote	071 9184207	ajhession@eircom.net

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Sporting Events

What better way to inject a bit of excitement into your holiday break in the North West than by getting in some sporting action. The Counties of Donegal, Leitrim and Sligo offer a large array of Sporting activities and Events of all kinds.

> Gaelic Games Gaelic Football is the most popular sport in Ireland. Other Gaelic Games includes Camogie and Hurling. These sporting events are played in all clubs and counties and visitors are always welcome to come and experience the thrill and excitement of a game that the Irish people take very seriously. www.gaa.ie

> Horse Racing Sligo Race Course offers several meetings throughout the year from May to October, whether it be an evening or day meeting, the race course is a perfect day out and even better to see that horse you backed romp home. www.countysligoraces.com and www.goracing.ie

Soccer Soccer is an integral part of sporting activities in the North West and is played in every town land, street and community. There are many clubs throughout the Region. www.fai.ie

> Greyhound Racing Lifford Greyhound Stadium in Donegal boasts a different style and class of entertainment and promises a great night out with a difference. www.liffordgreyhounds.com and www.igb.ie

> Rugby Rugby is another popular sport in the North West with clubs in most large towns. www.irishrugby.ie

> **Car Rallying** Rev it up and join the thrills and spills of Motor Racing in the Northwest, whether it is for a spectator or participant, the Northwest has much to offer the Motor enthusiast.

For local fixtures and information, visit or telephone our Discover Ireland Centre or Tourist Offices or our website **www.discoverireland.ie**



Walking & Cycling

The North West has a variety of walks from rugged way marked trails, enchanting coastal paths, looped walks overlooking cliffs and way marked way walks along drumlins, guiet mountains and country lanes.

Cycling in the North West offers a wonderful mix of coastal and highland landscapes. The pace of life is wonderfully easy going and the people amongst the most welcoming in the country.

Walking Highlights

Looped Walks; The North West boasts 15 looped walks ideal for the occasional walker or families with a few hours to spare. Distances vary from 8km – 12km and are off road and offer a memorable experience with on-route sites of interest. The Court Tomb Loop in Sligo and the Gleann Cholm Chille Loops adjacent to Sliabh Liag Sea Cliffs are fine examples. www.discoverireland.ie/walking

Donegal Walkers Welcome: In Donegal you will find accommodation providers and walking guides, walking operators focused on ensuring you have a truly memorable walking holiday. www.donegalwalkerswelcome.com

Glenveagh National Park: Glenveagh with its 16,968 hectares is a walker's paradise. Ranger led walks take place throughout the year. A glimpse of red deer or the elusive Golden Eagles is not guaranteed but you could be lucky. www.glenveaghnationalpark.ie

Cycling Highlights

The North West Cycle Trail; is a 326km circular cycle route through counties Sligo, Tyrone, Fermanagh, Leitrim and Donegal with two loops at Ballyshannon for the day cyclist. This trail enjoys dramatic views of the Atlantic Ocean on coastal roads, with quiet country roads and some traffic free sections in urban areas, www.northwest-trail.com

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	Name	Description	Location
OONEGAL	Bloody Foreland Walk	Coastal Walk	Bloody Foreland
	Buncrana Coastal Walk	Coastal Walk	Buncrana
	Creevy Shore Walk	Coastal Walk	Creevy
	The Rougey Walk	Coastal Walk	Rougey
	The West End Cliff Walk	Coastal Walk	Bundoran
	Ards Forest Park	Forest Walk	Creeslough
	Corravaddy Wood	Forest Walk	Letterkenny
	Glenveagh National Park	Forest Walk	Churchill
	Arranmore Island Loop	Looped Walk	Arranmore Island
	Glencolmcille loop walk (Tower loop)	Looped Walk	Glencolmcille
	Drum Loop	Looped Walk	Glencolmcille
	Gola Island	Looped Walk	Gola Island
	Inishowen Head Loop	Looped Walk	Greencastle
	Horn Head - McSwyne's Gun Loop	Looped Walk	Horn Head
	Tory Island	Looped Walk	Tory Island
	Sliabh Liag	Mountain/Cliff Walk	South West Donegal
	The Gap Trail	Purpose built trail (old railway line)	Glenties
	Trusk Lough	Shore Walk	Stranorlar
	Bealach Na Gaeltachta	Way Marked Way	Donegal County
	Bluestack Way	Way Marked Way	Donegal County
	Colmcille Trail	Footpaths, Quiet Road, Rough Track	Milford
	Doocharry - Fintown Walk	Part of Bealach Na Gaeltachta	Fintown
	Lough Derg	Pilgrimage Walk	Lough Derg
	Maghery Walk	Quiet Roads	Maghery
EITRIM	Leitrim Way	Way Marked Way	Lough Allen
	Miner's Way	Way Marked Way	Arigna
	Lough Mac Nean Sculpture Trail	Way Marked Way	Fermanagh, Cavan, Leitrim
LIGO	Doorly Park	Looped Walk	Sligo Town
	Sligo Way	Way Marked Way	Sligo Town
	Rosses Point	Coastal Walk	Rosses Point
	Slish Wood	Forest Walk	Lough Gill
	Sligo Mountain Walks - Benbulben & Knocknarea	Mountain Walks	Sligo & Drumcliffe
	Sligo Spur Walks	Circuit Walks	Co Leitrim & Co Sligo
	Lough Arrow Walks	10 Circular Walks	Boyle, Castlebaldwin, Ballinafac
	Deerpark - Court Tomb	Looped Walk	Calry
	Lough Easkey	Looped Walk	Easkey

Fáilte Ireland Walking Site: www.discoverireland.ie/walking

This website contains very comprehensive information, walks are listed by county, and there is an accompanying orientation map to show the location of the walk and its starting point. There is then a more detailed route map showing the actual route of the looped walk.

Useful Websites

National Parks & Wildlife Service: www.npws.ie Irish Forestry Walks: www.coillteoutdoors.ie Slí na Sláinte (Health Walks): www.irishheart.ie Way Marked Ways of Ireland: www.walkireland.ie Irish Trails: www.irishtrails.ie



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CYCLING NEAR LOUGH GILL, CO. SLIGO

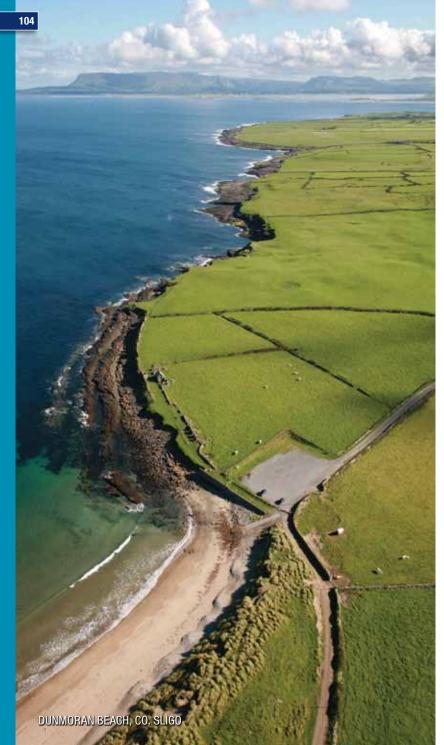


	CYCLING IN IRELAND'S NORTH WEST							
	Name	Description	Location	Contact				
DONEGAL	The North West Trail	Scenic cycling in the North of Ireland, 326km circular route through various counties	Donegal, Tyrone, Fermanagh, Leitrim and Sligo	0044 845 113 0065 www.northwest-trail.com				
	Inis Eoghain Cycle Way	A 55km circular cycle route connecting Lough Swilly in Donegal to the River Foyle in Derry.	Lough Swilly to River Foyle	www.iniseoghaincycleway. com				
	Ballyshannon Hub Routes	Two signed circular routes, each 32km in length.						
	Bikes & Toys	Bike Hire	Carndonagh	074 9374084 Email: bikesandtoys@eircom. net				
	Donal Byrne Bike Hire	Bike Hire	Ardara	074 9541658 Email: donbyrne@gmail.com				
	Bike Shop	Bike Hire	Donegal Town	074 9722515				
	Ireland By Bike	Four self guided cycling tours. Accommodation, Bike Hire, Luggage transfers and Itineraries provided.	Carrick	087 2118638 Email: info@irelandbybike. com				
	Michael Goodwin	Bike Hire	Bundoran	086 8186676/ 085 2488317 Email: thebikestopbundoran@ gmail.com				
LEITRIM	Tour de Humbert	Begins in Mayo, the routes pass though parts of Sligo & Leitrim. It is a marked trail with signposts and sites of historical interest on the route.	Sligo & Leitrim	071 9620170				
	The North West Trail	Scenic cycling in the North of Ireland, 326km circular route through various counties	Donegal, Tyrone, Fermanagh, Leitrim and Sligo	0044 845 113 0065 www.northwest-trail.com				
	Rent-a-Bike	Bike Hire	Drumshanbo	071 9641974 Email: moransmotorcycle@ yahoo.ie				
SLIG0	Tour de Humbert	Begins in Mayo, the routes pass though parts of Sligo & Leitrim. It is a marked trail with signposts and sites of historical interest on the route.	Sligo & Leitrim	071 9161201				
	Innisfree Wheelers Cycling Club	IWCC touring rides are designed for riders looking for an enjoyable ride at a more comfortable pace.	Sligo Town	087 2553485 www.innisfreewheelers.com				
	The North West Trail	Scenic cycling in the North of Ireland, 326km circular route through various counties	Donegal, Leitrim & Sligo	0044 845 113 0065 www.northwest-trail.com				
	Cranks Bicycle Hire	Bike Hire	Sligo Town	087 9564086				
	Chain Driven Cycles	Bike Hire	Sligo Town	071 9129008 www.chaindrivencycles.com				
	Beach Cruisers	Bike Hire	Strandhill	087 9504406/071 9122998 www.standhillbeachcruisers.ie				

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Beaches

There are many clean and sandy beaches dotted along the North West's coastline for all to enjoy, including many with the prestigious Blue Flag Beach Award and many others with the Green Coast Award.

Blue Flag Beaches



The Blue Flag is an international, voluntary eco-label for beaches and marinas. The Blue Flag is awarded to beaches and marinas that meet a specific set of criteria:

- Environmental information & education
- Water quality
- Safety & services
- Environmental Management

The programme aims to raise environmental awareness and promote good environmental behaviour among tourists and local populations and best practice among beach and marina management and staff.

The International Blue Flag programme is operated in Ireland by An Taisce – The National Trust for Ireland.

Please visit **www.beachawards.ie** or phone 01 4002210 for more information.

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BLUE FLAG BEACHES IN IRELAND'S NORTH WEST 2010*				
	Name	Location		
DONEGAL	Bundoran	Bundoran		
	Rossnowlagh	Rossnowlagh		
	Murvagh	Laghey		
	Fintra	Killybegs		
	Narin-Portnoo	Narin		
	Carrickfinn	Annagry		
	Marblehill	Dunfanaghy		
	Killahoey	Dunfanaghy		
	Portsalon	Fanad		
	Lisfannon	Fahan		
	Culdaff	Culdaff		
	Stroove	Inishowen Peninsula		
SLIGO	Rosses Point	Sligo		

*Please Note: The above refers to the 2010 listing only. The 2011 listing was not available at time of print.

Green Coast Award Beaches



Green Coast Awards are awarded to beaches for their natural beauty, clean environment and water quality. These beaches may not have the necessary built infrastructure as to meet criteria set for Blue Flag status, however Green Coast Award beaches are exceptional places to visit and to enjoy our rich

coastal heritage and diversity. The Green Coast Award programme is also operated in Ireland by An Taisce – The National Trust for Ireland.

Please visit **www.beachawards.ie** or phone 01 4002210 for more information.

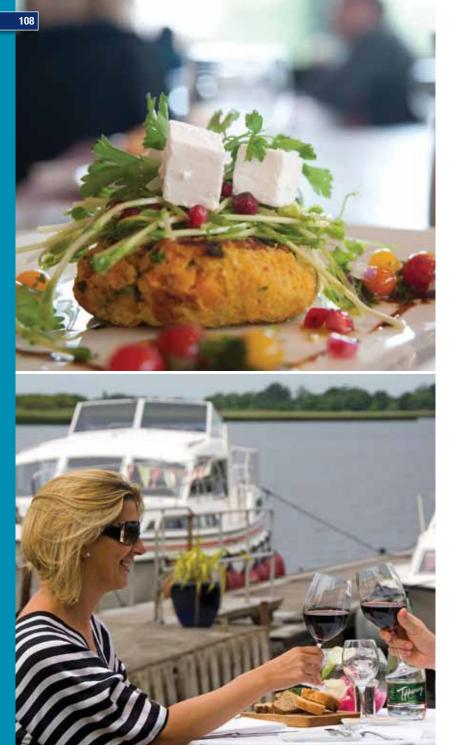
	GREEN COAST AWARD BEACHES IN IRELAND'S NORTH WEST 2010*				
	Name	Location			
DONEGAL	Dooey	Approx 13km south of Dungloe			
	Port Arthur	Approx 5km north of Derrybeg			
	Magheroarty	Approx 5km west of Gortahork			
	Drumatinney	Approx 3km north of Falcarragh			
	Ballyhernan	Approx 4km south of Fanad Head			
	Ladies Bay	Adjacent to Buncrana town			
	Rathmullan	Northern shore of Lough Swilly			
	Tra Leadhbh Garbh	On Arranmore Island			
SLIGO	Dunmoran	Approx 30km west of Sligo Town			
	Streedagh	Approx 4km west of Grange			
	Rosses Point	Approx 9km west of Sligo Town			
	Mullaghmore	Approx 25km from Sligo Town or 14km from Bundoran			

ACTIVITIES

*Please Note: The above refers to the 2010 listing only. The 2011 listing was not available at time of print.



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Food & Dining

Discover Irish Food

When it comes to top quality food, there are few, if any, better destinations than right here in the North West. From food festivals to farmers markets, to award winning restaurants, gourmet pubs and bistros, you'll find somewhere in this area to suit your taste and your budget!

Food Festivals that allow you to experience the vibrancy and culture of the region with the added bonus of mingling with the locals!

FOOD FESTIVALS IN THE NORTH WEST

So Sligo Food Festival, Sligo. 16th – 20th March. Email: info@sosligo.com www.sosligo.com

Taste of Donegal Food Festival, Donegal Town. 26th – 28th August.

If you want to join in why not consider spending a day making your own cheese or learn how to bake cakes and scones that your granny would be proud of!

For the more non-participative there are simply loads of food and farmers markets which have become a regular feature in the Region where you can pick up delicious local delights. Or just take a leisurely stroll around our specialist food shops and artisan food stores, where you can meet like minded passionate foodies!

Spoil yourself, have some fun and treat your taste buds to a North West Food adventure!

North West Ireland Pocket Guide

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FARMERS' & COUNTRY MARKETS:

Take in the atmosphere of our markets, by browsing around and sampling the local and organic produce such as farmhouse cheeses, salmon, meats and a wide range of organic fruit and vegetables.

COUNTY DONEGAL

Buncrana Country Market in the Church Hall every 2nd and 4th Saturday from 2pm – 3pm.

Donegal Town Farmers Market, The Diamond, Donegal Town runs every 1st and 3rd Saturday from 10am – 3pm.

Ramelton Country Market, Ramelton Town Hall, every Saturday from 11am – 12pm.

Killybegs Country Market at Shore Road Car Park, every Thursday to Saturdays, 10am – 5pm.

COUNTY LEITRIM

Carrick-on-Shannon Farmers Market, the Market Yard Centre on Thursdays, 10am - 2pm.

Manorhamilton Farmers Market, in the grounds of the Bee Park Resource Centre, every Friday from 10am to 2pm.

Mohill Country Market every Friday 10am – 2pm.

COUNTY SLIGO

Sligo Farmers Market in the car park of Sligo Institute of Technology, every Saturday from 10am - 1pm.

Sligo Town Market in the Market Yard every Friday from 8am – 3pm. **Ballymote Market** in the Town Square every Saturday 9am – 4pm.

For more information log on to www.bordbia.ie/aboutfood/farmersmarkets

COOKERY SCHOOLS:

COUNTY DONEGAL

Hillcrest Cookery School, Letterkenny, Co Donegal. Chef Martin Anderson demonstrates how simple it is to turn wholesome local ingredients into 4 star restaurant style food. Tel: 074 9122300.

Donegal Cookery School, Clar Road, Donegal Town. Weekly demonstrations & master classes to help mums and dads plan their weekly meal times. Tel: 074 9725222, Email: info@donegalmanor.com www.donegalmanor.com

Castle Murray Hotel & Restaurant, St Johns Point, Dunkineely. 5 week block courses run throughout the year. Tel: 074 9737022, Email: info@castlemurray.com, www.castlemurray.com

COUNTY LEITRIM

The Organic Centre, Rossinver, Co Leitrim. Cookery Courses with the emphasis on the use of organic produce. Tel: 071 9854338, Email: info@theorganiccentre.ie www.theorganiccentre.com

COUNTY SLIGO

Source Sligo, 1&2 John St., Sligo. A variety of cooking classes have been designed that will cater for all tastes with the focus on using local knowledge and ingredients at all times. Tel: 071 9147605, Email: info@sourcesligo.ie www.sourcesligo.ie



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Festivals & Events

If you like traditional Irish culture....

Get your toes tapping during the year to An Tostal in June, Carmel Gunning International Summer School and Ballyshannon Folk Festival in August.

If you like the arts... You'll be spoilt for choice! From music, dance, visual arts, street performance or family events. The Earagail Arts Festival, 'The Outsider', the annual Yeats Summers School and Celtic Fringe are just a sample of the variety on offer.

If you like theatre or film... In the stunning beautiful Donegal Gaeltacht the 5th annual Guth Gafa International Film Festival is one of only a handful of village film festivals throughout Europe.

If you like family fun... In July, the 44th Mary of Dungloe will be crowned or the Enniscrone Black Pig Festival in August.

If you like Music... Choose from the Rory Gallagher Festival or the Sligo Jazz Festival in July. For something completely different the Sligo Baroque Music Festival or the Sligo Choral Festival may be of interest. If it's a late break simply head to Sligo in October for Sligo Live.

If you like Food... In the summer months you will not want to miss the Taste of Donegal Festival.

If you like the Outdoors... Choose from many of our walking festivals. As for the water sports lovers; Sea Sessions Surf and Music Festival in Bundoran, the Warriors Run Festival in Strandhill or the Mirror European Sailing Championships at Rosses Point. Or just relax and enjoy many of the exciting horse racing meetings or car rally competitions.

ACTIVITIES

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JANUARY

Yeats Winter School

28th-30th January. Sligo Park Hotel, Sligo Town.

www.yeats-sligo.com

The aim of the weekend is to provide a basis for reading, exploring and thinking about Yeats's work in the place where much of it began.

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Country & Western Weekend

28th-30th January. Ardara, Co Donegal,

T: 074 9541103

www.nesbittarms.com Annual country & western music weekend

∫] iii

FEBRUARY

Sligo Myths and Legends Schools 4th-6th February, Sligo, T: 071 9168868 www.lughzone.ie Learn about our myths & Legends through storytelling and theatre

<u> 55 🕹</u>

New Roots Film Festival

4th-6th February. Manorhamilton. Co Leitrim.

T: 086 6049365

www.cinemanorthwest.com

Free screening of entertaining films that reflect the many cultures of Leitrim including races and religions

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Jack B. Yeats. The Outsider 6th-28th February. Model & Niland Centre, Sligo Town, T: 071 9141405

www.themodel.ie

A Major Survey exhibition of Jack B Yeats bringing many of his great masterpieces together for the first time in almost 40 years.

99 ii:

New Roots Film Festival

11th-13th February. Ballinamore, Co Leitrim. T: 087 6049365

www.cinemanorthwest.com

Free screening of entertaining films that reflect the many cultures of Leitrim including races and religions

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Valentine's Country Music Festival

11th-14th February. Bundoran, Co Donegal. T: 071 9841075 www.allinghamarmshotel.ie Weekend of music in Bundoran.

1 **Trad Fest**

18th-19th February. Moville, Co Donegal. T: 074 9382973 www.craicon.com/moville Music all weekend in several of Moville's pubs.

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New Roots Film Festival

18th-20th February. Carrick on Shannon, Co Leitrim.

T: 087 6049365

www.cinemanorthwest.com Free screening of entertaining films that reflect the many cultures of Leitrim including races and religions



For full up to date Festival details log on to www.discoverireland.ie

Donegal Dance Asylum

18th-20th February. Donegal Town. T: 074 97 21014 www.salsa.ie

Dance weekend of salsa dancing & classes with Zumba moves.

Bridge Play & Instruction Weekend 18th-20th February.

Letterkenny, Co Donegal. T: 074 9194444.

Weekend of bridge play & instruction

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Ballroom Dancing Weekend

20th-22nd February. Bundoran. Co Donegal. T: 071 98 41204

www.greatnorthernhotel.com

Daily dance throughout the weekend including Waltz, Quickstep, Foxtrot, Tango, Jive, Cha Cha Cha, Samba & Rumba.

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Ribbon Rhythm Festival

26th-27th February. Letterkenny, Co Donegal. T: 074 91 22700.

www.ribbonrhythm.com New two day festival in aid of Autism Ireland.

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MARCH

Jack B. Yeats, The Outsider 1st-31st March. Model & Niland Centre, Sligo Town, T: 071 9141405.

www.themodel.ie

A Major Survey exhibition of Jack B Yeats bringing many of his great masterpieces together for the first time in almost 40 years.

99 ii:

Note: Dates for any of the events may be subject to change. Please check before attending.

Western Drama Festival 4th-11th March. Tubbercurry, Co Sligo. T: 071 9686115. www.adci.ie The 68th Western Drama Festival takes

place in St Brigid's Hall, Tubbercurry.

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Kiltyclogher Drama Festival 5th-11th March.

Kiltyclogher, Co. Leitrim.

www.adci.ie

A Drama Festival to foster, develop, promote and encourage amateur drama in the region.

99 ii:

March Country Music Weekend 11th-14th March. Bundoran. Co Donegal. T: 071 9841075. www.allinghamarmshotel.com Weekend of country music.

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Ardara Walking Festival 12th-13th March. Ardara, Co Donegal. T: 086 2341061. www.ardarafestivals.com A mixture of Short. Medium &

Strenuous walks

Ballyshannon Drama Festival

12th-19th March. Ballyshannon, Co Donegal. T: 071 9852109. www.ballyshannondrama.com Week long drama festival.

99 ii:

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All website & email links are live.

Cúrsaí Gaeilge -Weekend Irish Language Course 16th-20th March. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Irish Language course for beginner and intermediate levels.

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Só Sligo Food Festival

16th-20th March. Sligo.

www.sosligo.com

For the 2nd year running this festival kicks off on St Patricks Day with an extravagant buffet. From the World Irish Stew Championship to the allure of dining by the sea and surf, the streets of Sligo will come alive with a spectacular carnival and live traditional music.



Céilí Dancing Night

17th March. Sligo Park Hotel, Sligo Town,

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38th Tubbercurry St Patrick's Dav Road Race 17th March, 12.30pm. Tubbercurry, Co Sligo.

Annual 10km Road Race.



22nd International Folk.

Song & Ballad Seminar 18th-21st March. Inishowen, Co Donegal.

T: 087 2903799 www.inishowensinging.ie

To celebrate, encourage, foster and perpetuate the folk song and ballad tradition of the Inishowen Peninsula.



Killybegs Tattoo Convention 25th-27th March. Killybegs, Co Donegal. www.myspace.com/killybegstattoo Weekend of workshops, tattoo artists & tattoo designs.

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Set Dancing Weekend 25th-27th March. Bundoran, Co Donegal. T: 074 93 82327. www.greatnorthernhotel.com Set dancing weekend with ceili's and workshops.

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Feis Shliqiqh-Irish Dancing & Verse Speaking 26th March-3rd April. Sligo Town. T: 071 9168197. www.feis-shliqiqh.ie Music competitions throughout

the weekend.

99 ii: 🎵

APRIL

Jack B. Yeats, The Outsider 1st-30th April. Model & Niland Centre, Sligo Town, T: 071 9141405. www.themodel.ie

A Major Survey exhibition of Jack B Yeats bringing many of his great masterpieces together for the first time in almost 40 years.

99 ii:

Siúl Sléibhe - Hill Walking in Donegal

3rd-10th April. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com A hill walking programme physically and culturally rewarding for novice and experienced walkers.

For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

Mullaghmore Sprint Triathlon 2011

4th April, 9am. Mullaghmore, Co Sligo. Sports Event - Swim, Cycle and Run.

Inishowen International Guitar Festival 8th-10th April. Culdaff, Co Donegal. T: 074 9379104. www.iquitar.ie International guitar festival held annually.

∫ ii:

54th All Ireland AA Convention 8th-10th April. Letterkenny, Co Donegal. T: 074 9124369. www.alcoholicsanonymous.ie National event held annually.

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South Sligo Walking Festival

9th & 10th April. Tubbercurry, Co Sligo. T: 087 9671339.

www.oxmountain.com

The Annual South Sligo Spring Walking Festival will take place over 2 days and there will be 3 walks each day. The short walks will suit those who prefer leisurely pace while medium & long walks will be more challenging.

Sligo Try a Tri

10th April. Sligo Town. Sports Event.

St Clare's Comprehensive Run

10th April. 12pm. Manorhamilton. Co Leitrim. T: 071 9855087

Something for everybody in the family 10k or 4k run or walk.

Sliabh Liag Hill Walking Weekend 16th-17th April. Carrick/Teelin, Co Donegal.

T: 087 6737614 www.sliabhliagwalkers.com Various walks at different levels over two davs.

Cúrsaí Gaeilge - Irish Language Course 16th-23rd April. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

Irish Language course for beginner and intermediate levels.

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Sligo New Music Festival

16th-17th April. Model & Niland Centre, Sligo Town, T: 071 9141405. www.themodel.ie

The Sligo New Music Festival will feature two outstanding Australian musicians-electric guitarist and soundscape artist extraordinaire Oren Ambarchi and one of the world's leading recorder players, Genevieve Lacev.

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Feis Shligigh-Vocal Music & Drama 16th-20th April.

Sligo Town. T: 071 9168197.

www.feis-shliqiqh.ie Music competitions throughout the weekend.



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All website & email links are live.

West of Ireland Championship 2011 22nd-26th April. Rosses Point, Co Sligo. T: 071 9177134. www.countysligogolfclub.ie

The Inaugural West of Ireland Amateur Open Championship is the traditional start to the competitive season for leading amateur golfers.

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Leitrim County Fleadh Cheoil

22nd-24th April. Mohill, Co Leitrim.

T: 086 2309791.

Festival of Irish Traditional dance song and music that attracts a large number of competitors known as a Fleadh Cheoil.

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North Leitrim Glens Hillwalking Festival 23rd-24th April. Manorhamilton, Co Leitrim.

T: 086 8418543.

Magical guided walks (weather depending) through wonderful terrain with good conversation, friendliness and craic.

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Traditional Music Easter Festival 23rd-24th April.

Meenaneary, Co Donegal. T: 074 9739297.

Weekend of Traditional music, song & dance.

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Cúrsaí Gaeilge - Irish Language Course

23rd -30th April. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Irish Language course for beginne

Irish Language course for beginner and intermediate levels.

Siúl Sléibhe - Hill Walking in Donegal 23rd-30th April. Glencolmcille, Co Donegal. T: 074 9730248.

A hill walking programme physically and culturally rewarding for novice and

experienced walkers.

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Féile na bPaistí (Children's Festival) 24th-25th April. Kilcar, Co Donegal. T: 074 9738424. www.kilcaronline.com Two day Children's festival.

ii: 99

Sligo Feis Ceoil

25th-28th April. Sligo Town. www.sligofeisceoil.ie A major Festival of Music, Drama, Dancing, Singing and Art.

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Carney 10km 25th April. Carney Village, Sligo.

A local Fundraising charity Road Race in the Village of Carney in North Sligo.

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Sligo Myths and Legends Schools

29th April-1st May. Strandhill/Sligo. T: 071 9168868. www.lughzone.ie Learn about our myths & Legends through storytelling and theatre.



For full up to date Festival details log on to **www.discoverireland.ie** Note: Dates for any of the events may be subject to change. Please check before attending.

2011 Cup of Tae Festival

29th April-2nd May, Ardara, Co Donegal. T: 087 2424590. www.cupoftaefestival.com Traditional festival of music, song, dance & recitation.

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Kilcar Folk, Blues & Bluegrass Festival 29th April-2nd May. Kilcar, Co Donegal. T: 087 6548952.

www.kilcaronline.com

Weekend of folk and blues music.

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May Country Music Weekend 29th April-2nd May. Bundoran, Co Donegal. T: 071 9841075

www.allinghamarmshotel.com Weekend of country music with top artists.

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Cúrsaí Gaeilge -Irish Language Weekend Course 29th April-2nd May. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com Irish Language course for beginner and intermediate levels.

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Siúl Sléibhe - Hill Walking in Donegal 29th April-2nd May. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

A hill walking programme physically and culturally rewarding for novice and experienced walkers.

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Donegal Bluestack Walking Festival 29th April-1st May. Donegal Town, Co Donegal.

T: 087 7844803. www.donegalwalkerswelcome.com Weekend of walking for all walking enthusiasts.

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Laghey Blast Festival 30th April-1st May. Laghey, Co Donegal. www.lagheyblastfestival.com Family fun festival.

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Ceiliuradh an Earraigh 30th April-2nd May.

Gurteen, Co Sligo. T: 071 9182602.

www.colemanirishmusic.com

A musical celebration of springtime with traditional music concerts, fiddle workshops and hospitality night.

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Drumcliffe Chamber Music Festival

30th April-2nd May. Drumcliffe, Co Sligo. The Music in Drumcliffe Festival revolves around Vogler Quartet as Key Performers and Classical music in the intimate setting of St Columba's Church, Drumcliffe.

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MAY

Jack B. Yeats, The Outsider 1st-31st May. Model & Niland Centre, Sligo Town. T: 071 9141405.

www.themodel.ie

A Major Survey exhibition of Jack B Yeats bringing many of his great masterpieces together for the first time in almost 40 years.

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All website & email links are live.

Sligo Races

1st Mav. Sligo Racecourse, Sligo Town, T: 071 9183342.

www.countvsligoraces.com

Sligo Racecourse is situated on Cleverach Road, 1/2 mile just outside Sligo town centre. It is a right handed track situated on 56 acres overlooking Ben Bulben in the heart of Yeats Country. Flat & National Hunt Racing.

ii: 💊

Gaeilge Na hAlban -Scottish Gaelic Language

3rd-6th May. Glencolmcille. Co Donegal. T: 074 9730248.

www.oideas-gael.com

Beginners' course in Scottish Gaelic for Irish speakers.

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Cos Cos Sean Nos Dance Festival 6th-8th May. Drumcliffe, Co Sligo. T: 086 1925988.

www.coscos.ie

This Festival promotes the oldest of our Irish art forms through workshops, concerts, céilí, sessions in dance, music, singing, lilting, storytelling, bodhran & Bones.

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The Scottish Connection

6th-8th May. Sligo Town.

T: 087 1304843. www.sligofieldclub.ie

The Celebrating Sligo theme would be incomplete without discussing the historical external influences, particularly of Scotland, on Sligo's formation. A Gaelic culture and Columban/island monasticism encouraged migration, especially literary, on the sea routes of the Northwest and Scotland.

An Post Tour of Sligo 7th-8th May. Sligo Town. T: 071 9161511. www.sligosportandrecreation.ie

This event will involve 3 different routes: The Hazelwood Family Spin 10km. The Lough Gill Circuit 60km and The Ox Mountain Challenge 160km.

Wise Woman Weekend

13th-15th May. Dromahair, Co Leitrim.

learning discovery celebration and fun (Women of all ages welcome)

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TriCarrick on Shannon-Triathlon

14th May. Carrick on Shannon. Co Leitrim. 750m swim 5k run and cycle through lovely Leitrim Triathletes of all levels welcome.

Ox Midweek Walks

18th-20th May. Enniscrone, Co Sligo. T: 094 9027797.

www.ceol-na-mara.com

A 2 day easy to moderate guided walking event on the beautiful beaches and sand dunes around Enniscrone and up to the second highest point of the Ox Mountains, at Annatoran.

Donegal Walking Week

22nd-29th May. Donegal County. T: 074 9116078. www.letswalkdonegal.com Week long walking festival.

For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

King of Clubs Angling Competition

23rd-26th May. Drumshanbo, Co Leitrim A Magical fishing competition held over a number of days, fishing the waters of Leitrim is a must for all anglers.

The Creative Writers Workshop/ Memoir Writing

23rd-26th May. Markree Castle, Collooney, Co Sligo. T: 086 2523428.

www.thecreativewritersworkshop. com

The Creative Writer's Workshop. founded by Irene Graham in 1991, is based on right-brain/left-brain learning techniques and exercises.

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Dunfanaghy Sea Food Festival

27th-29th May. Dunfanaghy, Co Donegal.

T: 074 9136548. www.sheephavenbay.com

This event promotes local fresh seafood, with contemporary music and street performers.

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Sligo Races

28th May. Sligo Racecourse, Sligo Town.

T: 071 9183342. www.countysligoraces.com

Sligo Racecourse is situated on Cleveragh Road, 1/2 mile just outside Sligo town centre. It is a right handed track situated on 56 acres overlooking Ben Bulben in the heart of Yeats Country. Flat & National Hunt Racing.

💊 ii:

North West Garden Show

28th-29th May. Castlefinn, Co Donegal. T: 086 7755995. www.northwestgardenshow.ie Two day garden show with stalls and exhibitions.

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An Tostal 2011

30th May-6th June. Drumshanbo, Co Leitrim. An Tostal is a family orientated traditional festival which provides entertainment for young and old. It's the last An Tostal still running.

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Donegal Links Classic

30th May -1st June. Portsalon/Ballyliffin/Rosapenna, Co Donegal.

T: 074 9378111.

www.ballvliffengolfclub.com

The Donegal Links Classic is played over three of Ireland's most celebrated links.

Fleadh Cheoil Chontae Shliqigh

30th May -5th June. Strandhill, Sligo. T: 071 9164250.

www.comhaltas.ie

This year's Sligo County Fleadh Cheoil will take place in Dromore West. A weekend of Musical competitions.



ACTIVITIES

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All website & email links are live.

An annual women only weekend of

JUNE

Jack B. Yeats, The Outsider 1st-5th June. Model & Niland Centre, Sligo Town. T: 071 9141405.

www.themodel.ie

A Major Survey exhibition of Jack B Yeats bringing many of his great masterpieces together for the first time in almost 40 years.

Beatlesfest

2nd-5th June. Moville, Co Donegal. T: 074 9382973.

www.craicon.com/moville

Ireland's only annual festival celebrating the music of the Beatles.

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Rory Gallagher Festival 2nd-5th June. Ballyshannon, Co Donegal. T: 086 8772325. www.goingtomyhometown.com

Annual international tribute festival to Irish rock n blues legend Rory Gallagher.

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Damhsaí Dhún na nGall -Donegal Dances 3rd-6th June. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Weekend course of Sean Nós & traditional two hand dances.



An Bodhrán - Bodhrán Playing Course

3rd-6th June. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Weekend course offering the

opportunity to study the various techniques of bodhrán playing.

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Siúl Sléibhe -3-day Hill Walking in Donegal 3rd-6th June. Glencolmcille, Co Donegal.

T: 074 9730248. www.oideas-gael.com

A hill walking programme physically and culturally rewarding for novice and experienced walkers.

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The Mick, Michael & Pat Carr Memorial Trad. Weekend 3rd-6th June. Meenaneary, Co Donegal. T: 074 9739297. www.odonnellsbar.net Weekend of traditional music, dance & workshops.

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Gaelforce Athletics Challenge

4th June. North Donegal. T: 095 42006. www.gaelforceevents.com Gaelforce events organise unsupported adventure challenges.

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For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

Annual Riverstown Vintage Festival

4th-5th June. Riverstown, Co Sligo. T: 071 9165001.

www.sligofolkpark.com

The Riverstown Vintage Festival provides a great opportunity to see working agricultural equipment and rural craft demonstrations from yesteryear. Two day event features vintage displays and exhibitions.

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Tombs & Tales Walks - Leitrim Landscapes Guided Walks

4th-5th June. Glenfarne, Co Leitrim. A guided walk with fantastic views over Lough McNean Glenfarne Plateau and the surrounding area.

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Sliabh an Iarainn Hillwalking Festival 4th-6th June.

Aughacashel, Co Leitrim. Historical and beautiful rugged mountain walks in County Leitrim.

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Sligo Olympic Triathlon

5th June. Sligo Town.

www.runireland.com

A new Triathlon for 2011 which will cover 1500m Swim, 40km Cycle and a 10km Run.

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John McKenna Traditional Music Festival

9th-12th June. Drumkeeran, Co Leitrim. A traditional music and dance weekend.

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Temple House Music Festival

10th-12th June. Ballymote, Co Sligo.

www.templehousefestival.com

An Electro micro music and arts festival will take place in the grounds of Temple House. The festival will have a diverse line up of music and entertainment.

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Sligo Set Dancing Weekend 2011 10th-12th June. Sligo Town.

T: 087 6206134.

Weekend of Set Dancing and Workshops.

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Guth Gafa Documentary Film Festival 10th-13th June. Gortahork, Co Donegal. T: 074 9180730.

www.guthgafa.com

Festival for showcasing documentary films from Ireland and around the world.

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June Country Music Festival Weekend 10th-13th June. Bundoran, Co Donegal. T: 071 9841075.

www.allinghamarmshotel.ie

Various country & Western artists appearing over the weekend.

Cúrsaí Gaeilge - Irish Language Course 11th-18th June. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Irish Language course for beginner and

intermediate levels.

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ACTIVITIES

All website & email links are live.

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Inishowen Vintage Show

12th June. Moville, Co Donegal. T: 086 6062038.

www.inishowenvintage.com

Vast array of vintage tractors, machinery, trucks & cars, Also, displays & demonstrations of traditional crafts & skills.

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Fireball World Championship

11th-24th June. Rosses Point, Co Sligo.

www.sligoyachtclub.org

Sligo Yacht Club will host the Fireball World Championship. Racing takes place over 2 weeks.

Rosses Point Shanty & Seafaring Festival

17th-19th June. Rosses Point, Co Sligo.

www.rossespointshanty.com

Sligo's Maritime Village is hosting the 2nd International Festival. Lots of fun and a great standard of music, song, poetry and performances.

ii: 🞵

Sean McDiarmada Summer School 2011

17th-19th June. Kiltyclogher, co Leitrim. A weekend of music, lectures, exhibitions by various experts and historians

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Donegal International Car Rally

17th-19th June. Letterkenny, Co Donegal.

T: 074 9123063.

www.donegalmotorclub.com Ireland's premier International motor rally.



Mullaghmore Triathlon 18th June. Mullaghmore. Co Sligo. www.runireland.com Sporting Event including Swim. Bike & Run Race.

0 **Golf Open Week**

18th-26th June. Ballymote, Co Sligo www.ballymotegolfclub.ie Golf Event.

Cúrsaí Gaeilge - Irish Language Course

18th-25th June. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Irish Language course for beginner and intermediate levels.

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Open Week Enniscrone Golf Club

20th-24th June. Co Sligo. www.enniscronegolfclub.com Golf Event.

Mid Summers Seniors Golf Challenge

20th-22nd June. Portsalon/Dunfanaghy/Rosapenna, Co Donegal. T: 074 9155301 www.rosapenna.ie Three day golf event in North Donegal.

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4 Bars Later Barbershop Chorus 2011

24th-26th June. Sligo Town. An event to celebrate Sligo's barbershop "4 Bars Later" 10th birthday. A Gala Concert featuring local & Visiting choruses & Quartets.

For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

Celtic Fringe Fest

24th-26th June. Grange, Co Sligo. T: 085 1131911/087 6739051. www.celticfringefestival.com

The Vovage of the Spanish Armada connected many Celtic Shores in Europe and this Festival will explore those connections in a varied artistic and historical programme.

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Sea Sessions Surf & Music Festival

24th-26th June. Bundoran, Co Donegal.

www.seasessions.com

Festival includes: music, surfing, skate competitions, BMX display, and powerboat racing display

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Paddy Killoran Traditional Music Festival 25th-27th June.

Ballymote, Co Sligo. T: 071 9183709.

www.comhaltas.ie

The Music festival commemorates the memory and legacy of Paddy Killoran and his contemporaries. Concerts, workshops, session trail and lots more.

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Cúrsaí Gaeilge - Irish Language Course

25th June-2nd July. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com Irish Language course for beginner and intermediate levels.

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The Creative Writers Workshop/

Markree Castle, Collooney, Co Sligo.

T: 086 2523428.

www.thecreativewritersworkshop.com

The Creative Writer's Workshop, founded by Irene Graham in 1991, is based on right-brain/left-brain learning techniques and exercises.

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Bodhran Summer School

27th June-1st July. Gurteen. Co Sligo.

www.colemanbodhran.com

Established in 2006 by Andrew Martin "Junior" Davey from Gurteen, South Sligo who celebrates and preserves the wonderful bodhran tradition of his area.

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Sligo Races

28th June. Sligo Racecourse, Sligo Town. T: 071 9183342.

www.countysligoraces.com

Sligo Racecourse is situated on Cleveragh Road, 1/2 mile just outside Sligo town centre. It is a right handed track situated on 56 acres overlooking Ben Bulben in the heart of Yeats Country, Flat & National Hunt Racing,

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Dvlan Fest

30th June-3rd July. Moville, Co Donegal. T: 074 9382973. www.visitinishowen.com Festival celebrating the music of Bob Dylan.

ACTIVITIES

North West Ireland Pocket Guide

Memoir Writing 27th-30th June.

125



JULY

Castle Dargan Golf Open Week 1st-10th July. Ballygawley, Co Sligo. T: 071 9118080. www.castledargan.com Golf Event.

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Fleadh Chonnacht 2011 1st-3rd July. Ballymote, Co Sligo. T: 086 3650536.

Music competitions throughout the weekend. Sean nos dancing, gala concert, céilí, storytelling, singing and much more.

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Cairde Summer Festival

2nd-9th July. Sligo Town.

www.cairdefestival.com

One week of Music, dance, theatre, children's events, visual art, street art and spectacle. Park Fest and lots more

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Letterkenny Country Fest

2nd-4th July. Letterkenny, Co Donegal. T: 074 91 24369. Weekend of country music.

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An Timpeallacht -Environment & Culture Course 2nd-9th July. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com

An exploration of both natural and man-made heritage of the region.

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Tápéis Gael - Tapestry Weaving Course 2nd-9th July.

Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Tuition in the skills of natural dyeing, carding, spinning and weaving.

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Péintéireacht - Marine Painting Course 2nd-9th July. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Tuition for beginners and improvers in

marine painting.

Cúrsaí Gaeilge - Irish Language Course 2nd-9thJuly. Glencolmcille, Co Donegal. T: 074 9730248 www.oideas-gael.com Irish Language course for beginner and intermediate levels.

Lishowen Vintage Show

3rd July. Moville, Co Donegal. T: 086 6062038. www.inishowenvintage.com Show celebrating agricultural vintage machinery.

Atlantic Coast Golf Challenge

4th-6th July. Carne/Enniscrone/ Co. Sligo GC. T:097 82292. www.carnegolflinks.com Golf challenge for men and ladies, teams of three.



For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

Carrick Water Music Festival

8th-10th July. Carrick on Shannon, Co Leitrim.

www.carrickwatermusic.com Multi-genre Music Festival of Opera, Trad, Jazz & Classical with Literary, Drama, Workshops, master classes & Fringe Events supplementing Main Events

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Danny Webster Sets, Céilí & Two Hand Dancing Weekend 8th-10th July.

Meenaneary, Co Donegal. T: 074 9739297.

Weekend of traditional music, dance & workshops.

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Cláirseach Éireannach -Irish Harp Course 9th-16th July. Glencolmcille. Co Donegal.

T: 074 9730248.

www.oideas-gael.com Tuition on Irish harp for beginners and improvers.

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Cúrsaí Gaeilge - Irish Language Course 9th-16th July. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com Irish Language course for beginner and intermediate levels.

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Siúl Sléibhe - Hill Walking in Donegal

9th-16th July. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

A hill walking programme physically and culturally rewarding for novice and experienced walkers.

Earagail Arts Festival

9th-24th July. Letterkenny & NW Donegal. T: 074 9168800. www.eaf.ie

A bilingual, multidisciplinary festival offering a national and international programme of music, theatre, children's events, literature and outdoor events.

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Sligo Races 10th July. Sligo Racecourse, Sligo Town. T: 071 9183342.

www.countysligoraces.com

Sligo Racecourse is situated on Cleveragh Road, 1/2 mile just outside Sligo town centre. It is a right handed track situated on 56 acres overlooking Ben Bulben in the heart of Yeats Country. Flat & National Hunt Racing

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South Sligo Summer School

10th-16th July. Tubbercurry, Co Sligo. T: 071 9120912.

www.sssschool.org

Classes & workshops, set dancing daily, lectures, recitals and Sean Nos Dancing.

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Sligo Stages Rally

11th July. www.connachtmotorclub.com Sligo Stages Rally Event.

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All Ireland's Strongest Man under 90kg 16th July. Letterkenny, Co Donegal.

E: slack@live.ie www.energiefitnessclubs.com/ letterkenny

letterkenny

Competition to find Ireland's strongest man under 90kg.

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ACTIVITIES

Joe Mooney International Summer School 16th-23rd July. Drumshanbo, Co Leitrim. T: 071 9641213.

www.joemooneysummerschool.com

Daily workshops in flute, fiddle, whistle, harp, button accordion, concertina, pipes, bodhran, banjo, piano accordion, set dancing and sean nos dancing, traditional & sean nos singing.

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Cúrsaí Gaeilge - Irish Language Course 16th-23rd July. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com

Irish Language course for beginner and intermediate levels.

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An Fliút - Flute & Whistle Playing Course 16th-23rd July. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Tuition for beginners and improvers in the flute and whistle.

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Ó Bhéarla go Gaeilge -Irish Course for Translators

16th-23rd July. Glencolmcille, Co Donegal.

T: 074 9730248. www.oideas-gael.com

Course for highly skilled Irish speakers who are already translating or who want to become translators.

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Men's Interprovincial Club & Amateur Golf Event 19th-21st July. Rosses Point, Co Sligo. www.countysligogolfclub.ie Golf Event.

Sligo Jazz Project 19th-24th July. Sligo Town. T: 071 9157862. www.sligojazz.ie Annual International Summer School

and Festival of Jazz & World Music.

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Coolaney Summer Festival, Co Sligo 22nd -24th July.

www.coolaneydevco.ie

Event includes arts, music, sports and a celebration of Coolaney's rural heritage. On street entertainment and live music are on throughout the weekend.

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Scoil Shamraidh i dTeanga & Cultúr -Language & Culture Summer School 23rd-30th July. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Summer school in language and Irish culture.

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Cúrsaí Gaeilge - Irish Language Course 23rd-30th July. Glenfinn, Co Donegal. T: 074 9730248. www.oideas-gael.com Irish Language course for beginner and intermediate levels.

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Abbey Hotel Forestry Stages Rally 23rd July. Donegal Town, Co Donegal. www.donegalmotorclub.com

The Abbey Hotel Forestry Stages Rally is part of the Petro systems National Forestry Championship.

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For full up to date Festival details log on to **www.discoverireland.ie** Note: Dates for any of the events may be subject to change. Please check before attending.

Mary from Dungloe Festival

23rd July-1st August Dungloe, Co Donegal.

www.maryfromdungloe.com Annual week long festival of music, family activities and concerts.

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Yeats International Summer School

24th July-5th August. Sligo Town.

www.yeats-sligo.com

Yeats International Summer School is a two week literary event in Sligo centred on the works of W.B Yeats and his life and times.

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The Lough Erne & Links Challenge, Co Donegal

25th-27th July. Donegal (Murvagh)/Narin & Portnoo/ Lough Erne. T: 074 9734054.

www.donegalgolfclub.ie

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Kilcar Street Festival 28th July-2nd August.

Kilcar, Co Donegal. T: 074 9738424.

www.kilcaronline.com A great mix of activities and fun to suit all ages.

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Sligo Myths and Legends Schools

29th-31st July. Sliao.

T: 071 9168868 www.lughzone.ie

Learn about our myths & Legends through storytelling and theatre

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Ballyshannon Folk Festival 29th-31st July. Ballyshannon, Co Donegal. T: 071 9851088

www.ballyshannonfolkfestival.com

A superb weekend of Irish traditional and folk music and dance with some of the top performers in the country.

Sets Céilí Weekend with Céilí Time 30th-31st July. Meenaneary, Co Donegal. T: 074 9739297. Weekend of céilí, set dancing and

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workshops.

Lough Foyle Sea Kayak Race 30th July. Moville, Co Donegal. T: 074 9385903. www.justkayak.ie Kayak Race on Lough Foyle.

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Lough Arrow Festival Run 30th July, 3pm. Ballinafad, Co Sligo. 5km and 10km run organised by Aughanagh Parish Council Ltd.

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Seandálaíocht - Archaeology Course

30th July-6th August. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

Tuition in archaeology. The theme of the programme is "5,000 years in stone".



ACTIVITIES

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Cúrsaí Gaeilge - Irish Language Course 30th July-6th August. Glenfinn. Co Donegal. T: 074 9730248. www.oideas-gael.com Irish Language course for beginner and

intermediate levels.

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Siúl Sléibhe - Hill Walking in Donegal

30th July-6th August. Glencolmcille, Co Donegal.

T: 074 9730248.

www.oideas-gael.com

A hill walking programme physically and culturally rewarding for novice and experienced walkers.

James Morrison Traditional Music Festival

31st July-2nd August. Riverstown, Co Sligo.

www.morrison.ie

The 19th Traditional Music Festival commemorates the musical genius of Sligo's James Morrison and his contemporaries.

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Rosses Point Triathlon

31st July. Rosses Point, Co Sligo. www.sligotriathlon.ie A 750m Swim. 20km Cycle and a

5km Run.

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Clonmany Family Festival

31st July-8th August. Clonmany, Co Donegal. T: 074 9776477.

www.clonmanyfestival.com

Events at the festival include many competitions: sea angling, pub talent, soccer match, golf, bicycle race, tug o war, raft race, treasure hunt, etc.

AUGUST

Donegal Fiddle School

1st-5th August. Glencolmcille, Co Donegal

www.donegalfiddlemusic.ie Specialist non-residential music school held in the first full week of August in Glencolmcille.

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Carmel Gunning International Summer School

1st-5th August. Sligo Town.

T: 087 6250454

This Summer School Festival is a weeklong series of master classes in music song and dance and concentrates on the Sligo style of Irish Music.

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Sligo Races-Evening Meeting

3rd & 4th August. Sligo Racecourse, Sligo Town. T: 071 9183342.

www.countysligoraces.com Sligo Racecourse is situated on Cleveragh Road, 1/2 mile just outside Sligo town centre. It is a right handed track situated on 56 acres overlooking Ben Bulben in the heart of Yeats Country. Flat & National Hunt Racing.

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Black Pig Festival Enniscrone

4th-8th August. Enniscrone, Co Sligo. T: 089 4180351.

www.blackpigfestival.com

A Family fun filled week with magic shows, fun fair, and street entertainment.



For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

Greencastle Regatta

4th-7th August. Greencastle, Co Donegal. T: 074 9381363. www.inishowenmaritime.com

Annual Regatta at Greencastle.

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Tubbercurry Old Fair Day

5th-10th August. Tubbercurry, Co Sligo. One of the longest established Old Fair days in Ireland. Events during the festival include street entertainment, open air bands and traditional Fair day with crafts, animals and heritage displays. Fun for all the family.

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Siúl Sléibhe - Hill Walking in Donegal

6th-13th August. Glencolmcille. Co Donegal. T: 074 9730248

www.oideas-gael.com

A hill walking programme physically and culturally rewarding for novice and experienced walkers.

Kilcar Fleadh

6th-13th August. Kilcar, Co Donegal.

T: 074 9738424. www.kilcaronline.com

A weeklong festival of Irish Traditional Music. Song and Dance.

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Cruinneas sa Ghaeilge

6th-13th August. Glencolmcille, Co Donegal.

T: 074 9730248. www.oideas-gael.com

Course for fluent Irish speakers wishing to perfect their grammatical accuracy and improve vocabulary.

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6th -13th August. Glencolmcille, Co Donegal.

www.oideas-gael.com

intermediate levels.

All Ireland Marching Bands Competition

Angela McGettigan

Ulster Marching Bands Association in conjunction with The Abbey & Central Hotels, Donegal Town. All Ireland Marching Band Competition will take place in Donegal Town.

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Home Internationals 2011 10th-12th August. Rosses Point, Sligo,

Prestigious Men's Golf Event in Rosses Point.

Letterkenny Live

12th-14th August. Letterkenny, Co Donegal. T: 074 9125505.

www.letterkennvlive.com

Free on street music entertainment with headline acts on Saturday & Sunday nights.

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North West Ireland Pocket Guide

Cúrsaí Gaeilge - Irish Language Course T: 074 9730248. Irish Language course for beginner and

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7th August. Donegal Town.

T: 087 2359909.

www.abbeyhoteldonegal.com

ACTIVITIES

T: 071 9177134.

www.countysligogolfclub.ie

Saibhreas na Gaeilge - Irish Course for Advanced Irish Speakers

13th-20th August. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

Irish language course directed at highly skilled Irish speakers who want to enrich their spoken Irish.

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Siúl Sléibhe - Hill Walking in Donegal

13th-20th August. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

A hill walking programme physically and culturally rewarding for novice and experienced walkers.

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Cúrsaí Gaeilge - Irish Language Course

13th-20th August. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

Irish Language course for beginner and intermediate levels.

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Sligo Races-Evening Meeting

16th August. Sligo Racecourse, Sligo Town T: 071 9183342.

www.countysligoraces.com

Sligo Racecourse is situated on Cleveragh Road, 1/2 mile just outside Sligo town centre. It is a right handed track situated on 56 acres overlooking Ben Bulben in the heart of Yeats Country. Flat & National Hunt Racing.

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The Creative Writers Workshop/ Memoir Writing

21st-24th August. Markree Castle, Collooney, Co Sligo. T: 086 2523428.

www.thecreativewritersworkshop.com

The Creative Writer's Workshop, founded by Irene Graham in 1991, is based on right-brain/left-brain learning techniques and exercises.

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Péintéireacht Fharraige -Marine Painting Course

20th-27th August. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com Tuition for beginners and improvers in marine painting.

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Siúl Sléibhe - Hill Walking in Donegal

20th-27th August. Glencolmcille, Co Donegal. T: 074 9730248. www.oideas-gael.com A hill walking programme physically

and culturally rewarding for novice and experienced walkers.

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Cúrsaí Gaeilge - Irish Language Course

20th-27th August. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

Irish Language course for beginner and intermediate levels.

Heritage Week

Co. Sligo. 20th-28th August www.heritageweek.ie A celebration of Sligo's heritage.



For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

Inspirational Leitrim Homes

23rd August-15th September. Drumshanbo, Co Leitrim. A tour of Historical and Inspirational homes in the area.

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Mevagh Macra Féile Carraig Arts & Cultural Festival

26th-28th August. Mevagh/Carrigart, Co Donegal. siobhanpcoyle@hotmail.com

This wonderful community event is

free to all and a great family day out, demonstrating harvesting as part of our heritage.

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Coleman Traditional Festival

26th-28th August. Gurteen, Co Sligo.

T: 071 9182599. www.colemanirishmusic.com

This traditional Festival is held to honour the great fiddle player, Michael Coleman.

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The Warriors Run Festival 26th-28th August.

Strandhill, Co Sligo.

www.warriorfestival.com

The Warriors Run is a gruelling 15km road and hill race from the beach front at Strandhill to the top of Knocknarea Mountain and back. The run attracts competitors from around the world and spectators can enjoy live music and street entertainment.

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nange. Please check before allending.

Taste of Donegal Food Festival

26th-28th August. Donegal Town. A three day celebration of great food and drink set in the beautiful surroundings of the Bluestack Mountains and Donegal Bay.

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Donkey Derby 28th August. Mullaghmore, Co Sligo. T: 071 9166367.

A charity Donkey Race on the beach at Mullaghmore.

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Vintage Harvest Day 28th August.

Moville, Co Donegal.

T: 086 6062038. www.inishowenvintage.com

A three day celebration of great food and drink set in the beautiful surroundings of the Bluestack Mountains and Donegal Bay.

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SEPTEMBER

Sliabh an Iarainn Hillwalking Festival 3rd & 4th September. Aughacashel, Co Leitrim. Beautiful rugged mountain walks in County Leitrim with breathtaking

panoramic views.

100th Beltra Show

3rd September. Beltra, Co Sligo.

T: 071 9166061/087 2572920.

Come and join us celebrate our 100th show with dog trails/show, flower arranging, fancy dress and arts & crafts.

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North West Ireland Pocket Guide

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ACTIVITIES

Siúl Sléibhe -

T: 074 9730248.

Glencolmcille, Co Donegal.

A hill walking programme physically

and culturally rewarding for novice and

www.oideas-gael.com

experienced walkers.

15th-17th September.

T: 071 9841204.

Golf Event.

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Bundoran. Co Donegal.

National Conference of the

19th-21st September.

Irish Dancing Festival

Ardara, Co Donegal.

T: 087 6900714

www.ardara.ie

23rd-26th September.

Classical Association of Ireland

www.theclassicalworld.com

The Classical Association of Ireland

was founded back in 1908. The

Sligo branch will host the National

Conference for the first time in 2011.

Johnny Doherty Irish Dancing Weekend.

Left Hander's Golf Weekend

www.greatnorthernhotel.com

Carlsberg West Coast Challenge 5th-8th September. Bundoran/Murvagh/Enniscrone/ Strandhill, Co Sligo & Co Donegal. T:071 9841302

The West Coast challenge is a 72 hole stableford Golf competition played over 4 links in counties Sligo and Donegal over four days.

Carr Mara Trophy

5th-7th September. Rosses Point, Sligo.

T: 071 9177134.

Golf Event in honour of the lives of Joe Carr and Wellington Mara.

Anthony Trollope

9th-10th September. Drumsna. Co Leitrim. Weekend of Lectures, workshops, boat trips & a tour of the Anthony Trollope Trail.

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Jazz & Blues Festival

9th-11th September. Dunfanaghy, Co Donegal. T: 074 9136540. Jazz and Blues weekend.

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An Bodhrán - Bodhrán Plaving Course

9th-11th September. Glencolmcille. Co Donegal. T: 074 9730248.

www.oideas-gael.com

Weekend course offering the opportunity to study the various techniques of bodhrán playing.

3-day Hill Walking in Donegal 9th-11th September.

www.westcoastchallenge.info

www.countysligogolfclub.ie

International Summer School

www.dunfanaghyjazzandblues.com

European Surfing Championships

23rd September - 2nd October. Bundoran. Co Donegal. T: 096 49428. www.isasurf.ie European surfing event held in Bundoran.

For full up to date Festival details log on to www.discoverireland.ie

Note: Dates for any of the events may be subject to change. Please check before attending.

Donegal Bay/Fermanagh Lakelands

Golf Classic Seniors 26th-28th September. Bundoran/ Murvagh/Castle Hume, Co Donegal/Co Fermanagh. T: 086 6038030.

www.discoverireland.ie

Teams of three men and individual stableford.

Sligo Races

28th September. Sligo Racecourse, Sligo Town,

T: 071 9183342. www.countysligoraces.com

Sligo Racecourse is situated on Cleverach Road, 1/2 mile just outside Sligo town centre. It is a right handed track situated on 56 acres overlooking Ben Bulben in the heart of Yeats Country. Flat & National Hunt Racing.

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Sligo Barogue Music Festival 2011

29th September-2nd October. Sligo Town.

www.sligobaroquefestival.com

The Festival takes place in the Model and provides an excellent programme of concerts, talks, workshops and master classes.

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Sligo Traditional Singing Weekend 30th September-2nd October, Sligo Town. T: 087 6489057. www.sligotradsingers.ie

A weekend of traditional singing, lectures, workshops and field trips.

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Sligo Oktoberfest

29th September-2nd October. Sligo Town.

www.sligotourism.ie

A weekend of Bavarian food, drink and music festival.

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OCTOBER

The Great North Links Classic 5th-7th October. Ballyliffin/Portrush/Portstewart, Co Donegal/Co Antrim.

T: 074 9376119.

www.ballvliffingolfclub.com Open to men & ladies, individual & teams of four.

Charles Macklin Autumn School

7th-9th October. Culdaff, Co Donegal T: 074 9379104.

www.charlesmacklin.com

A weekend festival of events incorporating drama performances, workshops, storytelling and music.

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Harvest Rally 8th October. Inishowen, Co Donegal. T: 074 9362600. www.visitinishowen.com Annual Harvest Car Rally.

Ballinaglera Traditional Weekend 8th-9th October. Ballinaglera. Co Leitrim. T: 087 6904498. Weekend of Traditional Music and Dance.

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ACTIVITIES

North West Ireland Pocket Guide

All website & email links are live.

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Intercounties Surf Competition 15th-16th October. Rossnowlagh, Co Donegal. www.isasurf.ie

Described as the All Ireland of surfing. this is a county competition for teams of four. This is the anyone can have a go event of the year with as much emphasis on watching and socialising as taking part.

Inishowen Fashion Week

17th-23rd October. Buncrana, Co Donegal. T: 087 9675363.

www.visitinishowen.com

In association with Inishowen Children's Autism Related Education. The idea is to create an event that brings the fashion world back to basics. A method for "Designers, Local retailers, Beauticians & Hairdressers" to shine.

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Annual Traditional Festival & **Ballintogher Annual Feis** (Bank Hol. Weekend) 21st-30th October. Ballintogher, Sligo.

Theresa McCormack T: 071 9194250.

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Crana Canoe Weekend.

22nd-23rd October. Buncrana, Co Donegal, T: 087 2202577.

www.justkayak.ie

Events include: 10km Sea Kayak Race, 500m Open Boat Race, Junior and Novice Slalam Races, Freestyle Event.



The 2011 Fiddler of Doonev 23rd-24th October.

Sligo Town. T: 086 1511287. www.sligolive.ie

Sligo Live Sessions is again joining with CCE Sligo Town Branch to host the fiddler of Doonev competition. The competition is one of the oldest and most prestigious instrumental competitions in the tradition and is inspired by the W.B Yeats poem of the same name.

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Ulster Dance Championships

26th-28th October. Buncrana, Co Donegal. T: 074 9361144. www.visitinishowen.com Ulster Irish Dancing championships.

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Sligo Live

27th-31st October. Sliao Town T: 086 1511287. www.sligolive.ie

Ireland's most enjoyable roots music festival presents intimate concerts, sessions and free fun events appealing to a whole range of music fans and families.

∫ ii:

Sligo Myths and Legends Schools

28th-30th October. Sliao T: 071 9168868.

www.luahzone.ie

Learn about our myths & Legends through storytelling and theatre.



For full up to date Festival details log on to www.discoverireland.ie

An Fliút - Flute & Whistle Playing Course

28th-31st October. Glencolmcille, Co Donegal. T: 074 9730248.

www.oideas-gael.com

Tuition for beginners and improvers in the flute and whistle.

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Cúrsaí Gaeilge -Irish Language Weekend Course 28th-31st October.

Glencolmcille. Co Donegal. T: 074 9730248.

www.oideas-gael.com

Irish Language course for beginner and intermediate levels.

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Leitrim Landscapes Guided Walks

29th-30th October. Manorhamilton, Co Leitrim. A guided walk through Leitrim and surrounding areas.

NOVEMBER

Elvis Weekend

9th-10th November. Bundoran, Co Donegal. T: 071 9841204. www.greatnorthernhotel.com 4th Annual Flvis Festival.

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Sligo International Choral Festival 2011 10th-13th November.

Sligo Town www.sligochoralfest.org

2 days of music & Singing. Worldwide choirs. Concerts, competitions, cabaret, street & pub singing.

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Note: Dates for any of the events may be subject to change. Please check before attending.

Ceol na Samhna 11th-13th November. Tubbercurry, Co Sligo. T: 086 8105468/086 8201500 From concerts to workshops, singing sessions, céilí and lots more. It's all happening in Tubbercurry.

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Ardara Match Making Weekend

11th-13th November. Ardara, Co Donegal. T: 087 2424590.

www.ardara.ie

Annual match making weekend with top music artists.

DECEMBER

Santa Town 11th-20th December. Sligo Folk Park, Riverstown, Co Sligo. T: 071 9167013. www.sligofolkpark.com :::

ACTIVITIES

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Travel Options

Fly, sail, catch a train or jump on a bus to the North West it's that easy to reach us. With regular flights to Belfast, Derry, Dublin and Knock (Ireland West) and internal flights to Donegal or Sligo it's perfect for short or long breaks. Take the ferry from France or from the UK to Belfast, Dublin, Larne or Rosslare. While in Ireland Bus Éireann runs regular services to all major towns in the North West or catch the train from Dublin to Sligo.



AIR

Sligo Airport

Strandhill, Co Sligo. Tel: 071 9168280. Fax: 071 9168396. www.sligoairport.com Email: info@sligoairport.com

- Sligo Town 8 km (5 miles)
- Leitrim 65.98 km (41 miles)
- Donegal 74.03 km (46 miles).
- > Donegai 74.03 km (46 mile

Donegal Airport

Carrickfinn, Kincasslagh, Co Donegal. Tel: 074 9548284. Fax: 074 9548483. www.donegalairport.ie Email: info@donegalairport.ie

- Sligo 134.06 km (83.30 miles)
- Leitrim 194.89 km (121.10 miles)
- > Leiuiiii 194.09 Kiii (121.10 Iiiies)
- > Donegal 68.4 km (42.5 miles).

City of Derry Airport

Eglinton, Co Derry. BT47 3GY Tel: 0044(28) 7181 0784. Fax: 0044(28) 7181 1426. www.cityofderryairport.com Email: info@cityofderryairport.com

- Sligo 147.25 km (91.5 miles)
- > Leitrim 168.18 km (104.5 miles)
- > Donegal 85.3 km (53 miles).

Belfast International Airport

Belfast. BT29 4AD Tel: 0044(28) 9448 4848. www.belfastairport.com Email: info.desk@bfs.aero

- > Sligo 200.36 km (124.5 miles)
- > Leitrim 193.44 km (120.2 miles)
- > Donegal 166.57 km (103.5 miles).

Belfast City Airport

George Best Belfast City Airport, Belfast. BT3 9JH Tel: 0044(28) 9093 9093. Fax: 0044(28) 9093 9094. www.belfastcityairport.com Email: info@belfastcityairport.com

- > Sligo 206.64 km (128.40 miles)
- > Leitrim 199.72 km (124.10 miles)
- > Donegal 182.02 km (113.10 miles).

Ireland West Airport Knock

Knock, Co Mayo. Tel: 094 9368100. Fax: 094 9367994. www.irelandwestairport.com Email: info@irelandwestairport.com

- > Sligo 55.04 km (34.20 miles)
- > Leitrim 76.77 km (47.70 miles)
- > Donegal 118.93 km (73.90 miles).

Dublin Airport

Co Dublin. Tel: 01 8141111 www.dublinairport.com Email: information.gueries@daa.ie

- > Sligo 216.46 km (134.50miles)
- > Leitrim 164.64 km (102.3 miles)
- > Donegal 223.71 km (144.6 miles).

SEA

Stena Line

www.stenaline.ie Tel: +353 (0)1 204 7777 > Holyhead – Dun Laoghaire UK +44 (0)870 5 707070 > Holyhead – Dublin Port > Stranraer - Belfast

Irish Ferries

www.irishferries.com Tel: +353 (0)1 818 300 400

- > Holyhead Dublin
- > Pembroke Rosslare
- > Roscoff or Cherbourg to Rosslare
- > Rosslare to Sligo 316km (196 miles)

P&O Ferries

www.poferries.com Tel: +353 (0)1 407 3434

- > Liverpool Dublin
- > Cairnryan Larne

Norfolk Line

www.norfolkline.com Tel: +44 (0) 844 499 0007 > Liverpool – Belfast Tel: +353 (0) 1 819 2999 > Liverpool - Dublin

DRIVING

A valid driving licence is required by the visitor from their country of residence. Driving in Ireland is on the left hand side of the road. Safety belts must be worn at all times by front and back seat passengers.

Motorcyclists and their passengers must wear safety helmets whilst driving.

The speed limit is 120km on motorways, 100km on national roads and 80km on non-national roads. Brown signposts with white lettering provide information on visitor attractions.

PUBLIC TRANSPORT

Bus Éireann National Bus Company servicing all main towns and cities. Tel: 01 836 6111 www.buseireann.ie

Bus Éireann offers a 'hop-on/hop-off' open-road visitor bus pass which allows unlimited travel on Bus Éireann services nationwide for a period of 3 days out of 6 consecutive days. For more information please contact Bus Éireann on 096 71800 or visit the website above.

larnród Éireann

Irish Rail Network Tel: 1850 366222 www.irishrail.ie See the rail network map on the opposite page.

PRIVATE BUS COMPANIES

There are a number of private bus companies operating from the North West. For more details please contact your local Tourist Office.

CAR HIRE

Most of the main car hire companies have desks in the airport terminals and in the larger towns.

All drivers must have a valid licence and booking in advance is advisable especially in high season.

TAXIS

There are many taxis available in towns and villages in the region. For telephone numbers please contact either the local tourist office or directory enquiries 11811 or 11850.





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Practical Information

BANKS

Banks are generally open from Monday to Friday from 10am – 4pm. Each bank has one later opening day per week. Bureau de Change facilities as well as ATM machines are available at most banks. Money transfers can be organised through Western Union Money Transfer.

CLIMATE

Influenced by the Gulf Stream, Ireland has a mild temperature climate with summer temperatures generally ranging from 14 to 16 degrees Celsius (60- 70 Fahrenheit). The temperatures are generally around 10 degrees Celsius (50 degree Fahrenheit) in Spring and Autumn and between 4 and 7 degrees Celsius (30-40 degrees Fahrenheit) in Winter. For regional forecasts, please consult www.met.ie

CREDIT CARDS

MasterCard, Visa and American Express credit cards are widely accepted in Ireland.

CURRENCY

The unit of currency in the Republic of Ireland is the Euro. One euro consists of 100 cents. Notes are $\in 5$, $\in 10$, $\in 20$, $\in 50$, $\in 100$, $\in 200$, $\in 500$. Coins are 1c, 2c, 5c, 10c, 20c, 50c, $\in 1$ and $\in 2$.

ELECTRICITY

The standard voltage in the Republic of Ireland is 220 volts. Plugs are 3-pin flat, therefore adapters are required for 2-pin appliances. En-suite bathroom shaving points normally have 110 and 240 volt outlets.

EMERGENCY SERVICES

In Ireland the general Emergency Telephone number is 999 or 112 – no coins required in telephone coin boxes. These numbers will alert the appropriate service – Fire, Gardaí (Police), Lifeboat, Coastal, Mountain and Cave Rescue Services.

MEDICAL & HEALTH TREATMENT

EU Citizens are entitled to free hospital treatment in a public ward and should obtain a European Health Insurance Card (which replaced the old E111 form) prior to departure. For further details see www.ehic.ie. Private medical insurance is advised for Visitors from non-EU countries.

Sligo General Hospital

The Mall, Sligo. Tel: 071 9171111.

Letterkenny General Hospital

Letterkenny, Co. Donegal. Tel: 074 9125888.

INTERNET & EMAIL

Many libraries in the North West have internet facilities. Internet cafes can be found throughout the region.

LANGUAGE

Irish and English are the official languages of the Republic of Ireland. Street and road signs are all bilingual. Gaeltacht is the name given to areas of Ireland where the Irish language can still be heard as everyday community speech.

PASSPORTS/VISAS

For the latest information on passports and visa requirements for Ireland, contact the Department of Foreign Affairs, 80 St. Stephen's Green, Dublin 2, Ireland. Tel: + 353 (0)1 478 0822 www.foreignaffairs.gov.ie

POST

An Post is Ireland's national postal service provider. Generally, Post Offices are open from 9am to 5.30pm, Monday – Friday, and 9am – 1pm on Saturday. In larger towns, the Saturday opening may be extended. For more information visit www.anpost.ie

PUBLIC HOLIDAYS

The following are the 2011 public holidays in the Republic of Ireland. Most companies and shops are closed on these days.

New Year's Day January 1 St Patrick's Day March 17 Easter Monday April 25 May Bank Holiday May 2 June Bank Holiday June 6 August Bank Holiday August 1 October Bank Holiday October 31 Christmas Day December 25 St Stephens Day December 26

SHOPPING HOURS

Shops are generally open from 9am – 6pm, Monday – Saturday. Most large stores have a late-night shopping evening or two during the week. Some large stores are also open on Sundays, particularly in the larger towns.

TELEPHONE

Directory Enquiries:

call 11811/11850. International Enquiries: call 11818. Operator Assistance: dial 10 for Ireland, Northern Ireland and Britain. Dial 114 for International.

TIPPING

It is customary to add a gratuity of between 12 and 15 per cent to the bill in restaurants or hotels, when a service charge is not already included in your bill. Tipping is not usual in pubs, except when you are served at your table.

