

# Water sports in Ireland



*Get out there and make a splash*

  
Ireland

# Index



- 3 Introduction
- 5 Beaches
- 7 Surfing
- 9 Sailing
- 11 Kayaking
- 13 Diving
- 15 Kitesurfing and Windsurfing
- 17 Waterskiing and Wakeboarding
- 19 Whale and Dolphin Watching
- 22 Activity Providers Listings
- 52 Useful Contacts





# Welcome to water sports heaven!

You'd never think it but Ireland is the 20th biggest island in the world – boasting roughly 1,448km of coastline.

Add to that more than 950km of waterways navigable by pleasure craft, uncountable freshwater lakes in the midlands, and rivers that cascade from the mountains which dot the coastline, and what do you have but an overlooked water sports haven.

From the high-octane kick of whooshing down your very first wave on a surfboard to mellowing out on water as still as glass in a sea kayak, there is a blissful watery way for just about everyone to spend a day in this country – from the adrenaline junkie to the serenity seeker and from the young to the young at heart.

The Emerald Isle has the Atlantic to thank primarily for the fact that we punch above our weight in this water sports department. Over centuries, this mighty ocean has sculpted our shores, creating a treasure trove of beaches and bays, coves and cliffs, just waiting to be explored. The Irish coastline is, without a doubt, an unspoiled, crowd-free playground for any number of aquatic activities.

As for which to choose, that really only depends on your mood – and of course that of the ocean.

Since the time of St Brendan and before, this has been a nation of ocean goers and when the wind blows, it's the sailors, windsurfers and kite-surfers that itch to feel salt on their skin as they harness Mother Nature's power.

When weather systems are farther out to sea, pushing in row upon row of perfect waves, Ireland is transformed into a surfers' paradise. Some have even termed the country a 'cold water Hawaii', comparing the wave quality and swell frequency to the Pacific archipelago.

While it is true that our waters are a bit chillier than other tropical locations, the benefit of this is that it keeps the crowds at bay. And we'll let you in on a little secret; the water is not actually that cold! Thanks to the modern wetsuit and, more importantly, the Atlantic's warming Gulf Stream, you can comfortably take to the ocean most times of the year and even in the depths of winter if you're hardy.

This current also entices creatures like humpback whales and leatherback turtles to visit, and there are even rare appearances by killer whales or white beaked dolphins on long-distance trips from exotic climes. These magnificent wonders of the deep will be happy to entertain you on a whale or dolphin watching trip – particularly in late summer. Or better still, why not enter their world for a spot of snorkelling or scuba diving.

You may even be lucky enough to have an encounter if you head out sea kayaking, one of the most laid-back ways to immerse yourself in nature. Even if the star attractions are feeling shy, their more common cousins, the seals and dolphins, are likely to pop up to say hello.

And if that's not enough watery entertainment for you, why not explore Ireland's myriad of inland rivers and lakes.

If you seek an adrenaline high, you might consider waterskiing, wakeboarding, or the bubbly excitement of white-water kayaking. Or if it's a soothing experience you're after, there's not much that could outdo navigating a Canadian canoe amongst the rushes of the Shannon or the lakes and waterways that emanate from it.

If this all sounds too good to be true but you don't know where to start, rest assured that highly qualified teachers are at hand to help you enjoy all these activities, be you an expert or a complete novice.

So what are you waiting for? Get out there and make a splash!



**Did you know** that Curraghcloe Beach in County Wexford was the setting for the D-Day landing scenes in the Steven Spielberg movie Saving Private Ryan?



# Beach bliss

If you're a water sports enthusiast, you already know that beaches are not just for reclining lifeless and baking on hot summer days.

Rather they are a natural resource for any number of pleasures and pastimes to suit any season – from reviving and rejuvenating while sucking in the fresh air to enjoying a hearty picnic as the kids create an alternative universe with their sandcastles.

Unspoiled and nearly always crowd-free, Ireland is blessed with such an embarrassment of seaside riches that it is difficult to know where to begin. On this small island, you are never much more than a short journey away from one of these national treasures.

Long golden swathes of sand are ideal for family days out, isolated romantic walks or the heart-racing thrill of thundering through the white water on horseback. From the north to the south, some of the most famous of these beaches seem to stretch endlessly – like Benone Beach, a designated Area of Outstanding Natural Beauty in north Derry boasting wonderful sand dunes and a magnificent backdrop of mountains and cliffs. Or Inch strand on the Dingle Peninsula in Kerry where the water recedes a mile at low tide.

On the east coast, a standout is golden Brittas Bay in Co. Wicklow. Only a stone's throw from Dublin, escape from the city to its crystal waters and magnificent dunes has been a summer tradition for generations of folk. And what about Portsalon beach in the far reaches of wild County Donegal? With heather-covered mountains plunging to the blue seas of Ballymaddock Bay, it is simply stunning. It was even declared the second most beautiful beach in the world by British newspaper *The Observer*.

As well as being a huge natural amenity, our beaches provide wonderful habitats for coastal wildlife. Kids can have a fabulous day

exploring what hides in the whispering marram grasses of the sandy dunes or the rippling water of rock pools. It's a thrill in itself to watch their faces flower with amazement as they spy anemones, blennies, gobies, crabs, starfish, sea urchins and much more. And if they want to learn about these creatures, aquariums at various seaside locations, like Bray in Wicklow, Dingle in Kerry or Lahinch in Clare, are a winner. Other providers can even bring groups on fascinating but fun guided trips, like T-Bay Surf and Eco Centre's eco hikes, which explore one of Europe's largest inter-tidal lagoons.

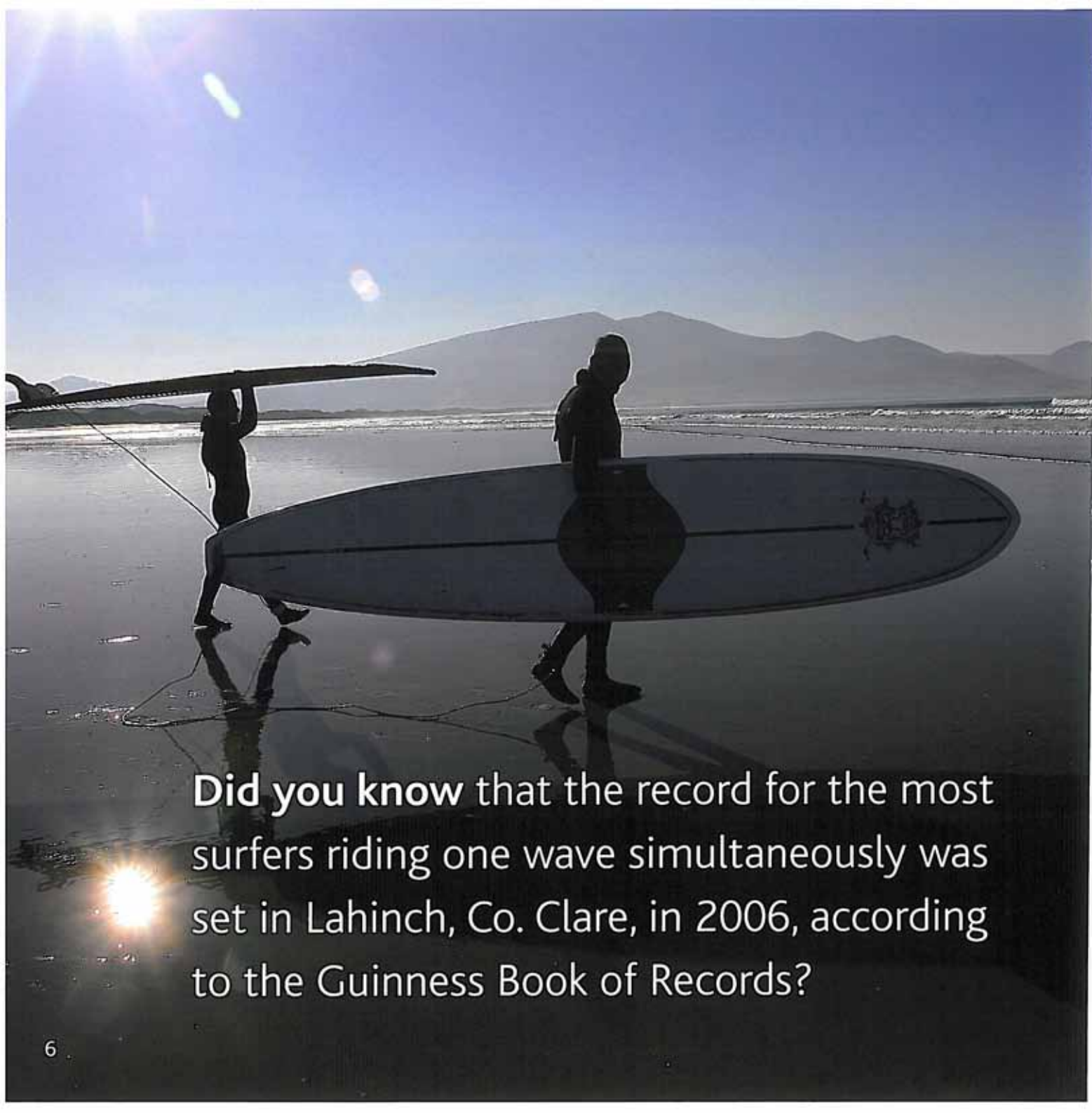
If you fancy an energising and bracing dip in the rejuvenating waves, you'll be glad to know that our shores are washed with some of the cleanest waters in Europe thanks to the mighty Atlantic. The island of Ireland boasts no fewer than 85 blue flag beaches (2008) meaning that they meet stringent EU guidelines for bathing water quality. These beaches are usually lifeguarded during the summer months but make sure to check that flags are flying to indicate that it is safe to enter the water.

A further 33 beaches have received the Green Coast Award which aims to acknowledge, promote and protect the environment of rural beaches.

So whatever beachside pleasure you seek – from bird watching to bathing – your wish is Ireland's command.





A photograph of two surfers on a beach at sunset. The sun is low on the horizon, creating a bright lens flare in the top left and a reflection on the wet sand in the bottom left. The surfers are silhouetted against the bright sky. One surfer is standing and holding a longboard horizontally above their head. The other surfer is crouching, holding a longboard vertically. The wet sand reflects the silhouettes of the surfers and the longboards. In the background, there are mountains under a clear blue sky.

**Did you know** that the record for the most surfers riding one wave simultaneously was set in Lahinch, Co. Clare, in 2006, according to the Guinness Book of Records?

# Surf's up!

The secret is officially out. Ireland is one of the top surfing destinations in the world.

But don't take our word for it! The internet is alive with tales of the waves that were ridden in Mullaghmore in Donegal in winter '07 and were caught on camera for the surfing feature/documentary film 'Wave Riders'. They were arguably the biggest ever surfed in Europe.

And then there's the massive and perfect wave that breaks in the surreal setting of the base of the Cliffs of Moher. Christened Aileens by the first surfers that rode it, this monster has been compared to Jaws (also known as Peahi) off Maui in Hawaii and featured on the cover of one of the biggest British surfing magazines, *Carve*, under the heading 'Epic Ireland'. Professional surfers are now queuing up to ride it.

But don't panic! If you want to try this ancient Polynesian art, you won't be thrown to the lions and have to deal with these enormous waves. Ireland may have huge swells on its day but it also offers gentle beginner's waves on safe and friendly beach breaks, like Tramore in Waterford, Lahinch in Clare, or Portrush in Co. Antrim.

And if you give surfing a go here in Ireland, you can learn from the best. Many of the highly skilful surfers that have ridden those aforementioned headline-grabbing behemoth waves are fully qualified teachers willing to pass on their impressive wave knowledge to novices.

To name but a few, Irish women's champion, Easkey Britton, coaches at Finn McCools school in Rosstown; current senior Irish surf champion, John McCarthy, heads up Lahinch Surf School; pro rider Richie Fitzgerald teaches at TurfnSurf School in Bundoran, while well-known wave charger Martin Cullinane is Director of T-Bay Surf and Eco Centre in Tramore.



All of these instructors have surfed Aileens, so you'll be in good hands with them. Or for that matter with ex-Irish team members Andy Hill of Trogg's Surf School and Martin Kelly of TK Surf School in Portrush, not to mention Perfect Day Surf School in Strandhill where former Irish team coach Tom Hickey takes novices into the water.

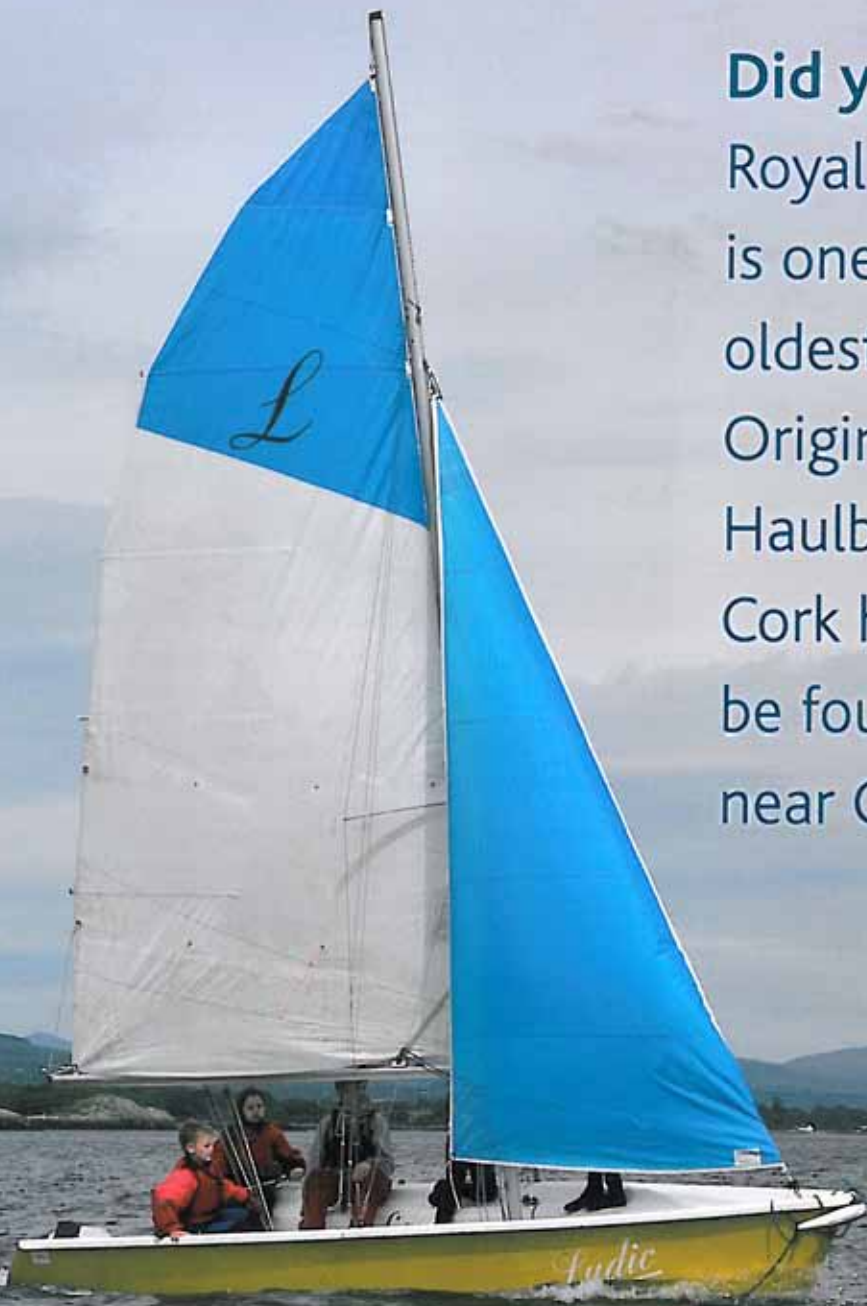
Ireland may just be the hottest place to learn to surf right now despite our not-so-hot sea temperatures. The good news on that front is that cooler water keeps the crowds at bay – a big downside for learning to surf in warmer destinations.

But be warned. Surfing is addictive! Before long, you could find yourself scouring weather charts and maps, seeking out new surf spots as you graduate to more challenging beaches and maybe even on to reef and point breaks which abound in this country. To name but a few, surfers wax lyrical about the Peak in Bundoran, Crab Island in Co. Clare, Garrywilliam Point in Kerry, Shredder in Donegal and many, many more. You'll just have to get to know the local surfers to find out where they are and whether you're good enough to ride them.

But one thing is certain. With our craggy coastline, regardless of wind or swell direction, it's a rare day that you won't find perfect surf conditions in some idyllic spot.



**Did you know** that the Royal Cork Yacht Club is one of the world's oldest yacht clubs? Originally located on Haulbowline Island in Cork harbour, it can now be found at Crosshaven, near Cork city.



# Set sail

Dramatic unspoilt coastlines, generous breezes and endless welcoming nooks and crannies in which to drop anchor combine to make Ireland one of the world's best sailing locations.

And we're not the only ones that think it's special! From 22 May to 6 June 2009, Galway has been handpicked to host a stopover during the world's premier offshore yachting event, the Volvo Ocean Race 08-09. Seven of the world's best professional teams will sail the fastest yachts on the planet into the City of Tribes, as Galway is known. They will also take part in nail-biting in-port races. Powered by main sails as large as 175 square metres and spinnakers big enough to blanket two tennis courts, you can expect quite a show.

While these sailors will be experiencing the Emerald Isle's seas at break-neck speeds, many prefer to take a more leisurely approach by chartering a yacht and meandering down the coastline. Visitors' moorings are provided by local councils along the way so you can always return to civilisation at serene fishing villages or bustling towns to savour a pint of Guinness or a bowl of seafood chowder.

If you've no sailing experience, don't worry. These boats can be hired with a skipper who will let you participate in sailing the craft as much as you like – or as little! Anyone for a sunset gin and tonic on deck?

If, on the other hand, you'd love one day to be the captain of your own destiny, there are endless opportunities to learn to sail at the many yacht clubs and sailing schools that dot the coast. From classes filled with kids getting kicks from capsizing their dinghies, to mile builders where the young at heart enjoy feeling the wind in their sails and the spray on their faces, everyone is guaranteed to have a ball. Courses range from a few hours' instruction to intensive week-long sessions.

And you'll be in the safe hands of highly experienced seamen and women. For many of these instructors, seafaring has been in their blood for generations. So it's no surprise that Ireland has several renowned annual sailing contests, like Cork Week, the biggest club regatta in Europe, or Calves Week which sees the normally sleepy West Cork village of Schull explode with excitement. These events are as social as they are competitive with many non-sailors joining in the land-based activities.

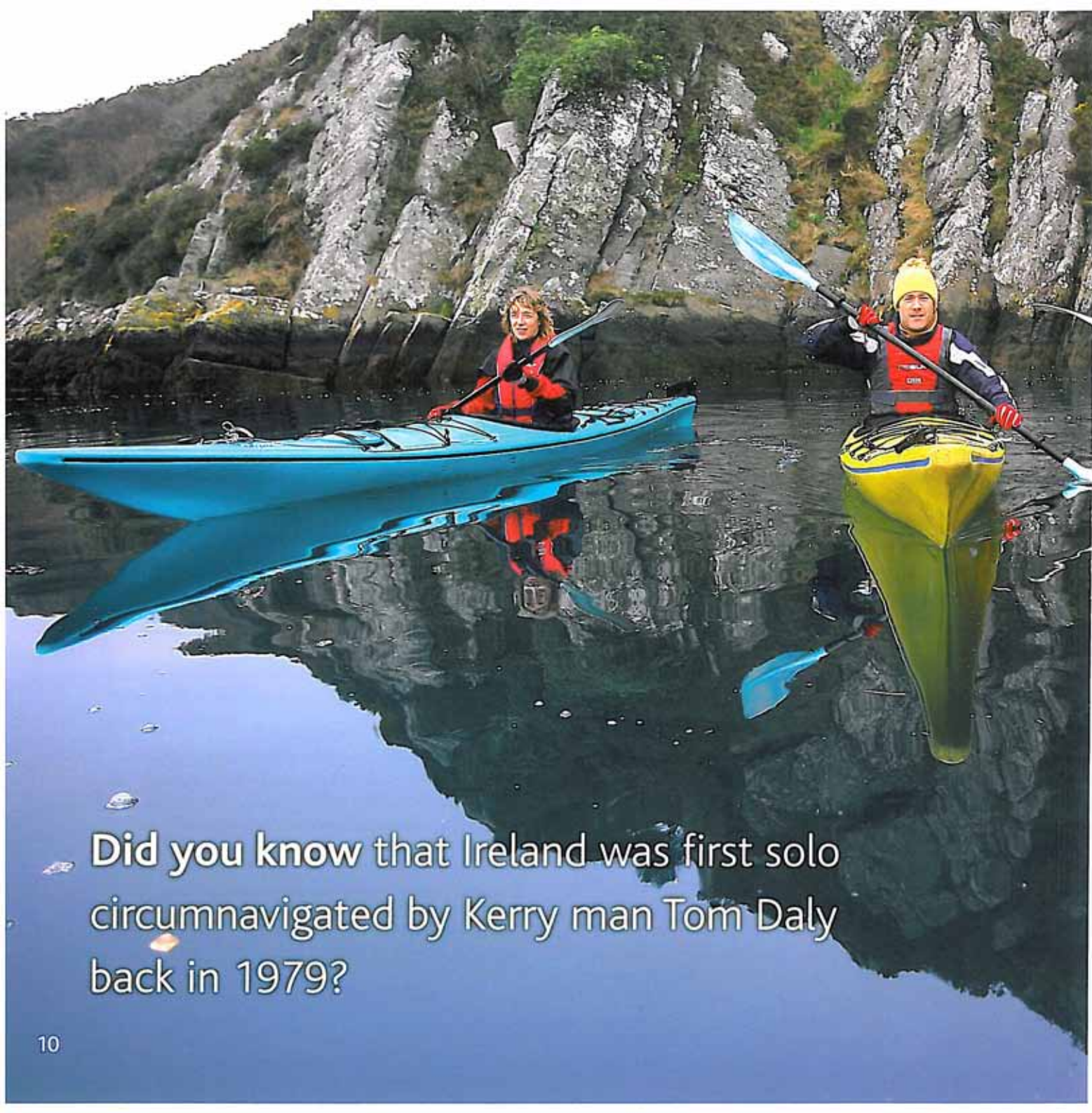


And don't forget the traditional boat festivals which celebrate our maritime heritage – like Cruinniú na mBád (the Gathering of the Boats) in Kinvara, Galway, or the Wooden Boat Festival in Baltimore, West Cork. The old vessels on show, such as Galway hookers, púcáns or gleoiteogs, were designed for the shallow and often stormy waters around the west of Ireland and were used for fishing or carrying turf out to the islands. Year round, it's possible to take a cruise on one of them and be transported back in time as you listen to the creaking of the wooden beams.

Incidentally, if traditional vessels are of interest, you might like to drop into Belfast from 13 to 16 August 09 when it will be the final port of call for the Tall Ships Atlantic Challenge. Half a million visitors are expected to witness the spectacle of at least 20 class A tall ships coasting majestically into Belfast Lough. These vessels wouldn't be out of place in a pirate fantasy and will light up the docklands with their colourful display of flags, banners, sails and pennants.

Clearly there is no end to salty pursuits on this island, but whichever you choose, you're in for a treat.





**Did you know** that Ireland was first solo circumnavigated by Kerry man Tom Daly back in 1979?



# Paddle power

Whether it's lazy hazy days of river excursions in Canadian canoes, voyaging over the big blue in a sea kayak, or bubbling and bouncing rides on a white-water river, you've come to the right place if your idea of fun is travelling by paddle power.

With Ireland's 1,448km-long coastline, 'kid in a candy store' is the expression that springs to mind when it comes to sea kayaking. In West Cork there are laidback paddles in sheltered inlets like Rineen or magical midnight jaunts on Lough Hyne, Europe's first Marine Nature Reserve. These are ideal for beginners or family groups, including grandparents and kids alike. And anyone who feels less confident will be well looked after as there's always the option of heading out in a double kayak with a more experienced paddler.

For the more adventurous or experienced, taking in the age-old sea stacks and ethereal caves on Waterford's Copper Coast or heading on a guided expedition-style overnight trip out to the many offshore islands in Mayo's Clew Bay might be more the ticket. Don't forget to ask your guide to stop on the water to fish for fresh mackerel to cook on the barbecue later.

Or for those with a curious mind, there's always the option of getting a view like no other of the weird and wonderful basalt columns of the Giant's Causeway – a UNESCO World Heritage Site.

The options are simply limitless if the serenity of the ocean environment is what you're after.

Those who prefer the open-top freedom of Canadians are well catered for too on the network of lakes, rivers and canals that are interwoven across Ireland's midlands and northern region.

Perhaps the jewel in the crown is Northern Ireland's canoe trails, offering a complete package of on-shore interpretation, waterproof guides and interactive web maps – perfect for those who love to canoe tour and camp. Or you can moor and head for the warm welcome of a local pub or village.

The liquidy maze of Shannon is also a warren of delights and will provide wilderness therapy for the world weary, where the only disturbance might be a swan flapping its enormous wings before sailing imperiously away towards the swaying rushes.

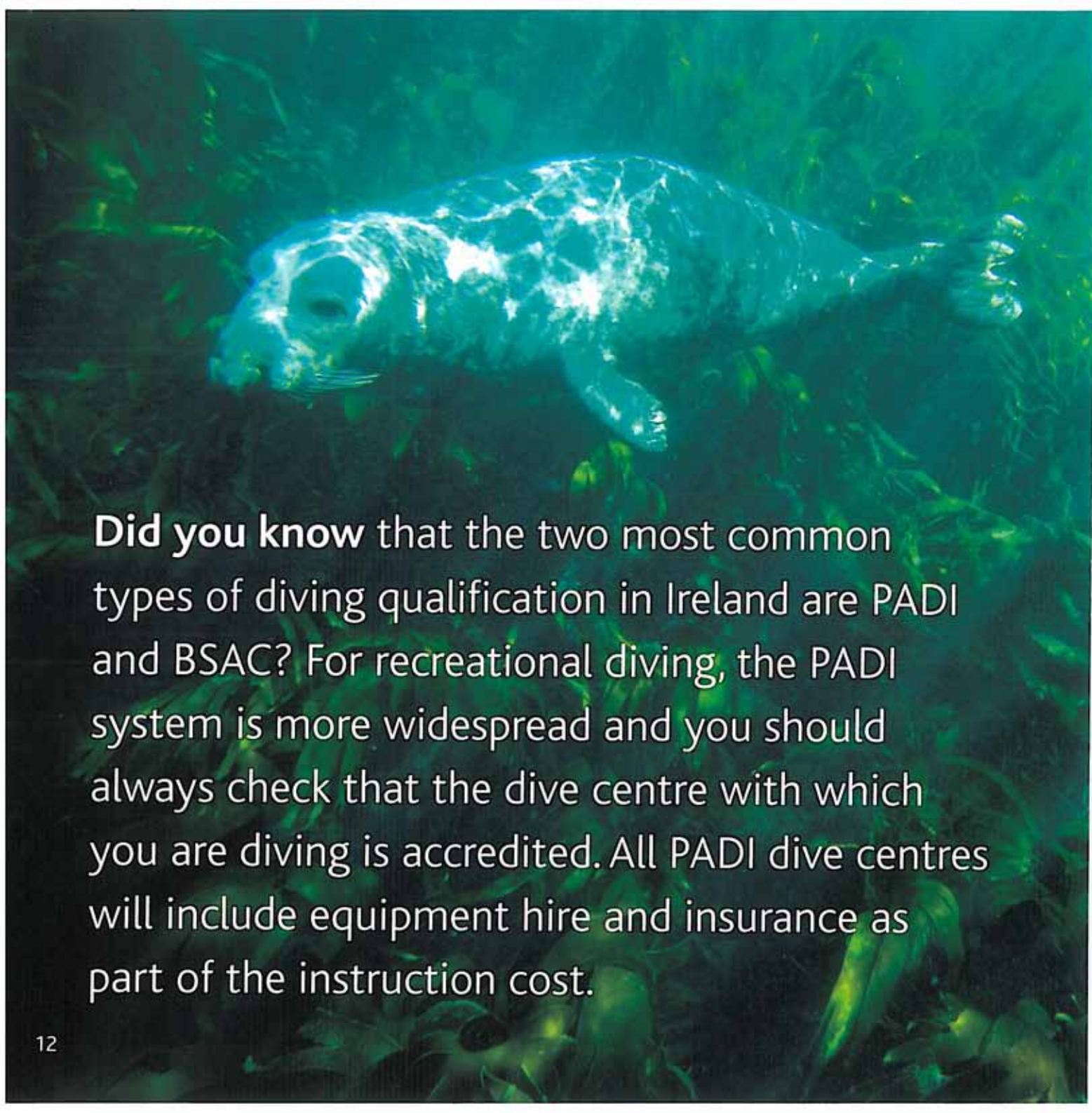
If that all sounds lovely but a little too mellow, don't despair! It's no secret that Ireland gets its fair share of rain and when those laden clouds roll in from the west, mountainous rivers spring to life and put smiles on the faces of the adventure seeking white-water kayakers.

If you fantasise about shooting rapids, making steep drops and slides, or crashing through waves, we've got the natural facilities for your thrills and spills – from the benign beginners' Grade 1 Aughrim River in Wicklow to the scenic intermediate Grade 3 Glenarm in Antrim to the extreme Grade 5 alpine Gaddagh River in Kerry, which thunders down from Carrauntoohil, Ireland's highest mountain.

Of course, to get started paddling, you should seek the help of instructor but whatever your paddling desire, it can be catered for!





A photograph of a seal swimming horizontally in a body of water. The water is a deep green color, filled with various types of seaweed and algae. The seal's body is light-colored with dark, irregular spots. Its head is on the left, and its tail is on the right. The seal's flippers are visible, and it appears to be moving through the water. The background is a dense thicket of green marine plants.

**Did you know** that the two most common types of diving qualification in Ireland are PADI and BSAC? For recreational diving, the PADI system is more widespread and you should always check that the dive centre with which you are diving is accredited. All PADI dive centres will include equipment hire and insurance as part of the instruction cost.

# Into the big blue

Ireland is a diving and snorkelling paradise boasting great visibility, numerous mysterious wrecks and nutrient-rich water teeming with sea life.

It's an ideal destination to lose yourself in the gently swaying kelp forests or catch an underwater lift on a powerful current during a drift dive – just like in the movie 'Finding Nemo'!

You can expect to meet cheeky seals that will mimic beginner divers and snorkellers, often nibbling on their fins and playing 'hide and seek'. Dolphins, migrating basking sharks, porpoises, whales and even leatherback turtles also frequent our Gulf Stream-fed waters. Amateur and professional underwater photographers can capture colourful images of velvet swimming crabs, bloody Henrys, dahlia anemones and a wealth of other species.

Havens for this sea life, our coastline is also dotted with wrecks from historical warfare or where sailors in search of sheltered water were lured onto the reefs and rocks. In total, between 7,000 and 12,000 ships have ended their days off the coast of Ireland. Undisturbed except for the dead man's fingers, mermaid's purses and jewel anemones that have made their homes on these artificial reefs, each sunken artefact has become a time capsule offering enigmatic glimpses into history.

If you fancy being transported back in time while you float weightlessly in this watery underworld, you'll be spoiled for choice. For example, the Laurentic lies in its watery grave just off Malin Head in Co. Donegal. Once a White Star liner, it was commandeered as an armed merchant cruiser by the Royal Navy at the outbreak of the Great War and sank in 1917 with its 35-ton gold bullion cargo. Some of this loot has never been salvaged but for the diver, the real treasure here is the accessibility of the wreck at just 36 to 42m, the crystal clear clarity of the water here and the wonderful marine life.



In the south-west of Ireland, the Kowloon Bridge, is the largest wreck by tonnage in the world. It came to its end with its cargo of iron ore in November 1986 when sailing from Quebec to the River Clyde.

And Northern Ireland offers a treasure trove of sunken vessels too. Diving to see the HMS Drake is a highlight. Lying at only 20m in the crystal visibility of Church Bay near Rathlin Island, it was torpedoed by a German U-boat during the First World War. A further 150 German U-boats share this watery grave along the northern coast.

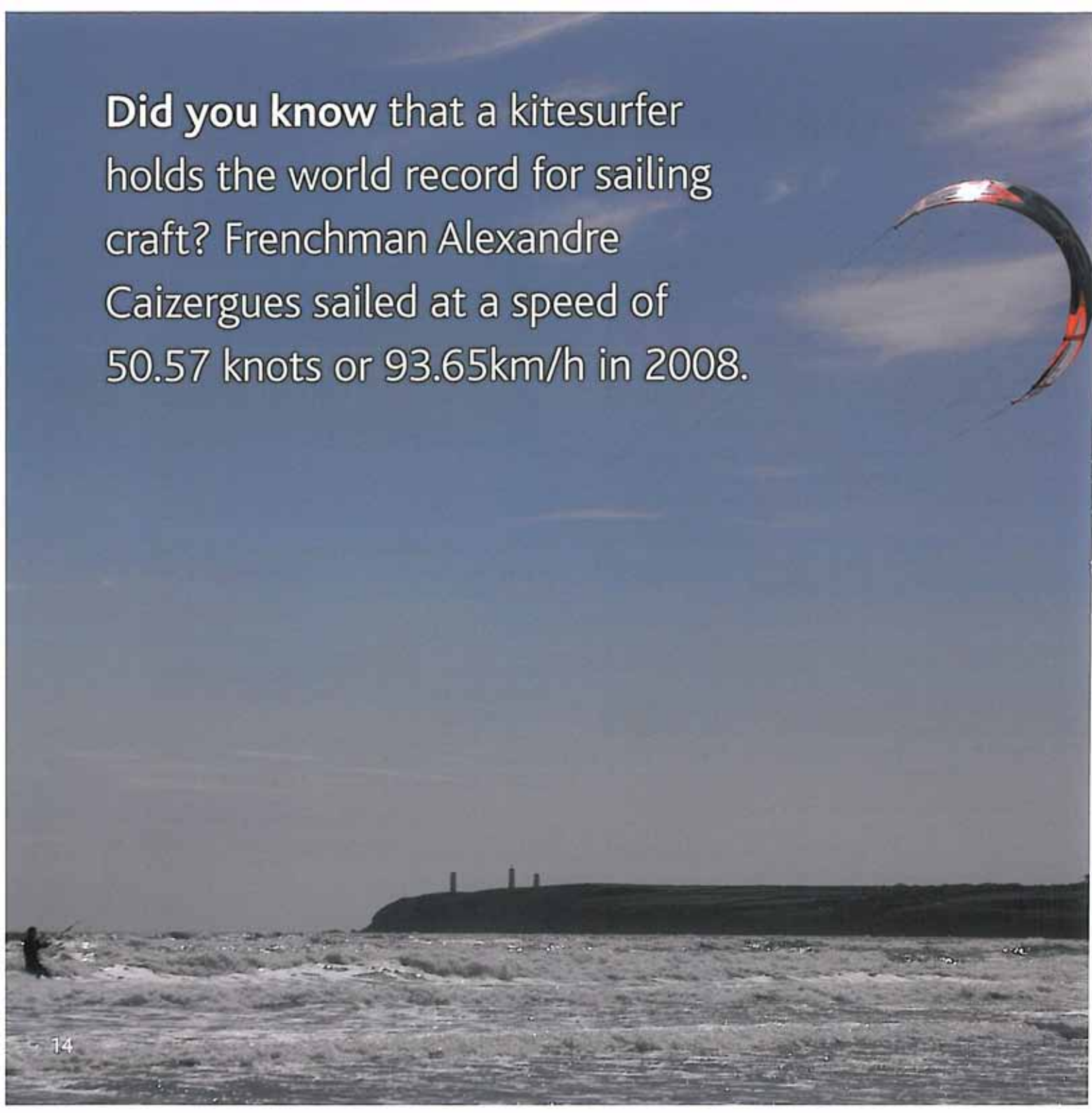
However, if you're more interested in Mother Nature's offerings, superb scenic wildlife dive locations can be found near the island of Inisbofin in Co. Galway. In places like Middle Rock near Kilkee in Co. Clare, you can explore the arch formations in the rocks and visit cavernous underwater cathedrals. This magical place has been carved out of the underwater cliffs by the might of the ever-pounding Atlantic Ocean.

If entering this space under the waves sounds appealing but you've no experience, most diving centres offer an introductory 'try dive' to get you started. You just need to be able to swim 200m and float for 10 minutes.

But if you'd be happier checking out the creatures of the deep from the surface, the whole family might prefer a snorkelling outing. Centres supply snorkel masks, flippers, and wetsuits or semi-dry suits to keep you warm. As for experienced divers, this watery world is your oyster.



**Did you know** that a kitesurfer holds the world record for sailing craft? Frenchman Alexandre Caizergues sailed at a speed of 50.57 knots or 93.65km/h in 2008.



# Kitesurfing and windsurfing

## These days, the sport of kitesurfing is blooming in Ireland.

The skies above our beaches and lagoons are painted with brightly coloured kites, where seasoned enthusiasts hang in the air for an impossibly long time and first-timers hang on for dear life. And many qualified activity providers have popped up to cater to the growing number of converts.

Windsurfing too is enjoying a massive upswing in popularity. The sport has come a long way since the early days when a beginner would spend weeks frantically 'uphauling' the sail, only to topple over backwards when it finally emerged from the water. With modern equipment, a novice can be standing and cruising happily in a few hours, soon to look forward to the thrill of 'planing', 'carve gybing', 'water starting' and hanging out of the powerful sail in a harness.

Kitesurfing is a little trickier to master it seems. Given that the kite is so powerful, a minimum of about 12 hours of instruction is needed for beginners to be able to safely handle the equipment alone and progress by themselves in a controlled way.

But one thing is certain; enthusiasts will rarely be short of wind, which is something this little Atlantic isle has in plentiful supply. Because of our situation at the north-west tip of Europe, the north and west coasts of Ireland are two of the gustiest areas on the continent and some of the most scenic to boot. Take, for example, the windswept 4km of Rossnowlagh Beach in Co. Donegal. Known as the 'heavenly cove', wind addicts flock here to play, taking in the dramatic views of Slieve League with its epic sea cliffs. And there's a lively après-surf scene in the nearby pubs too.

In fact, opportunities to try these water sports are endless. To name but a few, Tramore's lengthy beach and lagoon are ideal places to start because no matter what direction the gusts are coming from,

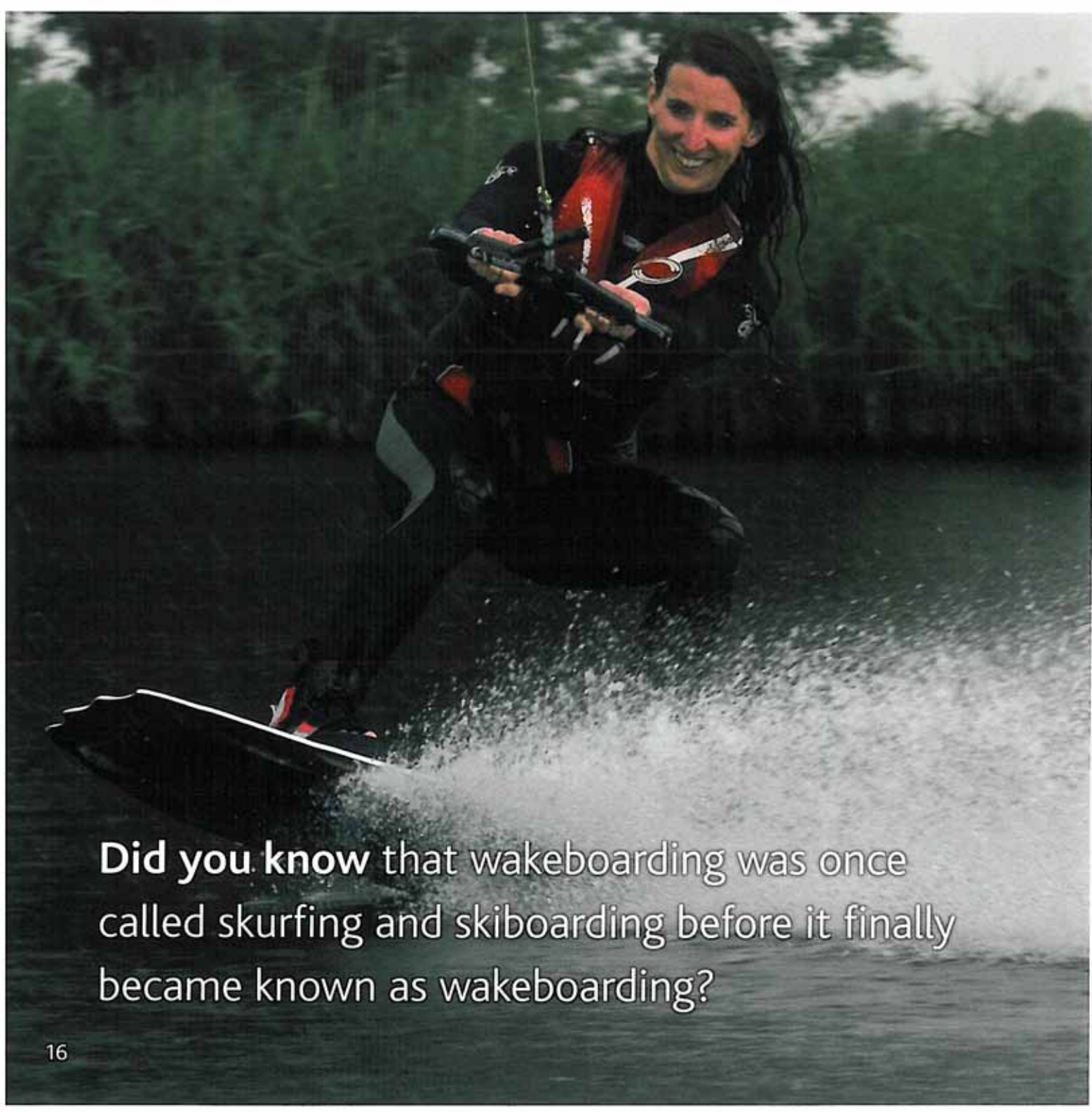
there is almost always a safe cross-shore breeze at one of the spots. Or if you wanted to combine some sporting action with a city break, Malahide's shallow and protected estuary might be the ticket. It's only a short trip north from the hustle and bustle of Dublin and provides a haven for windsurfing just as the wildlife reserve on nearby Dollymount Strand offers gnarly kitesurfing action.

Or if rural bliss is what you're after, what could be better than whizzing along between the mountains and the sea in Castlegregory, Kerry, under the watchful eye of holy Mount Brandon? Just so you know, this region was voted the number 1 windsurfing location in the world by British newspaper *The Sunday Times*, but kitesurfers love it too.

But that really is just the tip of the iceberg. Your own favourite windy spot is out there just waiting to be discovered and to take you to new highs.







**Did you know** that wakeboarding was once called skurfing and skiboarding before it finally became known as wakeboarding?

# High-speed thrills and spills

Ireland's sheltered bays, lakes and waterways are a haven of calm, where time ticks slowly and the mercurial water laps gently against rushy banks.

These might not seem like likely destinations for an adrenaline high but the flat-water environs that wind across Ireland, from the lengthy Shannon to the lakelands that dot the country, and indeed the sheltered coastal bays, are the perfect locations for trying your hand at the high-octane sports of waterskiing, wakeboarding or even the newly developed wakesurfing (riding the wave formed by the boat).

Some of the most scenic spots are on Lough Derg near Portumna in Galway or on Lough Muckno nestled in a forest park near Castleblayney, Co. Monaghan. Not just beautiful, these are ideal spots to learn too as the wake from the boat tends to be absorbed by the thick bank-side greenery, minimising the turbulence that might trip a novice up.

In any case, adrenaline is sure to pump through those veins the first time your drunkenly wobbling form glides across the water standing up, being towed by a boat. What a high! And a natural one too.

Of course, you may not have success on your first attempt. The odd splashing mishap is inevitable along the way. But the excellent news is that when you are travelling at beginner speeds, falling in water will produce a lot more laughs than ouches.

Learning with a qualified instructor is definitely the best way to start as they will prioritise safety first and speed next. They will also supply all the right equipment to you get skiing or boarding quickly – from wetsuits and buoyancy aids, to boats equipped with a training boom to allow you to start skiing at the side of the boat in easy earshot of your instructor!




Most novices get to grips with the basics in as little as 30 minutes and in no time many are cockily cruising across bubbling cauldron of the wake, trying small jumps or simply flying along at what feels like the speed of light sending arcing spray in all directions.

Then the showing off can start with handed riding and tricks like 'ollies', 'side slides', 'lipslides' and 'surface 360s'.

Wakeboarding, waterskiing and wakesurfing really are activities for the whole family. They can even be enjoyed by small children as long as they can swim and are happy in water. Providers will usually start by giving these tots their first splashy highs by towing them along on body boards behind the boat and alongside their parents. If they are comfortable being bounced around in the spray, there is no reason why they can't try a board or skis. The only trouble is that just like on the ski slopes, the little ones are likely to show the adults up!

Right now, you might be stumped about whether to try waterskiing, wakeboarding or wakesurfing but one thing is guaranteed, after a day on and in the water, there will be grins from ear to ear on the faces of the whole family and memories to last a lifetime.



A high-contrast photograph of a killer whale (orca) breaching the water. The whale's dark, sleek back is visible above the surface, while its white underside is partially submerged. The water is dark and turbulent, with white foam and spray around the whale's head and tail. The lighting is dramatic, highlighting the texture of the whale's skin and the movement of the water.

**Did you know** that  
killer whales (orcas)  
are in fact one of the  
largest members of  
the dolphin family?

# Have a whale of a time!

The Irish government declared the coastal waters of Ireland the first whale and dolphin sanctuary in Europe during the early 1990s – and with good reason.

A rich array of marine life can be found in this watery environment, including pilot whales, humpback whales, Risso's dolphins, bottlenose dolphins and sardine whales. In fact, a total of 24 whale and dolphin species have been sighted off our coast which makes it one of the best places in Europe to get up close and personal with these wonderful inhabitants of the deep.

This wildlife frequents our shores thanks to the Gulf Stream and the ocean bed topography which combine to create a nutrient-rich environment. Many of these species are lured here on long-distance visits to take part in an immense flurry of summer feeding in the plankton-loaded waters. So the best time of year for heading out on the high seas to see what this marine life is up to is roughly from April to October.

Operators run boat tours out of coastal villages from Dunmore East in Waterford right round to Antrim in the north. These trips are a fantastic way of making an intimate connection with these creatures within the confines of their own breathtaking environment. Or there is even the possibility in select locations of getting even closer by using sea kayaks.

Head out from the wonderful West Cork fishing village of Union Hall and the most likely whale encounters you will have are with fin and minke whales. But there is also the chance that a striking black and white killer whale or a white beaked dolphin will make a rare appearance. Or if you keep your eyes peeled, you might even spot a leatherback turtle or a basking shark. This species is the second biggest fish in the world – growing up to 13m in length – but this gentle giant has no teeth and feeds only on microscopic organisms.

Further up the coast, many excursions leave from the sleepy village of Carrigaholt, the seaside town of Kilkee and other towns in Clare to see the self-contained community of bottlenose dolphins that reside in the mouth of the Shannon. These playful cetaceans regularly entertain onlookers with acrobatic shows as they go about their business of mating and feeding on the bounty of mackerel, herrings and other fish drawn inwards by strong local currents.

On any trip you're also like to see plenty of playful seals, not to mention some of our wonderful sea birds. You'll be charmed if you happen across a cute little puffin bobbing in the water or hanging out on a remote cliff, and mesmerised by the grace of a sparkling white gannets plunging the depths from on high in search of fishy delights.

Hopefully, when you return back to dry land, you'll be taking with you an indelible image of a school of dolphins bow riding alongside the boat as they make eyes at you or of a mighty whale breaching the surface, blowing spray into the air, before flicking its tail fin and disappearing into its own private underwater world.





A close-up photograph of two young children. The child on the left is a girl with dark, curly hair, smiling broadly and showing her teeth. She is wearing a red jacket with a blue collar. The child on the right is a boy with light brown, curly hair, looking distressed and crying. He is also wearing a red jacket. The background is a blurred outdoor setting, possibly a boat or a vehicle.

For more tips on how to look after the environment, check out the Leave No Trace programme, which is specifically designed to help outdoor enthusiasts understand the impact of their activities, and to enable them to make decisions to minimise that impact while still enjoying their activities with freedom. Visit [www.leavenotraceireland.org](http://www.leavenotraceireland.org)

# A better way to play

"We do not inherit the earth from our ancestors; we borrow it from our children."

Although written over 150 years ago and more than 3,000 miles away in America, the words of Native American Squamish tribal leader, Chief Seattle, are no less applicable on this side of the Atlantic today.

Look around at all the natural treasures that Ireland has to offer. We are blessed with a rich and diverse environment, but that comes with a responsibility. And that responsibility is growing all the time as more and more of us take to the great outdoors and put greater pressure on Mother Nature's resources.

It is also up to us as individuals to make sure that our pleasure doesn't infringe on other people's enjoyment or safety.

Here's some food for thought and tips to ensure that we all get the most out of our natural facilities and that we preserve them for those who come after us:

- If you are lucky enough to come across marine life, such as dolphins, seals or birds in the wild, enjoy observing them but try to avoid disturbing them. And if you spot a marine creature in distress, contact the Marine Mammal Rescue Team (tel. 087-2333406) or the Irish Whale and Dolphin Group Strandings Co-ordinator, (tel. 064-24934 or 087-6328106).
- Sun cream damages corals. The chemicals in many brands can promote viral infections and bleach coral, eventually causing it to die off. Where possible, it's best to use biodegradable suntan lotion to preserve local ecology.
- The non-native zebra mussel, which is striped with patterns of dark and pale bands, is a pest in Ireland. Each mussel can filter as much as one litre of water per day causing problems with drinking water and other systems. They can also cause changes to the ecology of the aquatic system which could affect fish populations and other wildlife. To help prevent its spread, hose and brush down all boats, including kayaks and canoes; drain bilge water and live wells; and remove all weed from boats and trailers. Allow boats to dry out and leave them in the sunshine for a week where possible. For more information, visit: [www.shannon-fishery-board.ie/aboutus/zebramussels.htm](http://www.shannon-fishery-board.ie/aboutus/zebramussels.htm)
- Make water safety a priority by asking for local advice about tides, currents and conditions. Always check weather reports and the sea area forecast at Met Éireann ([www.met.ie](http://www.met.ie)) if you are headed out on the water.
- If you spot someone in trouble at sea, or on the cliffs or coast, or even if you *think* that someone may be in trouble, dial 112/999 and ask for the Coast Guard. If you are in trouble at sea, call on VHF Channel 16, MF 2182 KHz or use DSC.
- If you need to cross private land to access a beach or a river, always ask permission from the landowner. And close gates after you, use stiles where provided and never block a gate.
- Be aware of other people enjoying the same surroundings as you. Surfers, kitesurfers and windsurfers, pay attention to any designated areas on the beach and keep a safe distance from swimmers. Or if you are waterskiing/wakeboarding, try and make sure the roar of your motorboat engine is not disturbing the peace of other water users.
- After a day at the beach, always bin all rubbish. Better still, bring your waste home with you as wind can sometimes scatter it.



# Provider Listings

## Surfing

### North West

Adventure One Surf School  
Ballyheirnan Bay  
Fanad  
Co. Donegal  
Tel +353 (0)74 9150262  
iain@adventureone.net  
[www.adventureone.net](http://www.adventureone.net)

Bundoran Surf Co  
Main Street  
Bundoran  
Co. Donegal  
Tel +353 (0)71 9841968  
info@bundoransurfco.com  
[www.bundoransurfco.com](http://www.bundoransurfco.com)

Donegal Adventure Centre & Surf School  
Bayview Avenue  
Bundoran  
Co. Donegal  
Tel +353 (0)71 98 42418  
Fax +353 (0)71 98 42429  
info@donegaladventurecentre.net  
[www.donegaladventurecentre.net](http://www.donegaladventurecentre.net)

Fin McCool Surf School  
Rossnowlagh  
Co. Donegal  
Tel +353 (0)71 9859020  
Fax +353 (0)71 9852100  
finmccools@gmail.com  
[www.donegalsurfing.com](http://www.donegalsurfing.com)

North Sligo Surf Club  
Drumcliffe  
Co. Sligo  
bertapaul@eircom.net

Perfect Day Surf School  
Strandhill  
Co. Sligo  
Tel +353 (0)87 2029399  
info@perfectdaysurfing.com  
[www.perfectdaysurfing.com](http://www.perfectdaysurfing.com)

ISS Inishowen Surf School  
Inishowen  
Co. Donegal  
Tel +353 (0)87 7773323  
danielgallanagh@eircom.net  
[www.inishowensurfschool.com](http://www.inishowensurfschool.com)

Seventh Wave Surf School  
Enniscrone  
Co. Sligo  
Tel +353 (0)87 9716389  
seventhwavesurfschool@yahoo.co.uk  
[www.seventhwavesurfschool.com](http://www.seventhwavesurfschool.com)

Gartan Outdoor Education Centre  
Church Hill  
Letterkenny  
Co. Donegal  
Tel +353 (0)74 9137032  
Fax +353 (0)74 9137254  
office@gartan.com  
[www.gartan.com](http://www.gartan.com)

Jaws Watersports  
21 Birchill Ave  
Cresslough  
Co. Donegal  
Tel +353 (0)86 1735109  
jawswatersports@gmail.com  
[www.jawswatersports.com](http://www.jawswatersports.com)

North West Surf School  
Enniscorne  
Co. Sligo  
Tel +353 (0)87 9595556  
info@nwsurfschool.com  
[www.nwsurfschool.com/](http://www.nwsurfschool.com/)

Strandhill Surf School  
Beach Front  
Strandhill  
Co. Sligo  
Tel +353 (0)87 2870817  
strandhillsurfschool@eircom.net  
[www.strandhillsurfschool.com](http://www.strandhillsurfschool.com)

Turf n Surf Lodge & Surf School  
No. 6 Bayview Tce  
Bundoran  
Co. Donegal  
Tel +353 (0)71 98 41091  
info@turfnsurf.ie  
[www.turfnsurf.ie](http://www.turfnsurf.ie)

West Sligo Surf Club  
Rathlee  
Easkey  
Co. Sligo  
Tel+353 (0)87 2333789

## Surfing *(continued)*

### West

SurfMayo  
Breaffy  
Castlebar  
Co. Mayo  
Tel +353 (0)87 6212508  
info@surfmayo.com

Delphi Adventure Centre  
Leenan  
Co. Galway  
Tel +353 (0)95 42208  
info@delphiscape.com  
www.delphimountainresort.com

UISCE Watersports Centre  
Cuan Eili  
Beal an Mhuirtheach  
Belmullet  
Co. Mayo  
Tel +353 (0)97 82111  
Fax +353 (0)97 82111  
eolas@uisce.com  
www.uisce.com

### Shannon Region

Aloha Surf School  
4 RHO  
Fanore  
Co. Clare  
Tel +353 (0)87 2133996  
enquiries@surfschool.tv  
www.surfschool.tv

Bens Surf Clinic  
Lahinch  
Co. Clare  
Tel +353 (0)86 8448622  
ben@benssurfclinic.com  
www.benssurfclinic.com

Lahinch Surf School  
Ballyfaudeen  
Lahinch  
Co. Clare  
Tel +353 (0)87 9609667  
info@lahinchsurfschool.com  
www.lahinchsurfschool.com

White Water Surf School Co  
Milltown Malbay  
Co. Clare  
Tel +353 (0)65 7079780/  
+353 (0)86 8625564  
patandorlakeane@hotmail.com

The Green Room Surf School  
Lahinch  
Co. Clare  
Tel +353 (0)65 7082771/  
+353 (0)87 9833018  
stuartsurfergreen@hotmail.com  
www.greenroomlahinch.com

Ocean Scene  
Church Street  
Lahinch  
Co. Clare  
Tel +353 (0)65 7081108  
surf@oceanscene.ie  
www.oceanscene.ie

### South West

H2O Sea Kayaking and  
G-Town Surf School  
Coolbawn  
Garretts town  
Co. Cork  
Tel +353 (0)87 8768549  
Fax +353 (0)21 4778884  
info@surftown.com  
www.h2oseakayaking.net  
www.surfgtown.com

Kingdom Waves Surf School  
Derryquay  
Tralee  
Co. Kerry  
Tel +353 (0)87 7447958  
kingdomwaves@gmail.com  
www.kingdomwaves.com

West Coast Surf School  
4 Cois Chnoic  
Dingle  
Co. Kerry  
Tel +353 (0)86 836 0271  
info@westcoastsurfschool.ie  
www.westcoastsurfschool.ie

West Cork Surfing  
Inchydoney  
Clonakilty  
Co. Cork  
Tel +353 (0)86 8695396  
colum@westcorksrfing.com  
www.westcorksrfing.com



## Surfing (continued)

### South East

Oceanics Surf School &  
Heritage Walking Tours  
The Red Cottage  
Tramore  
Co. Waterford  
Tel +353 (0)51 390944  
oceanic@eircom.net  
[www.oceanics.ie](http://www.oceanics.ie)

T-Bay Surf & Wildlife Centre  
The Beach  
Tramore  
Co. Waterford  
Tel +353 (0)51 391297  
info@surftbay.com  
[www.surftbay.com](http://www.surftbay.com)

### Northern Ireland

Alive BodyBoard and Surf School  
101 Ballybogey Road  
Ballymoney  
BT53 6PD  
Tel +44 (0)28 207 41545/41662/  
+44 (0)7743860509  
info@alivesurfschool.com  
[www.alivesurfschool.com](http://www.alivesurfschool.com)

Atlantic Shores Scuba and Watersports Centre  
Quay Lane Enniskillen  
BT94 6AQ  
Co. Fermanagh  
Tel +44 (0)28 6632 8383/  
+44 (0)7734429488  
lorraine@atlanticshores.co.uk  
[www.atlanticshores.co.uk](http://www.atlanticshores.co.uk)

Corralea Activity Centre Ltd  
Upper Lough MacNea  
Belcoo Corralea,  
BT93 5DZ  
Co. Fermanagh  
Tel +44 (0)28 6638 6123  
info@activityireland.com  
[www.activityireland.com](http://www.activityireland.com)

go-canoeing.com  
Newtownards  
BT9 6PB  
Co. Down  
Tel +44 (0)7749011283  
info@mobileteamadventure.co.uk  
[www.go-canoeing.com](http://www.go-canoeing.com)

Green Box  
Manorhamilton Castle  
Manorhamilton  
Co. Fermanagh  
BT11 111  
Tel +353 71 9856898  
info@greenbox.ie  
[www.greenbox.ie](http://www.greenbox.ie)

Justkayak  
3 Upper Bennett Street  
BT48 6TL  
Co. Londonderry  
Tel +353872202577/  
+44 (0)749382331  
adrian@justkayak.ie  
[www.justkayak.ie](http://www.justkayak.ie)

TK Surf School  
20 Magheraboy Drive  
Portrush  
BT56 8GP  
Co. Antrim  
Tel +44 (0)7894854791  
martin@tksurfschool.com  
[www.tksurfschool.com](http://www.tksurfschool.com)

Troggs  
88 Main Street Portrush  
BT56 8BN  
Co. Antrim  
Tel +44 (0)28 7082 5476  
shop@troggs.com  
[www.troggs.com](http://www.troggs.com)

## Sailing

### North West

Gartan Outdoor Education Centre  
Churchill  
Letterkenny  
Co. Donegal  
Tel +353 (0)74 9137032  
Fax +353 (0)74 9137254  
office@gartan.com  
www.gartan.com

Mevagh Dive Centre  
Carrigart  
Letterkenny  
Co. Donegal  
Tel +353 (0)74 9154708  
Fax +353 (0)74 9154709  
reception@mevaghdiving.com  
www.mevaghdiving.com

Mullaghmore Sailing Club and Centre Ltd  
Mullaghmore  
Cliffoney  
Co. Sligo  
Tel +353 (0)71 44392  
dbm@iol.ie

Sligo Yacht Club  
Rosses Point  
Co. Sligo  
Tel+353 (0)71 9177168  
sligoyc@eircom.net  
www.rossespoint.com/sligoyc

### Marinas:

Lough Swilly Marina  
Marina Office  
Fahan  
Inishowen  
Co. Donegal  
Tel +353 (0)74 9360008  
Fax +353 (0)74 9360008  
loughswillymarina@eircom.net

### Chartering:

Bluefin Chartering  
Churchtown  
Kilcar  
Co. Donegal  
Tel +353 (0)74 9738495  
info@bluefin.ie  
www.bluefin.ie

### West

Bow Waves - Galway Sailing & Powerboat  
School  
Bow Waves  
Harbour Enterprise Park  
Galway City  
Tel +353 (0)91 560560  
info@bowwaves.com  
www.bowwaves.com

Galway Bay Sailing Club  
Renville  
Oranmore  
Co. Galway  
Tel +353 (0)91794527  
www.gbisc.ie

Sail West Seol Siar  
56c Bowling Green  
Galway City  
Tel +353 (0)95 33546  
Fax +353 (0)91 564405  
sailwest@indigo.ie  
www.sailwest.ie

The Irish Sailing Academy  
Hodson Bay  
Athlone  
Co. Roscommon  
Tel +353 (0)49 9529750  
info@irishsailingacademy.com  
www.irishsailingacademy.com

West Galway School of Navigation  
Bunowen Pier  
Ballyconneely  
Co. Galway  
Tel +353 (0)95 23569  
Fax +353 (0)95 23001  
john@serioussailing.com  
www.serioussailing.com

### Marinas:

Cloodavaun Bay Marina  
Clonmoylan  
Ballyshrule  
Porturnna  
Co. Galway  
Tel +353 (0)87 6489529/  
+353 (0)90 9749227  
netsullivan@eircom.net



## Sailing (continued)

### Chartering:

Leaders Charter Ltd  
Upper Quay  
Westport  
Co. Mayo  
Tel +353 (0)86 8090476  
ogrady.aaron@gmail.com  
[www.leaderscharter.com](http://www.leaderscharter.com)

### Shannon Region

Kilkee Diving and Watersports Centre  
East End  
Kilkee  
Co. Clare  
Tel +353 (0)65 9056707  
Fax +353 (0)65 9056020  
divekilkee@iol.ie  
[www.diveireland.com](http://www.diveireland.com)

Kilrush Creek Adventure Centre  
Kilrush  
Co. Clare  
Tel +353 (0)86 086-2743737  
Fax +353 (0)65 9052895  
kcac@eircom.net  
[www.kilrushcreekadventure.com](http://www.kilrushcreekadventure.com)

Lakeside Watersports Centre  
Mountshannon  
Co. Clare  
Tel +353 (0)61 927225  
Fax +353 (0)61 927336

Powercharter.ie  
Droim na Coille  
Nenagh  
Co. Tipperary  
Tel +353 (0)87 2528845  
mark@powercharter.ie  
[www.powercharter.ie](http://www.powercharter.ie)

Shannon Sailing  
New Harbour  
Dromineer  
Nenagh  
North Tipperary  
Tel +353 (0)67 24499  
Fax +353 (0)67 33488  
shannonsailing@eircom.net  
[www.shannonsailing.com](http://www.shannonsailing.com)

University Of Limerick Activity Centre  
Two Mile Gate  
Killaloe  
Co. Clare  
Tel +353 (0)61 376622  
Fax +353 (0)61 375137  
ul.activity@iol.ie  
[www.ulac.ie](http://www.ulac.ie)

### Marinas:

Kilrush Marina  
Kilrush  
Co. Clare  
Tel +353 (0)65 905 2072  
Fax +353 (0)65 905 1692  
kcm@shannondev.ie  
[www.kilrushcreekmarina.ie](http://www.kilrushcreekmarina.ie)

### Chartering:

Dolphin Watch  
Carrigaholt  
Co. Clare  
Tel +353 (0)65 9058156  
info@dolphinwatch.ie  
[www.dolphinwatch.ie](http://www.dolphinwatch.ie)

Shannon Sailing  
Dromineer  
Nenagh  
Co. Tipperary  
Tel +353 (0)67 24499/24295  
Fax +353 (0)67 33488  
shannonsailing@eircom.net  
[www.shannonsailing.com](http://www.shannonsailing.com)

### South West

Aquatrek Sea Skills  
Nealons Quay  
Youghal  
Co. Cork  
Tel +353 (0)24 90542  
boating@iol.ie  
[www.aquatrek.ie](http://www.aquatrek.ie)

Baltimore Sailing School  
The Pier  
Baltimore  
Co. Cork  
Tel +353 (0)28 20141  
[www.baltimoresailingschool.com](http://www.baltimoresailingschool.com)

## Sailing (continued)

Bantry Bay Sailing Club  
Abbey Rd  
Bantry  
Co. Cork  
BBSC.web@gmail.com  
[www.sailing.ie/bantrybay](http://www.sailing.ie/bantrybay)

Cape Clear Island Adventure Centre  
Cape Clear Island  
Skibbereen  
Co. Cork  
Tel +353 (0)28 39198  
[info@lasmuigh.ie](mailto:info@lasmuigh.ie)  
[www.lasmuigh.ie](http://www.lasmuigh.ie)

Courtmacsherry Water Sports Centre  
Tir-Na-nOg  
Curraclough  
Bandon  
Co. Cork  
Tel +353 (0)87 6453979  
Fax +353 (0)23 44464  
[info@courtmacsherrywatersports.com](mailto:info@courtmacsherrywatersports.com)  
[www.courtmacsherrywatersports.com](http://www.courtmacsherrywatersports.com)

Cove Sailing Club  
PO Box 12  
Cobh  
Co. Cork  
[info@covesailingclub.com](mailto:info@covesailingclub.com)  
[www.covesailingclub.com](http://www.covesailingclub.com)

Kinsale Yacht Club  
Kinsale  
Co. Cork  
Tel +353 (0)21 4773433  
[info@kyc.ie](mailto:info@kyc.ie)  
[www.kyc.ie](http://www.kyc.ie)

Gannetsway Sailing  
Horseshoe Cottage B&B  
Sherkin Island  
Skibbereen  
Co. Cork  
Tel +353 (0)28 20598  
[joe@gannetsway.com](mailto:joe@gannetsway.com)  
[www.gannetsway.com](http://www.gannetsway.com)

Glenans Sailing Baltimore  
The Old Station House  
Baltimore  
Co. Cork  
Tel +353 (0)28 20154  
Fax +353 (0)28 20312  
[baltimore@glenansireland.com](mailto:baltimore@glenansireland.com)  
[www.gisc.ie](http://www.gisc.ie)

Heir Island Sailing School  
Heir Island  
Skibbereen  
Co. Cork  
Tel +353 (0)28 38511  
Fax +353 (0)28 38511  
[info@heirislandsailingschool.com](mailto:info@heirislandsailingschool.com)  
[www.heirislandsailingschool.com](http://www.heirislandsailingschool.com)

Hoverlink  
Corkbeg  
Whitegate  
Midleton  
Co. Cork  
Tel +353 (0)21 4661671/+353 (0)87 9949363  
Fax +353 (0)21 4661671  
[euroair@yahoo.co.uk](mailto:euroair@yahoo.co.uk)  
[www.hoverlink.net](http://www.hoverlink.net)

International Sailing  
East Hill  
Cobh  
Co. Cork  
Tel +353 (0)21 4811237  
Fax +353 (0)21 4811527  
[info@sailcork.com](mailto:info@sailcork.com)  
[www.sailcork.com](http://www.sailcork.com)

Irish Water Sports  
Inish Beg Estate  
Inish Beg  
Baltimore  
Co. Cork  
Tel +353 (0)28 21745  
Fax +353 (0)28 23389  
[contact@irishwatersports.ie](mailto:contact@irishwatersports.ie)  
[www.irishwatersports.ie](http://www.irishwatersports.ie)

Kinsailing  
9a, Ardbrack Heights  
Kinsale  
Co. Cork  
Tel +44 (0)796 861 8722/+353 (0)87 9044409  
[info@kinsailing.com](mailto:info@kinsailing.com)  
[www.kinsailing.com](http://www.kinsailing.com)

Royal Cork Yacht Club  
Crosshaven  
Co. Cork  
Tel +353 (0)21 4831023  
Fax +353 (0)21 4831586  
[office@royalcork.com](mailto:office@royalcork.com)  
[www.royalcork.com](http://www.royalcork.com)



## Sailing (continued)

### Salve Marine

Crosshaven

Co. Cork

Tel +353 (0)21 4831145

Fax +353 (0)21 4831747

salvemarine@eircom.net

### Schull Watersports Centre

The Pier

Schull

Co. Cork

Tel +353 (0)28 28554

Fax +353 (0)28 28554

mail@schullwatersports.com

www.schullwatersports.com

### Sovereign Sailing

15 Springmount

Kinsale

Co. Cork

Tel +353 (0)21 4774145/+353 (0)87

6172555

james@sovereignsailing.com

www.sovereignsailing.com

### Star Sailing & Adventure Centre

Dauros

Kenmare

Co. Kerry

Tel +353 (0)64 41222

Fax +353 (0)64 41466

info@staroutdoors.ie

www.staroutdoors.ie

### The Oysterhaven Centre

Oysterhaven

Kinsale

Co. Cork

Tel +353 (0)21 4770738

Fax +353 (0)21 4770776

info@oysterhaven.com

www.oysterhaven.com

### Valentia Island Sea Sports & Adventure

Centre

Knightstown

Valentia Island

Co. Kerry

Tel +353 (0)66 9476204/+353 (0)87

2420714

Fax +353 (0)66 9476204

info@divevalentia.ie

www.divevalentia.ie

### West Cork Sailing & Powerboating Centre

The Boat House

Adrigole

Beara

Co. Cork

Tel +353 (0)27 60132

Fax +353 (0)27 60247

info@westcorksailing.com

www.westcorksailing.com

### Marinas:

#### Castlepark Marina

Kinsale

Co. Cork

Tel +353 (0)21 4774959/+353 (0)87

7502737

Fax +353 (0)21 4774595

tadgh.wright@castleparkmarina.com

www.castleparkmarina.com

#### Crosshaven Boatyard

Crosshaven

Co. Cork

Tel +353 (0)21 4831161

Fax +353 (0)21 4831603

cby@eircom.net

#### Cahersiveen Marina

Marina Offices

The Pier

Cahersiveen

Co. Kerry

Tel +353 (0)66 9472777

Fax +353 (0)66 9472993

acard@eircom.net

#### Dingle Marina

The Quay,

Dingle

Co. Kerry

Tel +353 (0)66 9151629

1dingle@eircom.net

## Sailing (*continued*)

Dingle Sailing Centre  
The Marina Centre  
Dingle  
Co. Kerry  
Tel +353 (0)66 9152603  
info@saildingle.com  
www.saildingle.com

East Ferry Marina  
Cobh  
Co. Cork  
Tel +353 (0)21 4813390

Fenit Marina  
Harbour Offices  
Fenit  
Co. Kerry  
Tel +353 (0)66 7136231  
Fax +353 (0)66 7136473  
fenitmarina@eircom.net  
www.sailingireland.com

Kinsale Yacht Club Marina  
Lwr O'Connell Street  
Kinsale  
Co. Cork  
Tel +353 (0)21 4772196/4773433  
Fax +353 (0)21 4774455  
info@kyc.ie  
www.kyc.ie

Lawrence Cove Marina  
Bere Island  
Co. Cork  
Tel +353 (0)27 75044  
Fax +353 (0)27 75044  
lcm@iol.ie  
www.lawrencecovemarina.com

Royal Cork Yacht Club Marina  
Crosshaven  
Co. Cork  
Tel +353 (0)21 4831023  
Fax +353 (0)21 4832657  
office@royalcork.com

Salve Marine  
Crosshaven  
Co. Cork  
Tel +353 (0)21 483 1145  
Fax +353 (0)21 483 1747  
salvemarine@eircom.net

### Chartering:

Archibald H. Reid & Co. Ltd  
PO Box 32  
Co. Cork  
Tel +353 (0)23 39499  
Fax +353 (0)23 39498  
ahryachts@eircom.net  
www.archibaldreid.com

Baltimore Yacht Charters  
Ballylynch  
Baltimore  
Co. Cork  
Tel +353 (0)86 2738368  
Fax +353 (0)28 20160  
info@baltimoreyachtcharters.com  
www.baltimoreyachtcharters.com

Dingle Bay Charters  
Yacht Marina  
Dingle  
Co. Kerry  
Tel +353 (0)66 9151344/  
+353 (0)87 6726100  
info@dinglebaycharters.com  
www.dinglebaycharters.com

Glandore Harbour Yacht Club  
The Old Craft Shop  
Leap  
Co. Cork  
Tel +353 (0)28 34676  
clairenthompson@eircom.net  
www.glandoreyc.com

Harbour Yacht Management Ltd  
2 Harbour Hill  
Cobh  
Co. Cork  
Tel +353 (0)21 4813911  
Fax +353 (0)21 4813916  
jor@emeraldgroup.ie  
www.sailcorkharbour.com

Kinsailing  
9a, Ardbrack Heights  
Kinsale  
Co. Cork  
Tel +44 (0)796 861 8722  
/+353 (0)87 9044409  
info@kinsailing.com  
www.kinsailing.com



## Sailing (*continued*)

Sovereign Sailing  
15 Springmount  
Kinsale  
Co. Cork  
Tel +353 (0)87 6172555  
james@sovereignsailing.com  
www.sovereignsailing.com

Royal Cork Yacht Club  
Crosshaven  
Co. Cork  
Tel +353 (0)21 4831023  
Fax +353 (0)21 4831586  
office@royalcork.com  
www.royalcork.com

### South East

Dunmore East Adventure Centre  
Stoney Cove  
Dunmore East  
Co. Waterford  
Tel +353 (0)51 383783  
Fax +353 (0)51 383786  
info@dunmoreadventure.com  
www.dunmoreadventure.com

Dungarvan Harbour Sailing Club  
Dungarvan  
Co. Waterford  
Tel +353 (0)58 45663  
info@dungarvanharboursailingclub.com  
www.dungarvanharboursailingclub.com

Wexford Harbour Boat Club  
Redmond Road, Wexford  
Tel +353 (0)53 9122039  
[evenings/weekend]  
Tel +353 (0)53 9147504  
[9am-5pm]  
info@whbtc.ie  
www.whbtc.ie

### Marinas:

Kilmore Quay Marina  
Kilmore  
Co. Wexford  
Tel +353 (0)53 9129955  
Fax +353 (0)53 9129915  
hmkilmore@eircom.net  
www.wexford.ie/kilmorequaymarina

Waterford City Marina  
c/o Waterford City Council  
The Mall  
Co. Waterford  
Tel +353 (0)51 309900  
dfanning@waterfordcity.ie  
www.waterfordcity.ie

Three Sisters Marina  
New Ross Town Council  
The Thosel  
New Ross  
Co. Wexford  
Tel +353 (0) 863889652/  
+353 (0)51 421284  
marina@newrosstc.ie

### Chartering:

Sailing Ireland  
Kilmore Quay Marina  
Kilmore Quay  
Co. Wexford  
Tel +353 (0)53 9139163  
dermot@sailingireland.ie  
www.sailingireland.ie

### East & Midlands

Arklow Sailing Club  
North Quay  
Arklow  
Co. Wicklow  
Tel +353 (0)402 32264  
Fax +353 (0)402 33700

Blessington Sailing School  
Blessington  
Co. Wicklow  
Tel +353 (0)45 867051  
philipos2@eircom.net  
www.sailing.ie/blsailsch

Carlingford Adventure Centre  
Thosel Street  
Carlingford  
Co. Louth  
Tel +353 (0)42 9373100  
Fax +353 (0)42 9373651  
info@carlingfordadventure.com  
www.carlingfordadventure.com

## Sailing (*continued*)

Celtic Ventures  
Kingshill  
Arklow  
Co. Wicklow  
Tel +353 (0)402 39418  
Fax +353 (0)402 39418  
celticventures@eircom.net  
www.celticventures.com

Lakeside Leisure Blessington  
Burgage  
Blessington  
Co. Wicklow  
Tel +353 (0)45 865092

Lilliput Adventure Centre  
Lilliput House  
Lough Ennell  
Co. Westmeath  
Tel +353 (0)44 9226789  
Fax +353 (0)44 9226789

Lough Ree Power Boat School  
Hodson Bay  
Athlone  
Co. Roscommon  
Tel +353 (0)87 0621558

Lough Ree Yacht Club  
Ballyglass  
Coosan  
Athlone  
Co. Westmeath  
Tel +353 (0)90 6475976  
info@lryc.ie  
www.lryc.ie

Mullingar Sailing Club  
Lough Owel  
Mullingar  
Co. Westmeath  
Tel +353 (0)44 9342058  
milnerk@gofree.indigo.ie  
www.msail.net

South East Cruising School  
7 Glenvale Park  
Wicklow  
Co. Wicklow  
Tel +353 (0)404 69970  
Fax +353 (0)404 69970  
sailsoutheast@eircom.net  
www.sailsoutheast.com

### Marinas:

Arklow Marina  
North Quay  
Arklow  
Co. Wicklow  
Tel +353 (0)402 39901/32619  
Fax +353 (0)402 39902/31230  
technical@asl.ie  
www.arklowmarina.com

Carlingford Marina  
Carlingford  
Co. Louth  
Tel +353 (0)42 9373073  
Fax +353 (0)42 9373075  
cmarina@iol.ie

Athlone Marina  
Athlone  
Co. Westmeath  
Tel +353 (0)90 6478687

Hodson Bay Public Harbour  
Athlone  
Co. Westmeath  
Tel +353 (0)44 9348650

### Chartering:

Lough Ree Yacht Club  
Ballyglass  
Coosan  
Athlone  
Co. Westmeath  
Tel +353 (0)90 6475976  
info@lryc.ie  
www.lryc.ie

Carlingford Yacht Chartering & Sea School  
Beaufort House  
Ghan Road  
Carlingford  
Co. Louth  
Tel +353 (0)42 9373879  
Fax +353 (0)42 9373 878  
michaelcain@beauforthouse.net  
www.beauforthouse.net



## Sailing (continued)

### Dublin

Beesnees Yacht Charter  
5 Turvey Drive  
Donabate  
Co. Dublin  
Tel +353 (0)87 2344818  
niallwhelan73@eircom.net  
[www.saildublin.com](http://www.saildublin.com)

DMG Sailsports  
Marina Centre  
Malahide  
Co. Dublin  
Tel +353 (0)1 8456946  
info@dmgsailsports.com  
[www.dmgsailsports.com](http://www.dmgsailsports.com)

Fingal Sailing School  
Upper Strand  
Broadmeadow Estuary  
Malahide  
Co. Dublin  
Tel +353 (0)1 845 1979  
Fax +353 (0)1 845 3689  
info@fingalsailingschool.com  
[www.fingalsailingschool.com](http://www.fingalsailingschool.com)

Dalkey Marina Charter Tours of Dublin Bay  
Coti  
Conygham  
Dalkey  
Co. Dublin  
Tel +353 (0)1 2858055

Fingal Traditional Sailing  
Apt 1 Bayside – Arbours  
Sandy Road  
Rush  
Co. Dublin  
Tel +353 (0)1 8430340  
Fax +353 (0)1 8430340

Tri Sailing Club  
24 Elmcastle Green  
Tallaght  
Tel +353 (0)1 4515512  
info@trisailing.ie  
[www.trisailing.ie](http://www.trisailing.ie)

#### Marinas:

Dublin City Moorings  
Custom House Quay  
Dublin 1  
Tel +353 (0)1 8183300  
Fax +353 (0)1 8183399  
info@dublindocklands.ie  
[www.dublindocklands.ie](http://www.dublindocklands.ie)

Dun Laoghaire Marina  
Harbour Road  
Dun Laoghaire  
Co. Dublin  
Tel +353 (0)1 2020040  
Fax +353 (0)1 2020043  
info@dlmarina.com  
[www.dlmarina.com](http://www.dlmarina.com)

Howth Marina  
Howth  
Co. Dublin  
Tel +353 (0)1 8392777  
marina@hyc.ie  
[www.hyc.ie](http://www.hyc.ie)

Malahide Marina  
Malahide  
Co. Dublin  
Tel +353 (0)1 8454129  
Fax +353 (0)1 8454255  
info@malahidemarina.net  
[www.malahidemarina.com](http://www.malahidemarina.com)

Poolbeg Yacht, Boat Club & Marina  
South Bank  
Pigeon House Road  
Ringsend  
Dublin 4  
Tel +353 (1) 668 9983  
Fax +353 (1) 668 7177  
info@poolbegmarina.ie  
[www.poolbegmarina.ie](http://www.poolbegmarina.ie)

#### Chartering

Sailing West Ltd  
Ferry Terminal  
Dun Laoghaire  
Co. Dublin  
Tel +353 (0) 1 2304227  
info@sailingwest.ie

## Sailing (continued)

### Northern Ireland

Atlantic Shores Scuba and Watersports  
Centre  
Quay Lane Enniskillen  
BT94 6AQ  
Co. Fermanagh  
Tel +44 (0)28 6632 8383/  
+44 (0)7734429488  
lorraine@atlanticshores.co.uk  
[www.atlanticshores.co.uk](http://www.atlanticshores.co.uk)

Clearsky Adventure  
Peak Discovery Group,  
The Gables,  
Newcastle,  
BT33 0LF  
Co. Down  
Tel +44 (0)28 4372 3922  
admin@clearsky-adventure.com  
[www.clearsky-adventure.com](http://www.clearsky-adventure.com)

Craigavon Watersports Centre  
1 Lake Road Craigavon  
BT64 1AS  
Co. Armagh  
Tel +44 (0)28 3834 2669  
Craigavon.watersports@craigavon.gov.uk  
[www.craigavon.gov.uk](http://www.craigavon.gov.uk)

Creggan Country Park  
Westway  
BT48 9NU  
Co. Londonderry  
Tel +44 (0)2871 363133  
info@creggancountrypark.com  
[www.creggancountrypark.com](http://www.creggancountrypark.com)

East Coast Adventure  
Rostrevor House  
Lower Knockbarragh Road  
Rostrevor  
BT34 3DP  
Co. Down  
Tel +44 (0)28 4173 9923  
info@eastcoastadventure.com  
[www.eastcoastadventure.com](http://www.eastcoastadventure.com)

Lagan Watersports Centre  
2 Rivers Edge  
13 Ravenhill Road  
Belfast  
BT6 8DN  
Co. Antrim  
Tel +44 (0)28 9046 1711  
laganwatersports@yahoo.co.uk  
[www.laganwatersports.co.uk](http://www.laganwatersports.co.uk)

Mechanical Technologies Training  
Nutts Corner Training Centre  
17 Dundrod Road  
BT29 4SR  
Co. Antrim  
Tel +44 (0)2890 825 352  
info@mectectraining.com  
[www.mectectraining.com](http://www.mectectraining.com)

N I Motor Cruising School  
20 Dellmount Road Bangor  
BT20 4TY  
Co. Down  
Tel +44 (0)28 91466 923  
nimcruises@aol.com  
[www.nimotorcruisingschool.cjb.net](http://www.nimotorcruisingschool.cjb.net)

River Bann Cruises  
14 Millgrange  
Ballymoney  
Co. Antrim  
BT53 7QB  
Tel +44 (0)77 9878 6955  
info@riverbanncruises.com  
[www.riverbanncruises.com](http://www.riverbanncruises.com)

Share Holiday Village  
Smiths Strand Shanaghy Lisnaskea  
BT92 0EQ  
Co. Fermanagh  
Tel +44(0)28 6772 2122  
celia@sharevillage.org  
[www.sharevillage.org](http://www.sharevillage.org)

The Lagan Boat Company  
48 St. John's Close  
2 Laganbank Road Belfast  
BT1 3LX  
Co. Antrim  
Tel +44 (0)28 90 330844/  
+44 (0)7718 910 423  
info@laganboatcompany.com  
[www.laganboatcompany.com](http://www.laganboatcompany.com)

The Share Inishcruiser  
Share Holiday Village  
Smith's Strand  
Lisnaskea  
BT92 0EQ  
Co. Fermanagh  
Tel +44 (0)28 677 22122  
celia@sharevillage.org  
[www.sharevillage.org](http://www.sharevillage.org)



## Sailing (continued)

Titanic Tours  
48 St John's Close  
2 Laganbank Road  
Belfast  
BT1 3LX  
Co. Antrim  
Tel +44 (0)28 9033 0844  
info@laganboatcompany.com  
www.laganboatcompany.com

Tours N Trails  
16 Sheriffs Road Sherriffs Mountain  
BT48 0JS  
Co. Londonderry  
Tel +44 (0)28 7136 7000  
info@toursntrails.co.uk  
www.toursntrails.co.uk

Ultimate Watersports  
Castlearchdale Marina  
Lisnarick  
Irvinestown  
BT94 1PP  
Co. Fermanagh  
Tel +44 (0)7808736818  
info@ultimatewatersports.co.uk  
www.ultimatewatersports.co.uk

### Marinas

Kinnego Marina  
Annaloiste Road  
Lurgan Craigavon  
BT66 6NJ  
Co. Armagh  
Tel +44 (0)28 3832 7573  
kinnego.marina@craigavon.gov.uk  
www.craigavon.gov.uk

Ballycastle Marina  
Ballycastle  
Co. Antrim  
Tel +44(0)28 20768525  
tstuart@moyle-council.org

Bangor Marina  
Bangor  
Co. Down  
Tel: +44(0)289 91453297  
bangormarina@crestnicholson.co.uk  
www.crestnicholson.co.uk

Londonderry Port  
Port Road,  
Lisahally,  
Co. Londonderry  
Tel +44(0)28 71 860555  
bill@londonderry-port.co.uk  
www.londonderry-port.com

### Chartering

Aquasports  
4 Coleraine Road  
Portrush  
BT56 8EA  
Co. Antrim  
Tel +44 (0)7962309670  
alanwilson@aquasports.biz  
www.aquasports.biz

Bangor Sea School  
30 Portaferry Road  
Greyabbey  
Newtownards  
BT22 2RX  
Tel +44 (0)28 4278 8214  
www.bangorseaschool.co.uk

Castle Archdale Marina Boat Hire  
Castle Archdale Country Park  
Lisnarick  
BT94 1PP  
Co. Fermanagh  
Tel +44 (0)28 6862 1156  
www.drumhoneyholidaypark.com

Castle Cruises Ltd - Carlingford Lough  
BT34 3UE  
Co. Down  
Tel +44 (0)28 417 53425  
castlecruises3@yahoo.co.uk

East Coast Adventure  
Rostrevor House  
Lower Knockbarragh Road  
Rostrevor  
BT34 3DP  
Co. Down  
Tel +44 (0)28 4173 9923  
info@eastcoastadventure.com  
www.eastcoastadventure.com

## Sailing (*continued*)

Foyle cruise line  
Harbour Museum  
Harbour Square  
BT48 6AF  
Co. Derry  
Tel +44 (0)28 71 362857  
info@foylecruise.com  
www.foylecruise.com

GT High Speed Boat Charter  
12 Drumadarragh Road,  
Ballyclare  
BT39 0TA  
Co. Antrim  
Tel +44 (0)28 93342020  
maeve.tinsley@btinternet.com  
www.gthighspeedboatcharter.com

Knockninny Marina Boat Hire  
Knockninny Quay Derrylin  
BT92 9LU  
Co. Fermanagh  
Tel +44 (0)28 67 748590  
info@knockninnymarina.com  
www.knockninnymarina.com

Lough Neagh Cruises  
136 Ballynease Rd.  
Portglenone  
BT44 8NU  
Co. Antrim  
Tel +44 (0)7969 927098  
conlaw@btinternet.com

Manor House Marine Cruiser Hire  
Lough Erne Killadeas  
BT94 1NY  
Co. Fermanagh  
Tel +44 (0)28686 28100  
info@manormarine.com  
www.manormarine.com

Manor House Marine Day Boats  
Killadeas  
BT94 1NY  
Co. Fermanagh  
info@manormarine.com  
www.manormarine.com

Master McGra'  
Oxford Island  
Lurgan  
Craigavon  
BT66 6NU  
Co. Armagh  
Tel +44 (0)28 3832 7573/  
+44 (0)77 7481 1248  
kinnego.marina@craigavon.gov.uk  
www.craigavon.gov.uk

Sail Northern Ireland  
The Marina Carrickfergus  
BT38 8BE  
Co. Antrim  
Tel +44 (0)7809 155 856  
info@sailnorthernireland.com  
www.sailnorthernireland.com

Strangford & Mourne Sea Safari  
The Gables,  
98 Bryansford Road,  
Newcastle  
BT33 0LF  
Co. Down  
Tel +44 (0)2843723933  
admin@pd-group.eu

Strangford Yacht Charter  
30 Clea Lough Road Killyleagh  
BT30 9SY  
Co. Down  
Tel +44 (0)7836327272  
skipper@strangfordyachtcharter.com  
www.strangfordyachtcharter.com

Triton Marine Charter Services  
17 Whierock Drive  
Ardglass  
BT30 7TH  
Co. Down  
Tel +44 (0)28 4484 2865/  
+44 (0)78 2153 7044  
enquiries@tritonexplorer.com  
www.tritonexplorer.com

Tudor Farm Watersports  
619 Boa Island Road  
Kesh  
Co. Fermanagh  
Tel +44 (0)28 6863 194



## Kayaking/Canoeing

### North West

Carratraw Canoe Centre  
Carratraw Bridge  
Inishmore  
Inishmore  
Co. Cavan  
Tel +353 (0)87 2905752

Donegal Adventure Centre & Surf School  
Bayview Avenue  
Bundoran  
Co. Donegal  
Tel +353 (0)71 98 42418  
Fax +353 (0)71 98 42429  
info@donegaladventurecentre.net  
www.donegaladventurecentre.net

Lough Allen Adventure  
Dowra Road  
Ballinaglera  
Co. Leitrim  
Tel +353 (0)71 9643292  
kevin@loughallenadventure.com

Donegal Adventure Centre & Surf School  
Bayview Avenue  
Bundoran  
Co. Donegal  
Tel +353 (0)71 98 42418  
Fax +353 (0)71 98 42429  
info@donegaladventurecentre.net  
www.donegaladventurecentre.net

### West

Achill Adventures  
Slievemore Road  
Dugort  
Achill Island  
Co. Mayo  
Tel +353 (0)98 43148/+353 (0)85 1311453  
mcdowellshotel@eircom.net  
www.achilladventures.com

Achill Outdoor Education Centre  
Cashel  
Bunacurry  
Achill Island  
Co. Mayo  
Tel +353 (0)98 47253  
info@achilloutdoor.com  
www.achilloutdoor.com

Atlantic Adventure Centre  
Lecanvey  
Westport  
Co. Mayo  
Tel +353 (0)98 64806  
Fax +353 (0)98 64905  
simontrezise@hotmail.com

Corrib Canoe  
Aras Na Mac Leinn  
NUI  
Galway Outer City East  
Co. Galway  
Tel +353 (0)87 7435644  
corribcanoe@gmail.com  
www.corribcanoe.com

Delphi Adventure Centre  
Delphi  
Leenane  
Co. Galway  
Tel +353 (0)95 42208  
rconcannon@delphiescape.com  
www.delphimountainresort.com

Ireland West Sea Kayaking/Canoeing  
– Saoirse na Mara  
Tel +353 (0)86 1733610  
saoirsenamara@gmail.com  
www.irelandwestseakayaking.com

Irish White Water  
Galway City Centre  
Co. Galway  
Seaniebyrne@gmail.com  
www.irishwhitewater.com

Killary Adventure Centre  
Leenane  
Co. Galway  
Tel +353 (0)95 43411  
adventure@killary.com  
www.killaryadventure.com

McDowells Hotel And Activity Centre  
Slieve Mor Road  
Achill Island  
Co. Mayo  
Tel +353 (0)90 6494801  
Fax +353 (0)90 6494801  
mcdowellshotel@eircom.net  
www.achill-leisure.ie

## Kayaking/Canoeing (*continued*)

Petersburg Outdoor Education Centre  
Clonbur  
Co. Galway  
Tel +353 (0)94 9546483  
Fax +353 (0)94 9546705  
info@petersburg.ie  
www.petersburg.ie

UISCE Watersports Centre  
Cuan Eili  
Beal an Mhuirtheach  
Belmullet  
Co. Mayo  
Tel +353 (0)97 82111  
Fax +353 (0)97 82111  
eolas@uisce.com  
www.uisce.com

Galway Sea Kayak Tours  
The Forge  
Lisheenageeha  
Headford  
Co. Galway  
Tel +353 (0)87 7565578  
info@kayakmor.com  
www.kayakmor.com

### Shannon Region

Birr Outdoor Education Centre  
Roscrea Road  
Birr  
Co. Offaly  
Tel +353 (0)57 9120029  
Fax +353 (0)57 9121090  
birr@oec.ie  
www.oec.ie

Burren Outdoor Education Centre  
Turlough  
Bellharbour  
Co. Clare  
Tel +353 (0)65 7078066  
Fax +353 (0)65 7078195  
burrenoec@tinet.ie  
www.burrenoec.com

Go with the Flow River Adventures  
Roscrea  
South Tipperary  
Tel +353 (0)505 23716  
info@Gowiththeflow.ie  
www.gowiththeflow.ie

Kilfinane Outdoor Education Centre  
Kilfinane  
Co. Limerick  
Tel +353 (0)63 91161  
Fax +353 (0)63 91201  
kilfinedctr@eircom.net  
www.kilfinaneoeec.com

Lough Derg School of Adventure  
Lough Derg Holiday Village  
Killaloe  
Co. Clare  
Tel +353 (0)85 1343569  
info@loughderschoolofadventure.com  
www.loughderschoolofadventure.com

Nevsail Watersports  
The Promenade  
Kilkee  
Co. Clare  
Tel +353 (0)86 3308236  
info@nevsailwatersports.com  
www.nevsailwatersports.com

Shannon Adventure Canoeing  
& Camping Holidays  
The Marina  
Banagher  
Co. Offaly  
Tel +353 (0)57 9151411  
Fax +353 (0)57 9151411  
advcanoe@iol.ie  
www.iol.ie/~advcanoe/index.html

University Of Limerick Activity Centre  
Two Mile Gate  
Killaloe  
Co. Clare  
Tel +353 (0)61 376622  
Fax +353 (0)61 375137  
ul.activity@iol.ie  
www.ulac.ie

Lough Derg School of Adventure  
Lough Derg Holiday Village  
Killaloe  
Co. Clare  
Tel +353 (0)85 1343569  
info@loughderschoolofadventure.com  
www.loughderschoolofadventure.com



## Kayaking/Canoeing (*continued*)

### South West

Atlantic Sea Kayaking  
The Abbey  
Skibbereen  
Co. Cork  
Tel +353 (0)28 21058  
info@atlanticseakayaking.com  
www.atlanticseakayaking.com

Cape Clear Island Adventure Centre  
Cape Clear Island  
Skibbereen  
Co. Cork  
Tel +353 (0)28 39198  
info@lasmuigh.ie  
www.lasmuigh.ie

Derrynane Sea Sports  
Derrynane  
Caherdaniel  
Co. Kerry  
Tel +353 (0)66 9475266/  
+353 (0)87 9081208  
derrynaneseasports@eircom.net

Eclipse Ireland –  
Kerry's Equestrian & Adventure Centre  
Dromore Old  
Blackwater Bridge  
Killarney  
Co. Kerry  
Tel +353 (0)64 82965  
Fax +353 (0)64 82958  
info@eclipseireland.com  
www.eclipseireland.com

Edge Adventures  
Coomhola Lodge  
Coomhola  
Bantry  
Co. Cork  
Tel +353 (0)87 7924841  
Fax +353 (0)27 50453  
info@edgeadventure.com  
www.edgeadventure.com

H2O Sea Kayaking and G-Town Surf School  
Coolbawn  
Garrettstown  
Co. Cork  
Tel +353 (0)87 8768549  
Fax +353 (0)21 4778884  
info@surftown.com  
www.h2oseakayaking.net  
www.surfgtown.com

Heir Island Sailing School  
Heir Island  
Skibbereen  
Co. Cork  
Tel +353 (0)28 38511  
Fax +353 (0)28 38511  
info@heirislandsailingschool.com  
www.heirislandsailingschool.com

Irish Adventures  
Ballinaboula  
Dingle  
Co. Kerry  
Tel +353 (0)66 9152199/  
+353 (0)87 4190318  
info@irishadventures.net  
www.irishadventures.net

Kinsale Outdoor Education Centre  
St. John's Hill  
Kinsale  
Co. Cork  
Tel +353 (0)21 4772896  
Fax +353 (0)21 4773121  
www.kinsaleoutdoors.com

Outdoors Ireland  
Nathan Kingerlee  
Stookisland  
Cromane  
Killorglin  
Co. Kerry  
Tel +353 (0)86 860 45 63  
info@outdoorsireland.com

Phoenix Kayak Club  
Lee Road  
Cork City  
Co. Cork  
Tel +353 (0)86 4079915  
info@phoenixkayakclub.com  
www.phoenixkayakclub.com

Rebel Adventures  
16 Meadowlands  
Bandon  
Co. Cork  
Tel +353 (0)23 8843998  
info@rebeladventures.com  
www.rebeladventures.com

## Kayaking/Canoeing (*continued*)

Ross Leisure  
The Lagoon  
Rosscarbery  
Co. Cork  
Tel +353 (0)23 48893  
Fax +353 (0)23 48894  
info@rossleisure.ie  
www.rossleisure.com

Sea Kayaking West Cork  
Castletownbere  
Co. Cork  
Tel +353 (0)86 3098654  
info@seakayakingwestcork.com  
www.seakayakingwestcork.com

Star Sailing & Adventure Centre  
Dauros  
Kenmare  
Co. Kerry  
Tel +353 (0)64 41222  
Fax +353 (0)64 41466  
info@staroutdoors.ie  
www.staroutdoors.ie

Tralee Bay Sailing School  
Fenit  
Tralee  
Co. Kerry  
Tel +353 (0)87 7606795  
www.traleebaysailingschool.com

Valentia Island Sea Sports  
& Adventure Centre  
Knightstown  
Valentia Island  
Co. Kerry  
Tel +353 (0)66 9476204  
sandra@divevalentia.ie  
www.divevalentia.ie

West Cork Sailing & Powerboating Centre  
The Boat House  
Adrigole  
Beara  
Co. Cork  
Tel +353 (0)27 60132  
Fax +353 (0)27 60247  
info@westcorksailing.com  
www.westcorksailing.com

### South East

Go-With-The-Flow River Adventures  
Carlow Tourist Information Office  
Tullow Street  
Carlow  
Co. Carlow  
Tel +353 (0)87 2529700  
info@gowiththeflow.ie  
www.gowiththeflow.ie

Dunmore East Adventure Centre  
Stoney Cove  
Dunmore East  
Co. Waterford  
Tel +353 (0)51 383783  
Fax +353 (0)51 383786  
info@dunmoreadventure.com  
www.dunmoreadventure.com

Rosslare Watersports  
Rosslare  
Co. Wexford  
Tel +353 (0)53 9132202  
rcda@eircom.net  
www.rosslareholidayresort.com

Seapaddling.com  
The Bushes  
Islandtarnsey South  
Fenor  
Co. Waterford  
Tel +353 (0)51 393314/  
+353 (0)87 2686529  
info@seapaddling.com  
www.seapaddling.com

### East & Midlands

Carlingford Adventure Centre  
Thosel Street  
Carlingford  
Co. Louth  
Tel +353 (0)42 9373100  
Fax +353 (0)42 9373651  
info@carlingfordadventure.com  
www.carlingfordadventure.com

Hodson Bay Watersports & Training Centre  
Hodson Bay  
Athlone  
Co. Westmeath  
Tel +353 (0)90 6494801

Lakeside Leisure Blessington  
Burgage  
Blessington  
Co. Wicklow  
Tel +353 (0)45 865092

## Kayaking/Canoeing (*continued*)

Lilliput Adventure Centre  
Lilliput House  
Lough Ennell  
Co. Westmeath  
Tel +353 (0)44 9226789  
Fax +353 (0)44 9226789

Neptune Leisure, Outdoor Adventure Centre  
Booking Office  
13 Dublin Road  
Drogheda  
Co. Louth  
Tel+353 (0)41 9834422  
Fax+353 (0)41 9846236  
info@neptuneireland.com  
www.neptuneireland.com

The Tain Adventure Centre  
Ballyoonan  
Ormeath  
Carlingford  
Co. Louth  
Tel +353 (0)42 9375385  
Fax +353 (0)42 9375417  
tainvillage@eircom.net

Tullamore Canoe Club  
Wood of O  
Tullamore  
Co. Offaly  
johnjb02@gmail.com

Deep Blue Sea Kayaking  
Cluainin  
Barchuillia Commons  
Kilmacanogue  
Co. Wicklow  
Tel +353 (0)1 2760263  
info@deepblueseekayaking.com  
www.deepblueseekayaking.com

Shearwater Sea Kayaking  
c/o Eileen Murphy  
Manor Kilbride  
Blessington  
Co. Wicklow  
info@shearwaterseekayaking.ie  
www.shearwaterseekayaking.ie

### Dublin

Liffey Descent  
Irish Canoe Union  
House Of Sport  
Long Mile Road  
Co. Dublin  
Tel +353 (0)1 4501633  
Fax +353 (0)1 4502805  
icu@iol.ie

Shearwater Sea Kayaking  
c/o Eileen Murphy  
Manor Kilbride  
Blessington  
Co. Wicklow  
info@shearwaterseekayaking.ie  
www.shearwaterseekayaking.ie

### Northern Ireland

Action Outdoors  
53A Magheralone Road, Ballynahinch  
BT24 8SW  
Co. Down  
Tel +44 (0)7789 754 565  
info@actionoutdoors.com  
www.actionoutdoors.info

Activities Ireland  
187 Lower Braniel Road Belfast  
BT5 7NP  
Co. Down  
Tel +44 (0)8454392048/  
+44 (0)7971087480  
info@activitiesireland.co.uk  
www.activitiesireland.co.uk

Adventure Quest  
Adventure Quest Admin,  
Peak Discovery Group,  
The Gables, Newcastle  
BT33 0LF  
Co. Down  
Tel +44 (0)28 4372 3933  
admin@adventure-quest.eu  
www.adventure-quest.eu

Adventure Tours Northern Ireland  
5 Urbalreagh Road  
Ardstraw  
BT78 4LR  
Co. Tyrone  
info@adventuretoursni.com  
www.adventuretoursni.com



## Kayaking/Canoeing (*continued*)

Ardclinis Outdoor Adventure  
Sundial House  
11 High St  
Cushendall  
Co. Antrim  
Tel +44 (0)28 2177 1340  
info@ardclinis.com  
www.ardclinis.com

Atlantic Shores Scuba and Watersports  
Centre  
Quay Lane Enniskillen  
BT94 6AQ  
Co. Fermanagh  
Tel +44 (0)28 6632 8383/  
+44 (0)7734429488  
lorraine@atlanticshores.co.uk  
www.atlanticshores.co.uk

AWOL Paintball & Adventure Activities  
Ravella Rd, Aughnacloy  
BT65 6AW  
Co. Antrim  
Tel +44 (0)7966477858  
info@awolpaintball.ie  
www.awol.ie

Belfast Activity Centre  
The Stableyard  
Barnett's Demesne  
Malone Road  
Belfast  
Co. Antrim  
Tel +44 (0)28 9060 0132  
info@belfastactivitycentre.com  
www.belfastactivitycentre.com

Bluelough Mountain and Watersports Centre  
The Grange Courtyard  
Castlewellan Forest Park  
Castlewellan  
BT31 9BU  
Co. Down  
Tel +44 (0)28 4377 0715  
info@mountainandwater.com  
www.mountainandwater.com

Clearsky Adventure  
Peak Discovery Group,  
The Gables,  
Newcastle,  
BT33 0LF  
Co. Down  
Tel +44 (0)28 4372 3922  
admin@clearsky-adventure.com  
www.clearsky-adventure.com

Corralea Activity Centre Ltd  
Upper Lough MacNea  
Belcoo Corralea,  
BT93 5DZ  
Co. Fermanagh  
Tel +44 (0)28 6638 6123  
info@activityireland.com  
www.activityireland.com

Craigavon Watersports Centre  
1 Lake Road Craigavon  
BT64 1AS  
Co. Armagh  
Tel +44 (0)28 3834 2669  
Craigavon.watersports@craigavon.gov.uk  
www.craigavon.gov.uk

Creggan Country Park  
Westway  
BT48 9NU  
Co. Londonderry  
Tel +44 (0)2871 363133  
info@creggancountrypark.com  
www.creggancountrypark.com

East Coast Adventure  
Rostrevor House  
Lower Knockbarragh Road  
Rostrevor  
BT34 3DP  
Co. Down  
Tel +44 (0)28 4173 9923  
info@eastcoastadventure.com  
www.eastcoastadventure.com

Ganaway Activity Centre  
268 Ballywalter Road,  
Millisle,  
BT22 2LZ  
Co. Down  
Tel +44 (0)28 91861297  
ganaway@btconnect.com

go-canoeing.com  
Newtownards  
BT9 6PB  
Co. Down  
Tel +44 (0)7749011283  
info@mobileteamadventure.co.uk  
www.go-canoeing.com

## Kayaking/Canoeing (*continued*)

Gortin Accommodation Suite  
and Activity Centre  
62 Main Street Gortin  
BT79 8NH  
Co. Tyrone  
Tel +44 (0)28 8164 8346  
info@gortin.net  
www.gortin.net

Green Box  
Manorhamilton Castle  
Manorhamilton  
Co. Fermanagh  
BT11 111  
Tel +353 71 9856898  
info@greenbox.ie  
www.greenbox.ie

Highpoint Group  
The HighPoint Group  
Corncrane Building  
Lower Square  
Castlewellan  
BT31 9DQ  
Co. Down  
Tel +44 (0)28 4377 0714  
info@interactiveteambuilding.com  
www.thehighpointgroup.com

Justkayak  
3 Upper Bennett Street  
BT48 6TL  
Co. Londonderry  
Tel +353(0)872202577/  
+44 (0)749382331  
adrian@justkayak.ie  
www.justkayak.ie

Lagan Watersports Centre  
2 Rivers Edge  
13 Ravenhill Road  
Belfast  
BT6 8DN  
Co. Antrim  
Tel +44 (0)28 9046 1711  
laganwatersports@yahoo.co.uk  
www.laganwatersports.co.uk

Lough Melvin Holiday Centre  
Garrison  
BT93 4ET  
Co. Fermanagh  
Tel +44 (0)28 6865 8142  
info@melvinholidaycentre.com  
www.melvinholidaycentre.com

Lusty Beg Island Activity Centre  
Lusty Beg Island  
Boa Island Kesh  
BT93 8AD  
Co. Fermanagh  
Tel +44 (0)28 6863 3300  
info@lustybegisland.co.uk  
www.lustybegisland.com

Mobile Team Adventure  
29 Ashgrove, Newtownards  
BT23 5HA  
Co. Down  
Tel +44 (0)2891 800809  
info@mobileteamadventure.co.uk  
www.mobileteamadventure.co.uk

Natural High North West  
10 Clonliffe Park  
Culmore  
BT48 8NT  
Co. Derry  
Tel +44 (0)28 7135 0249  
naturalhighnw@hotmail.co.uk

Nomad  
The Corncrane Building  
Lower Square  
Castlewellan  
BT31 9DQ  
Co. Down  
Tel +44 (0)28 4377 0714  
customerservices@nationwideadventure.com  
www.nationwideadventure.com

Outdoor Concepts  
40 Woodvale Dromara  
BT25 2JA  
Co. Down  
Tel +44 (0)28 9753 1343  
info@outdoorconcepts.co.uk  
www.outdoorconcepts.co.uk

Paul Blanchard  
3 Ballaghnone Park,  
Portballintrae,  
Bushmills  
BT57 8YU  
Co. Antrim  
Tel +44 (0)28 2073 1663/  
+44 (0)7754389641

## Kayaking/Canoeing (*continued*)

PD Corporate  
Peak Discovery Limited  
The Gables Newcastle  
BT33 0LF  
Co. Down  
Tel +44 (0)28 4372 3933  
andrewp@pd-group.eu  
[www.peakdiscovery.eu](http://www.peakdiscovery.eu)

Share Holiday Village  
Smiths Strand Shanaghy Lisnaskea  
BT92 0EQ  
Co. Fermanagh  
Tel +44(0)28 6772 2122  
celia@sharevillage.org  
[www.sharevillage.org](http://www.sharevillage.org)

Ski Supreme  
197 Loughan Road Coleraine  
Co. Londonderry  
Tel +44 (0)28 7035 5700

St. Columb's Park Leisure Centre  
4a Limavady Road  
Co. Londonderry  
Tel +44 (0)28 7134 3941

The Adventure Team  
Gortin Accommodation Suite  
62 Main Street Gortin  
BT79 8NH  
Co. Tyrone  
Tel +44 (0)7513868476  
info@theadventureteam.co.uk  
[www.theadventureteam.co.uk](http://www.theadventureteam.co.uk)

The Canoe Centre  
Castle Island, Enniskillen  
BT74 5GH  
Co. Fermanagh  
Tel +44 (0)28 4377 0714  
customerservices@thehighpointgroup.com  
[www.thehighpointgroup.com](http://www.thehighpointgroup.com)

The Outdoor Fox  
268 Ballywalter Rd  
Millisle  
BT22 2LZ  
Co. Down  
Tel +44 (0)7779295299  
john@theoutdoorfox.com  
[www.theoutdoorfox.com](http://www.theoutdoorfox.com)

toddsleap.com  
Todds Leap Activity Centre  
Todds Leap Road  
Ballygawley  
Co. Tyrone  
Tel +44 (0)28 8556 7170  
info@toddsleap.com  
[www.toddsleap.com](http://www.toddsleap.com)

Tollymore Mountain Centre  
Bryansford Newcastle  
BT33 0PT  
Co. Down  
Tel +44 (0)28 4372 2158  
info@tollymoremc.com  
[www.tollymore.com](http://www.tollymore.com)

Tudor Farm Watersports  
619 Boa Island Road  
Kesh  
Co. Fermanagh  
Tel +44 (0)28 6863 1943

Ultimate Watersports  
Castlearchdale Marina  
Lisnarick  
Irvinestown  
BT94 1PP  
Co. Fermanagh  
Tel +44 (0)7808736818  
info@ultimatewatersports.co.uk  
[www.ultimatewatersports.co.uk](http://www.ultimatewatersports.co.uk)

Xplore Outdoors  
15 Glenara Woods  
Coleraine  
BT51 3TR  
Tel +44 (0)7734365321/  
+44 (0)7815427965  
xploreoutdoors@hotmail.co.uk  
[www.xploreoutdoors.co.uk](http://www.xploreoutdoors.co.uk)



## Diving

### North West

Mevagh Dive Centre  
Carrigart  
Letterkenny  
Co. Donegal  
Tel +353 (0)74 9154708  
Fax +353 (0)74 9154709  
reception@mevaghdiving.com  
[www.mevaghdiving.com](http://www.mevaghdiving.com)

Dive Tory  
Toralgh Faoi Thonn  
Big Strand  
Tory Island  
Co. Donegal  
Tel +353 (0)74 9135282  
Fax +353 (0)74 9135613  
dive@toryhotel.com  
[www.toryhotel.com](http://www.toryhotel.com)

Inishfree Charters  
Martine Activity Centre  
Burtonport  
Co. Donegal  
Tel +353 (0)86 2209508/  
+353 (0)87 9253534  
liam@inish.ie  
[www.inish.ie](http://www.inish.ie)

MV Spirit  
Rosses Point  
Co. Sligo  
skipper@spiritadventure.net  
[www.spiritadventure.net](http://www.spiritadventure.net)

### West

Achill Island Scuba Dive Centre  
Purteen Harbour  
Keel  
Achill  
Co. Mayo  
Tel +353 (0)87 2349884  
joseph@achilldivecentre.com  
[www.achilldivecentre.com](http://www.achilldivecentre.com)

Dive West Ireland  
Belmullet Dive Centre  
Blacksod  
Belmullet  
Co. Mayo  
Tel +353 (0)97 81335  
seanlavelle@eircom.net  
[www.fishwestireland.com](http://www.fishwestireland.com)

Tarrea Queen Tours  
Ardrahan  
Co. Galway  
Tel +353 (0)91 635465  
Fax +353 (0)91 635095  
info@ardfab.ie  
[www.tarraqueentours.ie](http://www.tarraqueentours.ie)

Scubadive West  
Glassillaun Beach  
Renvyle  
Co. Galway  
Tel +353 (0)95 43922  
Fax +353 (0)95 43923  
info@scubadivewest.com  
[www.scubadivewest.com](http://www.scubadivewest.com)

### Shannon Region

Burren Adventures Ltd  
Ballyvaughan & Doolin  
Burren Adventures Dive Centre and  
Watersports Shop  
Main Street  
Ballyvaughan  
Co. Clare  
Tel +353 (0)65 7078914  
Fax +353 (0)65 7078914  
info@burrenadventures.com  
[www.burrenadventures.com](http://www.burrenadventures.com)

Kilkee Diving And Watersports Centre  
East End  
Kilkee  
Co. Clare  
Tel +353 (0)65 9056707  
Fax +353 (0)65 9056020  
divekilkee@iol.ie  
[www.diveireland.com](http://www.diveireland.com)

### South West

Aquaventures  
The Stone House B&B  
Baltimore  
Co. Cork  
Tel +353 (0)28 20511  
info@aquaventures.ie  
[www.aquaventures.ie](http://www.aquaventures.ie)

## Diving (continued)

Ballinskelligs Watersports  
Dungegan  
Ballinskelligs  
Co. Kerry  
Tel +353 (0)66 9479182  
seandive@yahoo.com  
www.skelligboats.com

Baltimore Diving And Watersports Centre  
Harbour Drive  
Baltimore  
Co. Cork  
Tel +353 (0)28 20300  
jkdiving@iol.ie  
www.baltimorediving.com

Diveology  
Cooradarrigan  
Schull  
Co. Cork  
Tel +353 (0)2828943/  
+353 (0)86 8372065  
Fax +353 (0)2828946  
info@diveology.com  
www.diveology.com

Essence of Ireland  
23 Oliver Plunkett Street  
Cork City  
Tel +353 (0)21 427 8555

Mountain Common  
Ardfield Clonakilty  
Tel +353 (0)23 63400  
res@essenceofireland.ie  
www.essenceofireland.com

West Cork Adventures  
c/o Aquaventures  
Baltimore  
Co. Cork  
Tel +353 (0)28 21058  
info@westcorkadventures.ie  
www.westcorkadventures.ie

West Cork Marine Tours  
Union Hall  
Co. Cork  
Tel +353 (0)28 36832/  
+353 (0)86 3273326  
www.whales-dolphins-ireland.com

Youghal Dive Charters  
Seafield  
Youghal  
Co. Cork  
Tel +353 (0)24 90437  
info@seahunter.ie  
www.seahunter.ie

Ballinskelligs Watersports  
Dungegan  
Ballinskelligs  
Co. Kerry  
Tel +353 (0)66 9479182  
seandive@yahoo.com  
www.skelligboats.com

Bantry Bay Divers  
Atlantic Shore  
Newtown  
Bantry  
Co. Cork  
Tel +353 (0)27 51310  
divebantry@eircom.net

Dingle Marina Dive Centre  
The Marina  
Dingle  
Co. Kerry  
Tel +353 (0)66 9152422/  
+353 (0)86 1551377  
info@divedingle.com  
www.divedingle.com

Munster Dive and Canoe  
30 Saint Finbarr's Road  
Cork  
Tel +353 (0)21 4312510  
Fax +353 (0)21 4322440  
info@mdac.ie  
www.mdac.ie

Valentia Island Sea Sports  
& Adventure Centre  
Knightstown  
Valentia Island  
Co. Kerry  
Tel +353 (0)66 9476204  
sandra@divevalentia.ie  
www.divevalentia.ie

### South East

Ardmore Diving  
Dungarvan  
Co. Waterford  
Tel +353 (0)58 46577/+353 (0)86  
8191074  
info@ardmorediving.com  
www.ardmorediving.com

## Diving (*continued*)

### Northern Ireland

Aquaholics Dive School, Shop and Club  
14 Portmore Road Portstewart  
BT55 7BE  
Londonderry  
Tel +44 (0)28 7083 2584  
dive@aquaholics.org  
[www.aquaholics.org](http://www.aquaholics.org)

Aquasports  
4 Coleraine Road  
Portrush  
BT56 8EA  
Co. Antrim  
Tel +44 (0)7962309670  
alanwilson@aquasports.biz  
[www.aquasports.biz](http://www.aquasports.biz)

Atlantic Shores Scuba and Watersports  
Centre  
Quay Lane Enniskillen  
BT94 6AQ  
Co. Fermanagh  
Tel +44 (0)28 6632 8383/+44  
(0)7734429488  
lorraine@atlanticshores.co.uk  
[www.atlanticshoresscuba.co.uk](http://www.atlanticshoresscuba.co.uk)

Blue Juice Diving Centre  
99 Tamlaghtmore Road  
Stewartstown  
Dungannon  
BT71 5NL  
Co. Tyrone  
Tel +44 (0)28 8673 5881  
info@bluejuicediving.com

D V Diving  
138 Mountstewart Road  
Newtownards  
BT20 5JP  
Co. Down  
Tel +44 (0)28 9146 4671  
info@dvddiving.co.uk  
[www.dvddiving.co.uk](http://www.dvddiving.co.uk)

Manor House Marine Cruiser Hire  
Lough Erne Killadeas  
BT94 1NY  
Co. Fermanagh  
Tel +44 (0)28686 28100  
info@manormarine.com  
[www.manormarine.com](http://www.manormarine.com)

North Irish Dive Centre  
161 Low Road Islandmagee Co. Antrim  
BT40 3RF  
Co. Antrim  
Tel +44 (0)28 9338 2246  
caroline@activityholsni.co.uk  
[www.northirishlodge.com](http://www.northirishlodge.com)

Paul Blanchard  
3 Ballaghnone Park,  
Portballintrae,  
Bushmills  
BT57 8YU  
Co. Antrim  
Tel +44 (0)28 2073 1663/  
+44 (0)7754389641

Triton Marine Charter Services  
17 Whierock Drive  
Ardglass  
BT30 7TH  
Co. Down  
Tel +44 (0)28 4484 2865/+44 (0)78 2153  
7044  
enquiries@tritonexplorer.com  
[www.tritonexplorer.com](http://www.tritonexplorer.com)



## Kitesurfing & Windsurfing

### North West

Gartan Outdoor Education Centre  
Churchill  
Letterkenny  
Co. Donegal  
Tel +353 (0)74 9137032  
Fax +353 (0)74 9137254  
office@gartan.com  
www.gartan.com

LSD Kiteboarding  
Ballyweelin  
Rosses Point  
Co. Sligo  
Tel +353 (0)86 8051390  
info@lsdkiteboarding.com  
www.lsdkiteboarding.com

### West

Allplay  
Bertra Strand  
Murrisk  
Westport  
Co. Mayo  
cathal@allplay.ie  
www.allplay.ie

Windwise  
Crumpaun  
Keel  
Achill  
Co. Mayo  
Tel +353 (0)98 43958  
info@windwise.ie  
www.windwise.ie

Rusheen Bay Windsurfing Centre  
Rusheen Bay  
Salthill  
Co. Galway  
Tel +353 (0)87 2605702  
cathal@rushbay.com  
www.rusheenbay.com

### Shannon

Nevsail Watersports  
The Promenade  
Kilkee  
Co. Clare  
Tel+353 (0)86 3308236  
info@nevsailwatersports.com  
www.nevsailwatersports.com

Orbital Winds  
Faha  
Patrickswell  
Co. Limerick  
Tel +353 (0)87 0659338  
info@orbitalwinds.com  
www.orbitalwinds.com

### South West

Irish Water Sports  
Inish Beg Estate  
Inish Beg  
Baltimore  
Co. Cork  
Tel +353 (0)28 21745  
Fax +353 (0)28 23389  
contact@irishwatersports.ie  
www.irishwatersports.ie

Jamie Knox Watersports  
Brandon Bay  
Castlegregory  
Co. Kerry  
Tel +353 (0)66 7139411  
jamieknox@eircom.net  
www.jamieknox.com

The Oysterhaven Centre  
Oysterhaven  
Kinsale  
Co. Cork  
Tel +353 (0)21 4770738  
Fax +353 (0)21 4770776  
info@oysterhaven.com  
www.oysterhaven.com

Irish Kitesurfing Lessons  
No. 8  
Collanorige, Moonavalley  
Tralee  
Co. Kerry  
Tel +353 (0)87 2229542  
info@irishkitesurfinglessons.com  
www.irishkitesurfinglessons.com

### South East

Dunmore East Adventure Centre  
Stoney Cove  
Dunmore East  
Co. Waterford  
Tel +353 (0)51 383783  
Fax +353 (0)51 383786  
info@dunmoreadventure.com  
www.dunmoreadventure.com

## Kitesurfing & Windsurfing (*continued*)

Rosslare Watersports Centre  
Rosslare  
Co. Wexford  
Tel +353 (0)53 9132202  
rcda@eircom.net  
[www.rosslareholidayresort.com](http://www.rosslareholidayresort.com)

T-Bay Surf & Wildlife Centre  
The Beach  
Tramore  
Co. Waterford  
Tel +353 (0)51 391297  
info@surftbay.com  
[www.surftbay.com](http://www.surftbay.com)

### Dublin

DMG Sailsports  
Marina Centre  
Malahide  
Co. Dublin  
Tel +353 (0)1 8456946  
info@dmgsailsports.com  
[www.dmgsailsports.com](http://www.dmgsailsports.com)

Pure Magic Kitesurfing  
326 Clontarf Road  
Clontarf  
Co. Dublin  
Tel +353 (0)1 4875157  
info@puremagic.ie

### Northern Ireland

Corralea Activity Centre Ltd  
Upper Lough MacNea  
Belcoo Corralea,  
BT93 5DZ  
Co. Fermanagh  
Tel +44 (0)28 6638 6123  
info@activityireland.com  
[www.activityireland.com](http://www.activityireland.com)

Craigavon Watersports Centre  
1 Lake Road Craigavon  
BT64 1AS  
Co. Armagh  
Tel +44 (0)28 3834 2669  
Craigavon.watersports@craigavon.gov.uk  
[www.craigavon.gov.uk](http://www.craigavon.gov.uk)

Creggan Country Park  
Westway  
BT48 9NU  
Co. Londonderry  
Tel +44 (0)2871 363133  
info@creggancountrypark.com  
[www.creggancountrypark.com](http://www.creggancountrypark.com)

East Coast Adventure  
Rostrevor House  
Lower Knockbarragh Road  
Rostrevor  
BT34 3DP  
Co. Down  
Tel +44 (0)28 4173 9923  
info@eastcoastadventure.com  
[www.eastcoastadventure.com](http://www.eastcoastadventure.com)

Share Holiday Village  
Smiths Strand Shanaghy Lisnaskea  
BT92 0EQ  
Co. Fermanagh  
Tel +44(0)28 6772 2122  
celia@sharevillage.org  
[www.sharevillage.org](http://www.sharevillage.org)

## Waterskiing & Wakeboarding

### North West

Lough Muckno Water Ski Club  
Muckno Lake  
Castleblayney  
Co. Monaghan  
Tel +353 (0)87 2491305  
Fax +353 (0)42 9740752  
info@skimuckno.com  
www.skimuckno.com

### West

Galway Watermark Ski Club  
Lough Derg  
Portumna  
Co. Galway  
Tel +353 (0) 87 2573661  
watermark@irishwaterski.com  
www.irishwaterski.com

### South West

Carrig Waterskiing and Wakeboard Centre  
Caum  
Macroom  
Co. Cork  
info@carrigwaterski.com  
www.carrigwaterski.com

Cork Power Boat & Water Ski Club  
Agherinagh  
Lower Dripsey  
Co. Cork  
Tel +353 (0)21 7334605  
barry@waterskiireland.com  
www.waterskiireland.com

Derrynane Sea Sports  
Derrynane  
Caherdaniel  
Co. Kerry  
Tel +353 (0)87 9081208  
derrynaneseasports@eircom.net

### Dublin

Golden Falls Water Ski Club  
Irish Waterski Federation  
Knocknacree Road  
Dalkey  
Co. Dublin  
Tel +353 (0)1 4502122  
Fax +353 (0)1 4502138  
des@burke-kennedy.com

### Northern Ireland

Atlantic Shores Scuba and Watersports  
Centre  
Quay Lane Enniskillen  
BT94 6AQ  
Co. Fermanagh  
Tel +44 (0)28 6632 8383/  
+44 (0)7734429488  
lorraine@atlanticshores.co.uk  
www.atlanticshores.co.uk

Craigavon Watersports Centre  
1 Lake Road Craigavon  
BT64 1AS  
Co. Armagh  
Tel +44 (0)28 3834 2669  
craigavon.watersports@craigavon.gov.uk  
www.craigavon.gov.uk

East Coast Adventure  
Rostrevor House  
Lower Knockbarragh Road  
Rostrevor  
BT34 3DP  
Co. Down  
Tel +44 (0)28 4173 9923  
info@eastcoastadventure.com  
www.eastcoastadventure.com

Manor House Marine Cruiser Hire  
Lough Erne Killadeas  
BT94 1NY  
Co. Fermanagh  
Tel +44 (0)28686 28100  
info@manormarine.com  
www.manormarine.com

Manor House Marine Day Boats  
Killadeas  
BT94 1NY  
Co. Fermanagh  
info@manormarine.com  
www.manormarine.com

Ski Supreme  
197 Loughan Road Coleraine  
Co. Londonderry  
Tel +44 (0)28 7035 5700

The Edge Watersports  
233 Loughan Road Coleraine  
BT52 1UD  
Co. Londonderry  
Tel +44 (0) 7710015067  
enquiries@edgewatersports.co.uk  
www.edgewatersports.co.uk



## Waterskiing & Wakeboarding (*continued*)

Tudor Farm Watersports  
619 Boa Island Road  
Kesh  
Co. Fermanagh  
Tel +44 (0)28 6863 1943

Ultimate Watersports  
Castlearchdale Marina  
Lisnarick  
Irvinestown  
BT94 1PP  
Co. Fermanagh  
Tel +44 (0)7808736818  
[info@ultimatewatersports.co.uk](mailto:info@ultimatewatersports.co.uk)  
[www.ultimatewatersports.co.uk](http://www.ultimatewatersports.co.uk)

## Dolphin & Whale Watching

### South West

Whale of a Time  
Ballydavid  
Cloyne  
Co. Cork  
Tel +353 (0)86 3283250  
Fax +353 (0)21 4652059  
info@whaleofatime.ie  
[www.whaleofatime.ie](http://www.whaleofatime.ie)

Whale Watch Ireland  
Beara Peninsula  
Co. Cork  
Tel+353 (0)23 38761  
padraig.whooley@iwdg.ie  
[www.iwdg.ie](http://www.iwdg.ie)

Whale Watch Ireland  
Bray Head  
Valentia Island  
Co. Kerry  
padraig.whooley@iwdg.ie  
[www.iwdg.ie](http://www.iwdg.ie)

Whale Watch West Cork  
Carrigillihy  
Union Hall  
Co. Cork  
Tel +353 (0)86 1200027  
Fax+353 (0)28 33387  
nic@whalewatchwestcork.com  
[www.whalewatchwestcork.com](http://www.whalewatchwestcork.com)

### Shannon Region

Dolphin Watching on the Shannon  
Kilrush  
Co. Clare  
Tel +353 (0)65 9051327  
Fax +353 (0)65 9051327  
info@discoverdolphins.ie  
[www.discoverdolphins.ie](http://www.discoverdolphins.ie)

Saoirse Sea Sports Limited Deep Sea Angling  
Dolphin Watching  
Carrigaholt  
Co. Clare  
Tel +353 (0)65 9058990  
Fax +353 (0)65 9058288  
kilstiffin@eircom.net  
[www.gannetsway.com](http://www.gannetsway.com)

Dolphin Watch  
Carrigaholt  
Co. Clare  
Tel +353 (0)65 9058156  
info@dolphinwatch.ie  
[www.dolphinwatch.ie](http://www.dolphinwatch.ie)

### West

Killary Cruises  
Leenane  
Co. Galway  
Tel +353 (0)87 4181799  
alex@killarycruises.com  
[www.killarycruises.com](http://www.killarycruises.com)

# Useful contacts

## Environment, beaches and other

- The **Leave No Trace** environmental code is specifically designed to help outdoor enthusiasts understand the impact of their activities, and to enable them to make decisions to minimise that impact while still enjoying their activities with freedom. For more information, contact Leave No Trace Ireland, C/O CAAN, The Stableyard, Barnetts Demesne, Malone Road, Belfast BT9 5PB; tel. +44 (0)28-90303938; Fax +44 (0)28-90626248; e-mail: [info@leavenotraceireland.org](mailto:info@leavenotraceireland.org); web: [www.leavenotraceireland.org](http://www.leavenotraceireland.org)
- **Waterways Ireland** is the guardian of Ireland's inland navigations. Its mission is to provide a high-quality recreational environment on the waterways for the benefit of all. For information, contact Waterways Ireland Headquarters, 5/7 Belmore Street, Enniskillen, Co. Fermanagh BT74 6AA; tel. +44 (0)28-66323004; Fax +44 (0)28-66346257; e-mail: [info@waterwaysireland.org](mailto:info@waterwaysireland.org); web: [www.waterwaysireland.org](http://www.waterwaysireland.org)
- For a list of **Blue Flag beaches** and lifeguard details, visit [www.blueflag.org/blueflag/2008/Ireland](http://www.blueflag.org/blueflag/2008/Ireland) for the Republic of Ireland and [www.blueflag.org.uk](http://www.blueflag.org.uk) for Northern Ireland.
- For map products and information, contact **Ordnance Survey Ireland**, Phoenix Park, Dublin 8; tel. +353 (0)1-8025300; Lo-Call Number: 1890-674627; web: [www.osi.ie](http://www.osi.ie)

## Surfing

- For surf news, events and clubs, contact the **Irish Surfing Association**; web: [www.isasurf.ie](http://www.isasurf.ie)
- For surf forecasts and information on different surf spots in Ireland, visit [www.globalsurfers.com](http://www.globalsurfers.com), [www.beachwizard.com](http://www.beachwizard.com) and [www.wannasurf.com](http://www.wannasurf.com), [www.magicseaweed.com](http://www.magicseaweed.com) and [www.surf-forecast.com](http://www.surf-forecast.com)

## Sailing

- For information on courses, clubs and events, contact **The Irish Sailing Association**; web: [www.sailing.ie](http://www.sailing.ie)
- For information on marinas, moorings, charters and sailing schools, contact **Sailing Holidays in Ireland**; e-mail: [sailirl@indigo.ie](mailto:sailirl@indigo.ie); web: [www.sailingireland.com](http://www.sailingireland.com)

## Sea kayaking

- For info, news, meets and links check out the **Irish Sea Kayaking Association**, e-mail: [iskacommittee@gmail.com](mailto:iskacommittee@gmail.com); web: [www.irishseakayakingassociation.org](http://www.irishseakayakingassociation.org)
- *Oileán: A Guide to the Irish Islands* (Pesada Press) is a book by a kayaker for kayakers. It comes highly recommended.

## White water and Canadian kayaking

- For news, events, details on courses and providers, and up-to-date information on river levels, contact the **Irish Canoe Union**, [www.canoe.ie](http://www.canoe.ie); the **Canoe Association of Northern Ireland**, [www.cani.org.uk](http://www.cani.org.uk); or [www.irishwhitewater.com](http://www.irishwhitewater.com)



## Diving and snorkelling

- For information on snorkelling and diving, weather, tides and a list of operators, contact **The Irish Underwater Council** (Comhairle Fo-Thuinn), 78A Patrick Street, Dun Laoghaire, Co. Dublin; tel. +353 (0)1 2844601; e-mail: [info@cft.ie](mailto:info@cft.ie); web: [www.cft.ie](http://www.cft.ie)

## Kitesurfing

- For information, events, weather forecasts and a list of instructors, contact the **Irish Kitesurfing Association**; e-mail: [info@kitesurf.ie](mailto:info@kitesurf.ie); web: [www.kitesurf.ie](http://www.kitesurf.ie)
- For details on good kitesurfing spots, weather and contact with other kitesurfers, visit **Irish Kitesurfing Forum** - [www.kitesurfing.ie](http://www.kitesurfing.ie)

## Windsurfing

- Visit the **Irish Windsurfing Association** for information, news, and a list of providers and events; web: [www.sailing.ie/windsurf](http://www.sailing.ie/windsurf)
- For details on good windsurfing spots and contact with other windsurfers, visit **Windsurfing Locations Ireland** [www.windsurfingireland.net](http://www.windsurfingireland.net)

## Waterskiing and wakeboarding

- **Irish Water Ski Federation**, Eileen Galvin, Cork PB & WSC, Agherinagh, Dripsey, Co. Cork; e-mail: [info@iwsf.ie](mailto:info@iwsf.ie); web: [www.iwsf.ie](http://www.iwsf.ie)
- For a list of clubs where you can go waterskiing/ wakeboarding visit [www.extremewipeout.com/links.asp](http://www.extremewipeout.com/links.asp) and [www.planetwaterski.com/whereire.htm](http://www.planetwaterski.com/whereire.htm)

## Whale and dolphin watching

- **The Irish Whale and Dolphin Group** is dedicated to the conservation and better understanding of whales, dolphins and porpoise in Irish waters. For information on species, to report sightings or marine life in distress, or for a list of providers, contact the Irish Whale and Dolphin Watching Group, web: [www.iwdg.ie](http://www.iwdg.ie)
- The **Shannon Dolphin and Wildlife Foundation** has been established to develop and provide educational awareness and conservation of the Shannon dolphins and other wildlife in the region. For details visit [www.shannondolphins.ie](http://www.shannondolphins.ie)

# Tourism Ireland Overseas Marketing Offices – Consumer Contacts

The international marketing body for the island of Ireland covering the Republic of Ireland and Northern Ireland is Tourism Ireland.

Tourism Ireland (WALK IN)  
Nations House  
103 Wigmore Street  
London  
W1U 1QS  
Tel 0800 039 7000 (Call Centre)  
info.gb@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland (WALK IN)  
James Miller House  
98 West George Street (7th Floor),  
GLASGOW, G2 1PJ  
Tel 0800 039 7000 (call centre)  
info.glasgow@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland (WALK IN)  
345 Park Avenue  
NEW YORK, NY 10154  
Tel 1800 223 6470  
info.us@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland (WALK IN)  
2 Bloor St. West, Suite 3403  
TORONTO, M4W 3E2  
Tel 1800 223 6470  
info.ca@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland  
(WALK IN Mon-Fri 09h00-14h00)  
Gutleutstrasse 32, D-60329  
FRANKFURT AM MAIN  
Tel + 49 69 66 800 950  
info.de@tourismireland.com  
[www.entdeckeirland.de](http://www.entdeckeirland.de)

Tourism Ireland  
Hindergartenstrasse 36  
CH-8447 Dachsen  
SWITZERLAND  
Tel. + 41 (0)44 210 4153  
info.ch@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland  
Libellenweg 1, A-1140  
VIENNA  
Tel +43 (0)501 59 60 00  
info.at@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland (WALK IN)  
Spuistraat 104  
1012 VA AMSTERDAM  
Tel + 31 20 504 0689  
info@ierland.nl  
[www.ierland.nl](http://www.ierland.nl)

Tourism Ireland  
Louizalaan 66 Avenue Louise  
1050 Brussels  
Belgium.  
Tel +32 2 275 01 71  
Fax +32 2 642 98 51  
info.be@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland (WALK IN)  
33 Rue de Miromesnil  
75008 PARIS  
Tel +33 1 70 20 00 20  
info.fr@tourismireland.com  
[www.irlande-tourisme.fr](http://www.irlande-tourisme.fr)

Tourism Ireland (WALK IN)  
Piazzale Cantore no. 4  
20123 MILANO  
Tel +39 02 4829 6060  
(Information office)  
informazioni@tourismireland.com  
[www.irlanda-travel.com](http://www.irlanda-travel.com)

Tourism Ireland (WALK IN)  
Paseo de la Castellana 46  
3a Planta, 28046  
MADRID  
Tel +34 91 745 6420  
info.sp@tourismireland.com  
www.turismodeirlanda.com

Tourism Ireland  
Rua a Imprensa a Estrela 1-4,  
1200 LISBOA  
Tel + 51 21 392 94 40  
info.sp@tourismireland.com  
www.discoverireland.com

Tourism Ireland (WALK IN)  
Level 5, 36 Carrington Street  
SYDNEY NSW 2000  
Tel + 61 2 9299 6177  
info@tourismireland.com.au  
www.discoverireland.com.au

Tourism Ireland (WALK IN)  
L7, Citibank Building  
23 Customs St East  
AUCKLAND 1010  
Tel + 64 9 977 2255  
tourism@ireland.com.nz  
www.discoverireland.com.nz

## NORDIC REGION

Tourism Ireland  
Nyhavn 16  
3rd Floor  
DK1051  
Copenhagen K  
Denmark  
Tel +47 800 35018  
info.nordic@tourismireland.com  
www.discoverireland.com

Tourism Ireland  
Finland  
Tel +358 80041 969  
inonordic@tourismireland.com

Tourism Ireland  
OSLO  
Tel 800 35 018  
inonordic@tourismireland.com

Tourism Ireland  
Sweden  
Tel +46 200 15 9101  
inonordic@tourismireland.com

Tourism Ireland  
C/o Development Promotions  
Everite House, Level 7,  
20 De Korte Street  
Braamfontein 2001, Gauteng  
SOUTH AFRICA  
Tel +27 11 339 48 65  
tourismireland@dpgsa.co.za  
www.discoverireland.com

Tourism Ireland  
c/o Marketing Garden  
International Place  
Sanei-Cho 26-3  
Shinjuku-ku  
Tokyo 160-0008  
Tel +81 3 5367 6525  
Fax +81 3 5363 1118  
Email:sakamoto@marketinggarden.com  
www.tourismireland.jp

Tourism Ireland  
Suite 728, Shanghai Centre  
1376 Nanjing Road West  
Shanghai 200040, P.R.China  
Tel +86 21 62798788  
Fax +86 21 62798799  
info@tourismireland.com.cn  
www.discoverireland.com

Tourism Ireland  
c/o Manager - Tourism Department  
Embassy of Ireland  
3 Daniel Frisch St  
Tel Aviv 64731  
Israel  
Tel +972-3-6951827  
Fax +972 3 6964160  
nsapir@tourismireland.com  
www.discoverireland.com



Tourism Ireland  
Gulf Reps  
3008 Gold and Diamond Park  
PO Box 32878  
Dubai, United Arab Emirates  
Tel + 971 4 3416764  
Fax + 971 4 3415731  
Vanessa@tourismireland.ae

Tourism Ireland  
Grants Building Annexure  
Office No. 46, 1st floor,  
Near Strand Cinema  
Colaba  
Mumbai 400 005  
Tel +91 22 3296 1624  
Fax +91 22 2287 6355  
Info.india@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

Tourism Ireland  
Kramarska 1/7  
61-765 Poznan  
Poland  
Tel +48 61 855 3226  
Fax +48 61 510 067 325  
poland@tourismireland.com  
[www.discoverireland.com](http://www.discoverireland.com)

#### Disclaimer

*Every care has been taken to ensure the accuracy in the compilation of this brochure. Fáilte Ireland, cannot, however accept responsibility for errors or omissions but where such are brought to our attention, future publications will be amended accordingly. Some sporting activities may by their nature be hazardous and involve risk. It is recommended in such cases to take out personal accident insurance. While most operators would have public liability insurance it is desirable to check with the establishment or with the operator concerned as to the level of cover carried.*



**Fáilte Ireland**

National Tourism Development Authority

Fáilte Ireland,  
Amiens Street, Dublin 1,  
Tel: 00 353 1 8847700  
Fax: 00 353 1 855 6821  
E-mail: [info@failteireland.ie](mailto:info@failteireland.ie)  
Website: [www.failteireland.ie](http://www.failteireland.ie)



- Plan Ahead and Prepare
- Be Considerate of Others
- Respect Farm Animals and Wildlife
- Travel and Camp on Durable Ground
- Leave What You Find
- Dispose of Waste Properly
- Minimise the Effects of Fire